

Your Personal Free Pharmacy

Audio

Video



Life
Without
Disease

Life
With
Dignity

Education Research
In
"The Secret to Health"

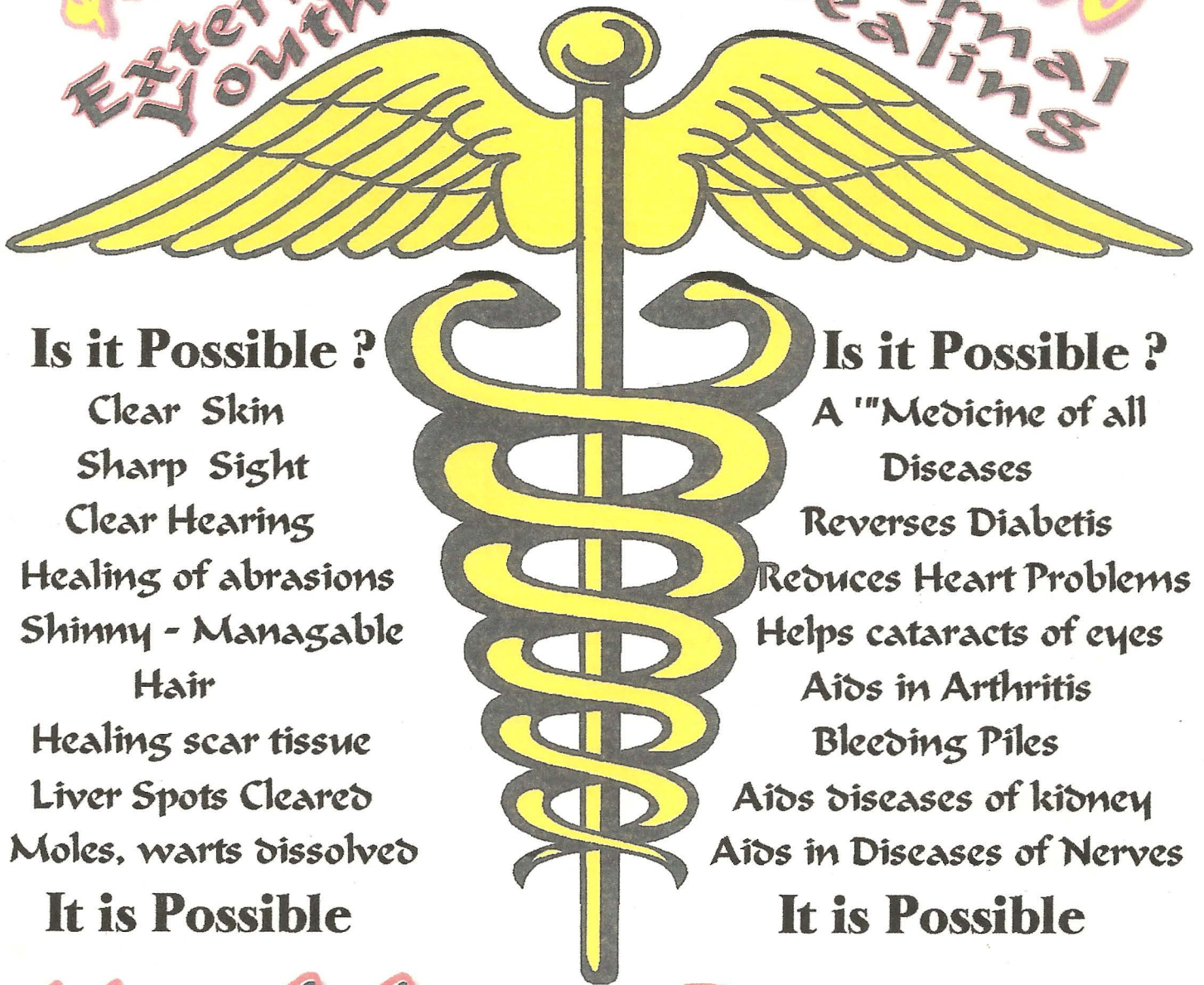
Researched by
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Award Health Watch Inc

Your Personal Pharmacy

\$295.00
External
Youth

**Long
Life**

\$295.00
Internal
Healing



Is it Possible ?

- Clear Skin
- Sharp Sight
- Clear Hearing
- Healing of abrasions
- Shinny - Managable Hair
- Healing scar tissue
- Liver Spots Cleared
- Moles, warts dissolved

It is Possible

Is it Possible ?

