



September 2009
 Kevin Trudeau's

NaturalCURES newsletter

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NEWSLETTER UPDATES

This month's newsletter features articles and letters covering a wide range of very important and timely topics.

—Kevin Trudeau

From Dr. Leonard Coldwell:

Dear Natural Cures Members,

As a friend and physician of Kevin Trudeau in Europe, Kevin has asked me to write for you some information about my experience with and historical use of my cancer protocol. If you read further you agree and accept the following and attached disclaimers and information! You are also informed that I do not work with patients in the US and all information I simple for educational, research or entertainment purposes only.

Disclaimer: Dr Leonard Coldwell is retired and does not work in the USA with patients. If you have any serious health concerns please consult a licensed health care practitioner. The following is not health advice or substitute for any doctors visit, treatment or diagnosis it is only a general information of what advice Dr Coldwell gave his patients in similar cases. Since every individual case is different you need to see an expert for individual advice, diagnosis and treatment. Do not apply any of this information before you consulted a licensed health care practitioner. The following is only Dr Coldwell's personal opinion or a summary of the historical use of his system directed to his patients while he was still working with patients in Europe. All health statements made are based on freedom of religion and for and form the Church Of Inner Healing. Or it is advice from licensed MD's that are students of Dr Coldwell like Dr Hohn MD NMD or Dr Crone MD ND HD. The following information is for educational and research purposes only. All emails are written under the NAFEORA 199. Also written under constitutional rights. FTC and FDA warning: guys I do not trade or sell anything or make any direct profit from any of my suggestions. Not even my books. So don't even bother to harass me because it will lead to legal action against you personally not against the agencies. www.instinctbasedmedicine.com You can get free individual advice from the www.goodlifefoundation.com from Dr. Hohn MD NMD just write to drhohn@goodlifefoundation.com.

If you are or someone you love is diagnosed with cancer – you don't have to worry only to act!

Exert from my book Mother please don't die: Here is what I historically told my cancer patients: The very first step is to get educated before proceeding with any kind of treatment. There is no rush and no worry; you have a lot of time to think and learn. Don't let the medical profession scare you and rush you into any kind of treatment. Cancer grows for many years before it can even be detected or diagnosed.

(continued on page two)

In fact, most breast cancer takes 7 to 10 years, and colon cancer can take up to 20 years before it's detectable. Cancers are only aggressive after the orthodox medical treatment of slaughter, poison and burn. That's what turns tumors into a fast growing, aggressive form of cancer. Cancer is cancer there are no different cancers. They just name it after part of the body where it is diagnosed or how it is diagnosed in the lab.

Cancer is not even an illness, it is just a malfunction based on lack of energy, and in 86% of all cases it's caused by mental and emotional stress. What this means is if you get rid of the root cause of your personal cancer, you get rid of the health breakdown! Since only 14% of all illness is caused by other elements than stress I believe there is not realistic way to overcome cancer without the techniques I have develop and successfully applied over 20 years now. You maybe even using these techniques without knowing it by just simply using common sense and listening to your instinct.

We all have cancer from the day we are born. These are simply mutilated and deformed cells that accumulate and multiply. That's it. Statically, each one of us has cancer at least six times in our life, but the body usually gets rid of it by itself without us even knowing about it or consciously doing anything about it.

The great cancer healer Dr. Tutto Simoncini of Rome, states that the medical profession has a cancer cure or five year survival rate of 2% to 3% . That is truly proof they have no cure, don't know what they are doing, and don't know anything about how to cure cancer! In contrast, two clinical studies came to the conclusion that historically I have a cancer cure rate of 92.3%. (Indipendend studies by the Berlin Health Institute and the Bad Nenndorf Institute for Statistics in Medicine) I cured my own mother of liver cancer in a terminal state over 30 years ago and she is still alive and well today at 74 years young. I also worked successfully with over 35,000 chronically ill patients, mainly with cancer. (Study by Prof D. Wilkening PhD.) and had over 2.2 million excited seminar attendees. Published 11 bestselling books in Europe and 4 syndicated newspaper columns and thousands of scientific publications. My experience tells me you are better off taking your health into your own hands than putting it into the hands of someone else, and most of all into the hands of the medical profession that made cancer the most profitable illness to treat.

Since I do not work in the US with patients, I can only tell you what I did historically with my patients in Europe.

The Only Answer to Cancer™

There is only one way to cure cancer, just one, and if you want to know what this is read my new book *The Only Answer to Cancer*. This groundbreaking book will be available in about 4 weeks. You can pre order it at www.instinctbasedmedicinestore.com When you purchase the book, please get the IBMS™ CD set that I created as a home training kit. To further educate yourself you may want to begin reading my bestselling book: *Instinct Based Medicine How to Survive Your Illness and Your Doctor*. This way you can be sure you're making informed decisions and not simply going along with what your MD tells you.

Simply by reading my books and listening to the IBMS™ series your chances of surviving will dramatically increase! Why? Because you will start thinking and deciding for yourself instead of letting strangers take over. No longer with they be able to scare, threaten and manipulate you into making the decision to sign up for surgery, chemo and radiation.

There is no reason to panic and no reason to make any decisions right away. You still have time to get educated and make your own logical choices. The only exception would be if a tumor is pressing against a life supporting organ or body parts like the brain, arteries, etc. But let me tell you that this extremely rare.

So now that you've the shock of your cancer diagnosis and have survived the scare tactics of the medical industry, you can start taking responsibility and control over your own life. My friends, below is my historical protocol...

What cancer really is and how to get rid of it!

If you have been diagnosed with cancer it's only because you are out of balance or because you violated Nature's or God's laws in one way or the other. The only true cause of cancer is a lack of energy, and a lack of energy is mainly caused by chronic mental and emotional stress. This is where 86% of all cancers come from.

What about the other 14%? Cancer from other sources may come from radiation or poisons such as fluoride and chlorine in the tap water, from artificial sweeteners or MSG, preservatives and GMO foods, as well as the side effects of over the counter and prescription drugs. Even your dentist can kill you with root canals and toxic metals chemicals and radiation. This is also true of all the so-called early detection methods like mammograms and other types of "customer recruiting" techniques. These early detection methods often cause cancer and just push you into an early grave, in my experience.

You've Been Diagnosed With Cancer? Relax, You Don't Have To Die!

The criminals from the pharmaceutical industry and organizations like the FTC, FDA and, the worst of them all, the American Cancer Society, do not want you to know that there hundreds of safe, natural and proven cancer cures out there in the world. I cannot violate the law and am not allowed to tell you how to get naturally cured within 2 to 16 weeks, but I can publish here my historic cancer protocol that I used with my patients in the past. How can I get away with this? Because as my legal department tells me, the Washington DC dirt has no jurisdiction outside Washington DC plus for published books in other countries there are international laws and trade agreements that protect me and other authors. Still, to cover my behind, here is the legal jargon I must include...

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Now that this is out of the way, here is a letter that I wrote to a family member after the diagnosis of cancer. It is from my book, "**The Secret Letters of Dr. Coldwell**" (All rights reserved, copyright 2009 NAPS University Verlag GmbH Germany.)

Dear --
Don't panic and stay cool, cancer is simply a diagnosis, just like the cold or a stomach ulcer. It's the breakdown of your energy level due to toxins, nutritional deficiencies, lack of hydration, acidosis and most of all chronic stress--mainly mental and emotional stress. Enclosed is my IBMS™ stress reduction and self-help system on CD. I'll also be sending you my brand new CD series IBMS™ Healing Life™ that will be available for public release soon after my new book *The Only Answer to Cancer* comes out in mid 2009.