- A "Medicine of all Diseases
- Reverses Diabetes
- Reduces Heart Problems
- Helps cataracts of eyes
- Aids in Arthritis
- Bleeding Piles
- Aids diseases of kidney
- Aids in Diseases of Nerves

It is Possible

Health & Dignity

Award Health Watch Research

DISCLAIMER

In the event the reader of this volume uses the information without the approval of a health care provider, he/she is prescribing for himself/herself and assuming full responsibility for it. This is his/her right to do so, but this researcher and the Company Award Health Watch assumes no responsibility for his/her actions.

This therapy and programs are not offered as an alternative to a orthodox medical, osteopathic, homeopathic, or chiropractic approach to treat diseases, but rather, an adjunct to the conventional treatments and a supportive program that can be used in combination or in addition to other therapies, if desired.

Good nutrition or alternatives to drugs alone does not oppose or contradict the orthodox forms of healing. It complements them.

BIOLOGICAL INDIVIDUALITY

The human body is very complex.

Although each person is similar in general structure and function, each is also uniquely different, responding differently to similar stimuli, therapies and conditions. What may help one person in a certain circumstance or condition, may not help another. This is also true with foods, environment, or a particular food that may be nourishing to a healthy person may cause an allergic reaction in another.

Each condition may also be unique.

Although thousands have had help from the natural methods described here, there have been and will be cases where destructive pathological changes are so severe, and the bodies own healing mechanisms so weakened, that the process of healing could be an extended process. Persevere, and your hard work will be amply rewarded.

IMPORTANT NOTICE

This researcher or Award Health Watch does not diagnose or prescribe. It is not the purpose of This researcher, Award Health Watch, their officers, directors, affiliated health centers or independent distributors to replace the services of your health care provider. We are education compilers, again, researchers for public education. It should not be misconstrued to mean, imply or indicate that the therapy or programs described here will cure anything, as no such claims are made. Only the body can heal itself.

These therapies and/or nutritional suggestions are not offered as a cure, rather, as aids to the body in reestablishing normal functions.

We offer this information along with suggested programs to those who want to, and are willing to, share responsibility for their own health with their health care provider.

Even though the urine therapy remedy processes contain no synthetic drugs [{patented} {Cost}], and all urine therapy uses are of a total natural and personal resource [{non-patent possible}, {Free}] we are legally controlled to remind you that you should use this therapy only as directed by your health care provider. Do not self-diagnose.

Do not attempt to treat yourself for any serious condition. Consult your health care provider. However, if your health care provider says that nutrition or therapy is not important and attempts to treat you only with drugs, we suggest that you obtain a second opinion from a diet conscience health care provider who is more aware of the natural methods of biological medicine, because--after all, it is your health!

DEDICATED TO THOSE I KNEW

- ◆ To Stanley Ward {Father} Died - Colon Cancer – 1986
Who the Allopathic Doctors claimed the only way to better his future was to have an operation to remove part of the colon. He trusted and had the operation. Major hospital. Never got better. He lasted only a couple years in pain and loss of proper eating.
- ◆ To Carl Hoffman {Banker - Close friend} Died - Brain Tumor / 1995
Who allopathic Doctors claimed the only way was to undergo a brain operation, chemotherapy, and radiation. So he did. Twice
Costs were well over the \$ 100,000.00 mark.
He lasted approximately a year and seven months.
- ◆ To Sven Nylander { Photographer – Close Friend } Died–Hepatitis C { From transfusion of infected blood during open heart surgery }.
Infected blood given by at hospital.
 - ◆ To George Weiss {Business associate – Very close friend}
Died Prostrate Cancer – 1999 Did everything he was told.
Degrading life changing multiple surgeries costing over \$175,000.00
- ◆ To George Kowolski – {Step Father} Died Lung Cancer – 1998
Doctors gave no other method than chemotherapy, radiation, and refused an operative forum. { He didn't have insurance }.
- ◆ To all those Doctors who claimed to help my family and friends listed above but had no authority to use other than
Operation, Chemotherapy, or Radiation and to what end?

It is my belief...

These fine fellows may not have died if any of them or myself at that time would have had access to this therapy told here in this research.

DEDICATED TO THOSE STILL FIGHTING

To those who have been left behind by traditional methods and unreasonable costs and are now awaiting their eventual end.

- ◆ To all those who need help now.
- ◆ To all those who will need help in the future.
- ◆
- Consider the contents within seriously.
- It is true. All Documented throughout the World.