The IBMS™ will give you the energy to heal yourself and think clearly, and the IBMS- Healing Life™ system will help you to identify the root cause of your individual health challenge and help you fix it. It's very simple! Also, please read my book *Instinct Based Medicine: How to Survive Your Illness and Your Doctor*. I've included this in my package as well so you don't fall into the hands of the medical profession with there so-called treatments of cut, poison and burn. If they scare you into their treatments you are doomed. Don't do it! They have a cure rate of 2% to 3%. What a joke!

Did you know that doing nothing at all cures 1200% more people. As you know, I cured mama from terminal liver cancer over 3 decades ago and I can help you to cure yourself too.

So use my books and tape sets first. This way you'll be able to understand and make educated decisions. Then go to my website www.InstinctBasedMedicine.com and read all the information on there.

Once you do, you'll start to get rid of the acidosis and toxemia which is the only physical foundation for the development of cancer. Cancer can only grow in an oxygen lacking and acidic environment. So, first we need to get you detoxified and into a pH level of 7.36--slightly alkaline and oxygen rich. And, all mutated cell growth will stop instantly, by: (Using my IBMS™ first of all.)

1. Doing the Be Pure Cleansing System from www.MyBePure.com and get the Essiac capsules, Flora-Zymes, Quint-Essence, vitamin E, C and D. Don't think you can pick and choose, do it all or die!

2. Do the metal cleanse and take the silver from www.HelpingAmericaNow.com

3. Start juicing and follow an organic raw food diet, and/or you can eat the whole foods from www.GreatWholeFood.com

4. By following these steps there should be no further cancer cell growth or accumulation! This has been my experience for many decades and it was never different in any patient.

5. Now start working with the IBMS™ Healing Life CDs and uncover the root cause of your health challenge. What is it that makes you sick? What worries, doubts and fears are draining your energy level? What emotional traumas from the present or past, or what feelings of hatred or revenge are eating you up? Is it lack of self-love, self-esteem or self-worthiness that kills you? Find out and fix it! You can do so by using the solution CDs to eliminate these root causes of your individual energetic breakdown.

6. If your condition is really serious take 8 drops of 35% food grade hydrogen peroxide in 4 ounces of aloe juice once each day. If you can and want to, increase it by one drop a day until you reach 25 drops if this is well tolerated. Otherwise, cut down.

7. You can add laetrile or B 17 if you like. In my experience it always helps.

8. See also my protocol for cancer patients on my website www.InstinctBasedMedicine.com click on The Only Answer to Cancer tab and use the suggestions there if you like.

9. General health suggestions: drink a gallon of water a day with half a tea spoon of sea salt in it.

So that's it, my friend. You must find your personal answer to cancer and get rid of your health challenge. Once you do, you should be fine within 2 to 16 weeks. As long, of course, you don't succumb to any other "treatment." And just that you know the true Only Answer to cancer is to find your own individual answer to your Health Challenge.

Message from Dr Thomas Hohn President of www.GoodLifeFoundation.com

To preorder Dr Coldwell's new book: The only answer to Cancer or to order his best seller Instinct Based Medicine How to survive your illness and your doctor go to www.instinctbasedmedicinestore.com

Listen anytime to Dr Leonard Coldwell's Radio Show "The Coldwell Report": "The Only Answer to Cancer", "Instinct Based Medicine" – Cancer information and "Stress the Silent Killer" or all other shows on your Computer: www.BlogTalkRadio.com

Read his Daily Blog on: TheDrColdwellReport.blogspot.com

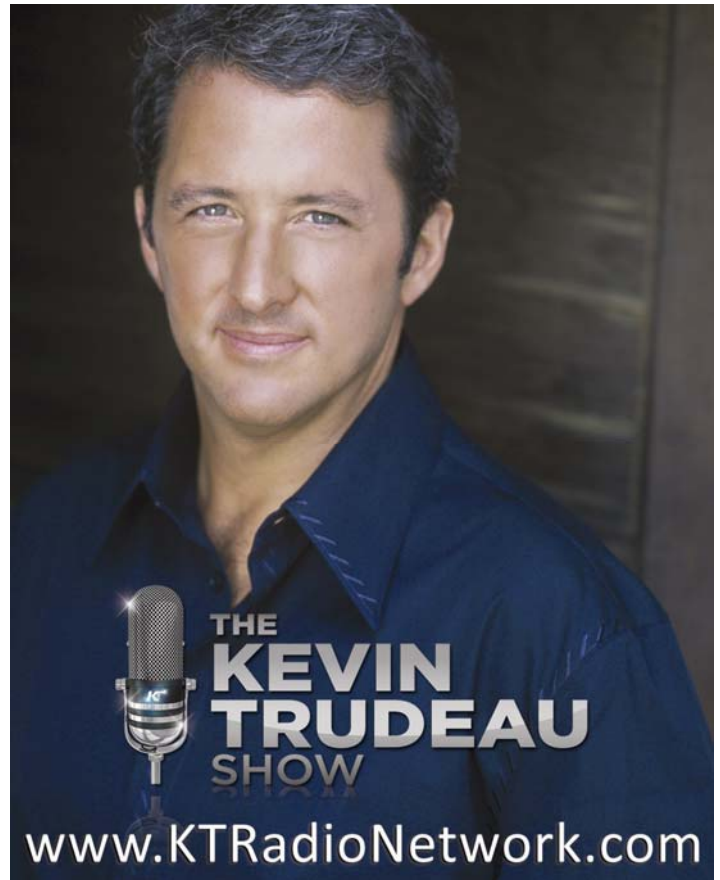
Ask Dr Coldwell any question you may have, simply write to: instinctbasedmedicine@gmail.com

Listen to Live Radio Interview with Kevin Trudeau and Dr Leonard Coldwell: www.KTRadioNetwork.com

See information for Instinct Based Medicine – How to survive your illness and your doctor on Youtube: www.YouTube.com/watch?v=x-SuMRW0mo

Listen live to: The Dr Coldwell Report every Monday at 1pm ET: www.BlogTalkRadio.com/TheDrColdwellReport

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The following is printed with permission from the Good Life Foundation. The article is an excerpt from Dr. Hohn's newsletter. For more information and further reading on the subject, visit <http://www.GoodLifeFoundation.com>

A HARD LOOK AT MANDATORY VACCINATIONS: WHAT'S REALITY AND WHAT TO DO

Dear Parents and Grandparents,
We are writing this letter as concerned parents, grandparents, physicians, health professionals, and clergy for the health and well-being of our children, grandchildren, and also ourselves.

Everything reported here, either from direct scientific papers or explicit written reports by reputable leaders, is based on fact—not rumor or myth. The scientific research below, which suggests the upcoming live virus swine flu vaccination may be compromising to the health and well-being of you and your loved ones, is overwhelming. The costs—including life-threatening side effects and death—are high; the actual theoretical benefits are questionable—at best. **Our interest is that you have enough valid scientific data to make an informed choice in the best**

interest of the health of yourself and your children.

The decision whether or not to vaccinate is a personal one. Every parent should be allowed full freedom to accept or reject vaccines for their children and themselves. They should be allowed the privi lege of "informed consent," the same as with any medical procedure that includes the possibility of adverse reactions. Parents are ultimately responsible for their own health and the health of their children.