Introduction

This health procedure is to prolong your life in dignity with self respect as long as possible till your body wears out. Do not allow our body to die of a disease without dignity. God has given you the procedure, pattern, cycle and therapy. He has given you free will to use it for your enlightenment. It is now your choice and only you are in control.

My name is Gary Ward. I am a Medical researcher. Schooled in Pre Medical, Veterinary medicine, Chiropractic, and a Master Herbologist.

I came upon this therapy accidentally. I was listening to the Art Bell show in Los Angeles till three o'clock in the morning. The host Art Bell was interviewing a Canadian, Paul Coulbeck, on the new release of his book called "Granite Starship". It is based on conversations with an alien Concerning "The Nature of the Secrets of the Universe." NON-FICTION Paul claims that he was abducted and educated to many things that human kind must become aware of for survival. Also the means of how mankind can survive if it uses the knowledge that was given in the writings of all religions. There were a few points that the alien brought up that really changed my way of thinking.

**First in Chapter 4 page 76
When you look at another person you are looking at external dead cells. Skin, hair, fingernails toe-nails, all dead, only the eyes are living visible cells."
Yes, and you have heard that the eyes are the mirrors of the soul.**

**Second in Chapter 7 page 132
" The majority are not wealthy because they refuse to abuse one another."**

**Third in Chapter 8 page 146
"Control is the game of the haves over the have-nots."**

**Fourth in Chapter 8 page 154
"Most people fill their own graves with what they put into their mouths."**

**Fifth in Chapter 8 page 154
In an explanation of how we would control sanitation, when a need to eliminate waste in a very dedicated, concentrated population area, it was as follows...**

**“Oh, we know of that which you speak. We use it to make medicine.
Very powerful medicines are in your excretions.
Germs can mutate from antibodies to kill germs.
Viruses and bacteria have macrophage organisms that infect them and
make them sick and die.**

We use bacteria urine as a disinfectant.

Many on your planet drink it.”

My first thought was “ What the hell was he talking about?

My second thought was

**“ What the hell am I thinking that this story may be true
and an Alien is really talking to Paul Coulbeck.**

**I immediately took on the project of health research on the
possibility of finding if there is some sort of cult that promotes
this anti-social type of action in their behavior.**

**I have opened up my eyes and heart to find that even though
this behaviorism has been used for centuries, it is truly kept secret by most
because of societies taboos of such behavior.**

However... It is real. It does work. We have a built in pharmacy.

**This is the most important concentrated piece of education
that you will run across on the basis that it is kept “Secret”.**

It does not easily get to be told to many

**for they are afraid you may consider them foolish, ridiculous, nuts,
unscientific, backward, and unreasonable not to consider taboo.**

**You now have in your hands something that if you take seriously,
without having an accident or any massive trauma, you will live far many
more years than those who do not know this therapy.**

I must also tell you of an East Indian gentleman.

He is a very good friend of mine. Let us call him Dr. Mac.

**He has been helping people for the last 35 years and never talked about or
admitted to me that he understood this therapy. Never once. Till now.**

**He tried many times to help those who at death's door were told by
Allopathic Medicine Doctors to make their will because the Doctors wanted
no future responsibility for the patients future.**

Dr. Mac explained to a few of his patients the art of this therapy.

Half of them used it and survived.

The other half never used it. Their thoughts were it's taboo.

They thought it was nuts to even consider such an insane method.

Those who were incurable and did not use this therapy died.

They did not need to die.

**Those who were curable now have weakened immune systems
from drugs, synthetic or otherwise.**

**These patients could not believe in urine-therapy.
They were wrong. It is not taboo. It has very natural characteristics.
It has been shown to be the most effective means of self-preservation of
the human body in the world. It has thousands of testimonials to its
benefits. Testimonials from incurable, curable, and preventive measures
are shown to you here in my findings.**

**Back in the years when the famous actor Steve McQueen was
Having a serious problem with cancer, an ad was placed in the
Los Angeles Times for anyone who may have suggestions for a
possible therapy to benefit his condition.
Dr. Mac did not telephone, but he did write of the most aggressive part of
this therapy giving where this method was successful
and that it could be successful to Mr. McQueen if given soon.
Mac suggested an IV drip of McQueen's Urine back into his blood.
There was a reply.**

**The Doctors understood the possibilities of this therapy but no Allopathic
Doctors could administer this on the basis of losing their credentials.
Shortly after, McQueen lost his life.**