10 POINT SUMMARY:

1. The proposed swine flu live virus vaccination is neither adequately or sufficiently tested, nor proven effective or safe, is uninsurable, and is a serious assault on the immune system.
2. The swine flu vaccine contains dangerous & life-threatening fillers, including adjuvants, animal tissues, viral and bacterial proteins, and live viruses.
3. Live viruses have a history of lethal danger, disease, and are contagious. Secondary spread of live viruses from those vaccinated with a live virus is a well-known fact.
4. The swine flu appears to have been laboratory generated and designed to: (1) have its dangerous effects amplified by the use of all the available swine flu vaccines and (2) have no antidote.
5. The United States government classifies the bird flu virus as a biological weapon.
6. Government intent is to make the live virus swine flu vaccination mandatory for all Americans. This violates the Constitution of the United States and the Bill of Rights.
7. Analysis from the British Medical Journal article titled, *Influenza Vaccination: Policy Versus Evidence*, presents evidence from a systematic review based on a meta-analysis of all the research that shows inactivated vaccines have little or no effect on preventing or minimizing the flu.
8. Those who refuse the live virus swine flu and regular flu vaccinations may be jailed or held indefinitely in internment camps established by states or FEMA because the so-called swine flu pandemic has been, as far as we are concerned, unnecessarily classified as a Level 6 Pandemic, allowing international law to override the United States Constitution to justify American martial law and detention for vaccine refusers.
9. United States government attempts to increase the demand for flu vaccinations through fear are explicitly revealed in a classified, private CDC (Center for Disease

Control) sponsor conference for vaccine manufacturer executives entitled "7-step Recipes to Increase Demand for Flu Vaccination".

10. The best way to be protected from any flu including the H1N1 live virus swine flu is to have a healthy immune system by living a Culture of Life, natural, earth-connected way of being, which includes: organic, plant-source-only foods, supplements including nano-silver, vitamin C, A, and D, medicinal immune-building mushrooms and herbs, and specific aromatherapy oils. Physicians of the State of Arizona Board of Homeopathic and Integrated Medicine Society have found that usually one or a few Vitamin C IV's will give 100% relief from this or any flu in case one actually gets the flu. This is a safe, less expensive, simple and more effective treatment as compared to Tamiflu (Tamiflu, although supposedly designed for the antiviral effect is a psychotropic drug that has significant brain and nervous system side effects, which are toxic and debilitating). These have been historically proven to be far more safe and effective than culture of death generated vaccines, which truly have never been scientifically proven to be either safe effective except for building the economic pockets of the vaccine companies. In other words, there are strong international and national vested interests on many levels backing these inadequately tested, dangerous, and ineffective vaccines. These vested interest groups are not exactly concerned about your health.

We have options and we can create more. It is important that we all take a stand while we are still healthy enough to be standing.

SUMMARY:

There are two reasonable questions that must be asked: (1) Is the swine flu live virus vaccine safe and effective, and if so, (2) will vaccinating 95% of the general population provide more protection for the whole population? If both of these questions were answered in the affirmative, then we would have a reasonable justification for mandatory vaccinations. However, the overwhelming scientific data suggests just the opposite. The live virus swine flu is neither adequately tested, proven safe or effective, is non-insurable, and because of the well-known phenomena of Secondary Transmission of a live virus vaccine, may actually increase the transmission of the virus. This live virus vaccine has 2.3 times more genetic mutability, and added adjuvant toxicity than a natural virus because it includes squalene. Squalene has significant autoimmune inflammatory effects, including general autoimmune effects, which is a potential significant threat to the health of the individual. This is the most likely cause of the 300,000 GIs with Gulf War Syndrome who are applying for complete disability. All the scientific studies on the effectiveness of the flu vaccine to date show minimal to zero effectiveness.

In other words, the risk-benefit ratio is extremely poor from a scientific point of view. In answering the second part of the question, all the vaccine studies to date have shown that vaccinating 95% or more of a population makes no difference in stopping outbreaks of the particular disease people were vaccinated for. In fact, based on the scientific evidence, mass mandatory vaccinations with a highly mutable live virus could actually activate a real and lethal pandemic rather than prevent it. Therefore, from a purely scientific perspective, there is no valid scientific reason for mandatory vaccinations. For this reason, we believe that all people have a constitutional, religious, and medical right not to be vaccinated against their will. We applaud the government of Canada for affirming our position by not making the live virus swine flu vaccine mandatory in Canada.

Important Information about Aspartame

The following excerpt is taken from a letter and printed here with permission from Dr. Betty Martini, Founder of Mission Possible International (warning the world off aspartame). www.mpwhi.com. The entire letter is available on her web site:

Aspartame was not approved by science but thru the political chicanery of Don Rumsfeld. D.C. Attorney James Turner, explains how Rumsfeld did it in the documentary Sweet Misery, a Poisoned World. [Here's a clip from the movie](#) so you can hear what he said.

Searle's problem was they couldn't get studies to show safety. For example, in the [Bressler Report](#). You read where they would excise brain tumors from the rats, put them back in the study and after they died resurrected them back on paper. They even filtered out neoplasms to hide them from the FDA. Repeatedly Searle was caught in this criminal activity.

On January 10, 1977 in a 33 page letter, FDA Chief Counsel Richard Merrill recommended to the Justice Department Attorney Sam Skinner that a grand jury investigate Searle for "apparent violations of the Federal Food, Drug, and Cosmetic Act, 21 USC 331 (e), and the False Reports to the Government Act, 18 U.S.C. 1001, for "their willful and knowing failure to make reports to the Food and Drug Administration required by the Act, 21 U.S.C 355 (i) and making false statements in reports of animal studies conducted to establish the safety of aspartame." The FDA called special attention to studies investigating the effect of NutraSweet on monkeys and hamsters.

Searle was caught dead to rights, so they hired Skinner, made him a deal he couldn't refuse. So the former Justice Department prosecutor became a defender. Next at bat as U. S. Prosecutor was William Conlon, who promptly switched sides too. By then the statute of limitations had expired. Searle knew they couldn't win the case so they simply hired the prosecutors. The Godfather hired the District Attorneys!

Nevertheless the FDA had no intention of approving aspartame. The fraud was so great that Dr. John Olney (who with James Turner fought against approval of aspartame) told Searle to do studies in his lab so he could see that they were done honestly, with supervision. Dr. Olney believed the FDA wouldn't approve aspartame because the studies showed it produced brain damaged. What he didn't anticipate is that Searle didn't submit these findings to the FDA.

January 30, 1980 the Public Board of Inquiry revoked

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GIN Events:

- October 3, 2009:** New York City
- Oct.30 - Nov.11, 2009:** Cancun, Mexico
- January 2010:** Dominican Republic

Read a recent review about the last GIN event:

"I am more than impressed from today's seminar. I can't emphasize enough to every GIN Member the importance of attending a life seminar. I feel ecstatic, with more excitement after each training session. I am seeing more changes in my life. I continue to understand myself and my desires on deferent levels. I also continue to understand how to make them real. " Brian- Evergreen, CO

Searle's petition for approval declaring that they had "not been presented with proof of reasonable certainty that aspartame is safe for use as a food additive." Searle had spent \$17 million on an aspartame factory and had no intention of giving up, poison or no. At this point they hired Donald Rumsfeld who said he would call in his markers and get it approved anyway. What were those markers? President Reagan had told Rumsfeld he would be nominated for vice president, but instead selected Bush number 1.

The day after Reagan took office he appointed Dr. Arthur Hull Hayes as the new FDA Commissioner, to over-rule the Board of Inquiry. Reagan knew it would take 30 days to get Hayes to the FDA, so he wrote an Executive Order making the FDA powerless to do anything about aspartame. At 3 AM that night a member of Reagan's staff called the FDA Commissioner Jere Goyan and fired him. [Here is a letter](#) from his wife who was there when the terminating call came in.

Once aspartame was on the market there was outrage as consumers were diagnosed with seizures, multiple sclerosis and blindness from the free methyl alcohol releases. Senator Orrin Hatch, on Monsanto's payroll, obstructed hearings on aspartame for years, but there were 3 Congressional hearings from 1985 to 1987. Hatch was on Monsanto's payroll, and kept the bill in committee that would put a moratorium on aspartame until NIH completed independent studies on the flood of aspartame problems they were seeing: seizures, blindness, headaches, sexual dysfunction, behavioral problems, especially in children, drug interactions and birth defects.

About that time Dr. James Bowen wrote FDA that "aspartame is mass poisoning of the American public and 70 countries" - today over 100. The good doctor wrote: "For this reason, I am opposed to labeling aspartame content of food and drinks. To do so would imply that the government is taking some sort of responsible action....when the only responsible action would be to immediately take aspartame off the market, fully disclose its toxicities, offer full compensation to the injured, public and criminally prosecute anyone who participated in the fraudulent placement of aspartame on the marketplace."

How was the new FDA Commissioner, Arthur Hayes, get rewarded for over-ruling the Board of Inquiry? He was hired as a consultant to NutraSweet's PR Agency on a 10-year contract at \$1,000.00 a day, and nobody's heard a peep from him since, he got lockjaw. Who ever heard of a PR guy who won't talk?

Now they began funding professional organizations ladies-of-the-evening like the American Diabetes Assn, American

Dietetic Assn and numerous others to propagandize the public with touting asparshame. Of course they also threatened scientists whose studies identified the toxicity of this poison. In the UPI Investigation Dr. Wurtman was threatened if he did studies on aspartame and seizures he would lose his funding. He capitulated. [Read this report](#) on the 8 month investigation by United Press International. Dr. Wurtman, too, got a terrible case of aspartame lockjaw, but MIT still gets the money.

ILSI, the International Life Sciences Institute, was born in 1978 as a "research" front for our favorite poisoners. It's board members are from Coke, Pepsi, Searle, Monsanto and the rest of the usual suspects. If a university won't play their way the get no pay, that is to say, funding for fake "research".

Over the years many independent studies have been done. The manufacturers say 200 studies that aspartame is safe as rain. Some of those were the ones FDA found fraudulent and sought prosecution for, and others were simply bought and paid for quack studies from rubber duck labs. Consider [seizure studies](#) by Monsanto, they bought Searle in 1985. Seizures are listed 5 times on the [FDA report](#) of 92 symptoms that range from male sexual dysfunction to death. People are having so many seizures and going blind on aspartame that the Community Nutrition Institute filed a petition to ban aspartame in 1986. Again the manufacturers put in the fix to prevent it from being banned. They were so worried someone would have a seizure they actually gave people anti-seizure medication in the Rowan study. Another impeccable "study" involved one-day consumption of, believe it or not: a single capsule of aspartame. Tantamount to smelling the bottle. The got it peer reviewed with their power. So when consumers complain of seizures they say "we did studies and aspartame doesn't cause seizures". I smoked a Lucky once and I'm fine, so nicotine doesn't cause cancer!

They have all bases covered. Today front groups like Calorie Control Council, with full knowledge that aspartame causes birth defects and mental retardation [actually push the poison](#). When 60 Minutes did a story about aspartame and brain tumors the manufactures claimed to have all these studies showing safety. Dr. Ralph Walton who was on the show [decided to research who funded the "studies"](#) Note that 92% of independent peer-reviewed studies show problems aspartame causes, while those funded or controlled by industry all say it's safe. If you eliminate 6 studies the FDA, aspartame's branch office in Washington, messed with, and one pro-aspartame sponsored summary, 100% of independent scientific peer reviewed studies show aspartame problems.

READ THE ENTIRE LETTER AT- www.MPWHI.com

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SUNDAY Nov. 15 Kevin will also be speaking on Sunday to a very limited group of serious people, "How to create a perpetual money-making machine." The cost of this exclusive, personal and intensive event is \$2,500.

Register at: www.KevinTrudeauSeminars.com

Contact us at: info@kevintrudeauseminars.com or call 888-948-5599