**Dr. Mac was so devastated
he never talked about this therapy to patients again.
Does he use this therapy on himself? Yes he does.
For preventative health measurers? Absolutely.
For incurable or curable disease? He has no disease.
He uses this for preventative measures only. This therapy works.
He remembers the Clinics in his India that use only this therapy.
They are for the incurable
after the Allopathic authority can no longer help in any way.**

**Dr. Mac was correct. The Alien was correct.
This research is correct.
Now it's time to transfer this information on to you as you read on.
You may consider this information not useful, or take it totally serious.
God gave you this therapy as well as free will.
It's now up to you. Be a survivor starting now by doing the therapy.
Do not place your hands in another human alone who has a fatality age
rate lower than the average public age rate of death
published by insurance companies.
Work with your Doctors in conjunction with this method.**

**You will find between segments where there are repetitions.
I believe you will be engaged happily to read these repetitions by different
persons from all over the world.
You will begin to memorize the methods especially once you try these
personally and find they work to your benefit almost immediately.**

Doctors worldwide are giving work time free by seminar or clinic work to help those who are in need of curative and informational help. Most all of their seminars for the public are free, based on the factors of love of this therapy that will be free in future use for the patient.

They have in their hearts an auspicious undertaking.

Our Doctors in the United States are not of this kind.

It does not pay for their insurance that they need to have when sued or for a palatial house mortgage or car payment.

The fact of the matter is that those who give seminars to the poor or uninsured in towns or small cities find a howling disfavor to the seminar by local Doctors. Their client structure will fall and their income will suffer.

Their patients no longer need attention for they are no longer sick.

Those who give of their time freely believe in the name of God in clear terms like, "Earn the living with your own labor.

You are gifted with two hands and two feet.

Those who do not live on one's own earnings or overcharges, are thieves. Those who spends their earnings only on personal enjoyment are sinners".

Some of these dedicated members of the medical profession in other countries themselves have been aided by this therapy when all else failed.

They are now repaying Gods children for his gift to them by educating as many as they can of this pharmacy given to all at birth.

Let us talk of two of these Doctors who are giving to this agenda wholeheartedly and freely. One is from Guadalajara Mexico.

Her name is Sonia Rodriguez de Gomez,

a blood , pharmaceutical and biological technician.

She after 25 years came down with a case that she was testing of HIV and that day after so very many past tests taken, accidentally pricked herself. She also came down with cysts in her breast. Other problems came about and she had nowhere to turn. Her story is within this course for those of you who speak Spanish. She also is one of our research Doctors that constantly give us new and startling testimonials as to their victory over the simple to the worst of the incurables. She gives seminars freely every Tuesday and Thursday to give back for what she belives is a miracle in her life. She is a healed women with this therapy.

She tells as she finds in her research that urinetherapy has existed 3,000 Years before Christ. Before the 1900s the natural medical era was utilized.

Doctors came to the homes with cures from these herbs along with the utilization of urine. After this era entered the age of surgery and the false ideas that confused all of society. The concept was brought out that urine was a anti-social concept and should be avoided at all costs.

They claimed urine was a dirty waste product of the human animal.

In the present age we find that people thruout the world still believe and infinitely have very good health.

They all know that this method is a very marvelous but deeply kept secret. In hospitals of the USA, all over Europe and Asia we find many medicines, made from urine. Some however crazy, come from animals for this would give up the secret if hospitals would ask for urine all the time from patients. Then again we have worldwide cosmetics that are created with urine for our high priced beauty.

In 1971, in the University of Medicine Kyoto, Japan, they discovered in urine is a hormone called S.P.U. that during sleep, it can create an antibody, help in circulation and stimulate the secretion of other hormones.

In 1992 in the institute of Chemistry of Hayashibara in Japan, known internationally, they initiated formal investigation to study the substances within urine very important for our health such as "Interferon" that has an analgesic and natural antibiotic substances.

Next we will call on Dr. B. V. Khare from Mumbai { Bombay }. Dr. Khare is an allopathic Dr. specializing in Urology and is a credited surgeon. He has been a Doctor for over 26 years. He told me he has successfully treated over 8,000 patients with this method therapy and did not have need to put them under the knife. Yes successfully, all back to health with minimal cost. He is also a very thoughtful Dr. that has given many testimonials of his consented patients.

A poet is manifested in his poetry, an architect in his architecture, an artist in his art. God is manifest in every particle of his Creation. He is perfect and so his Creation is perfect. We humans are imperfect through free will, so is our vision also imperfect. One who is imperfect cannot grasp perfection. We have lost contact with nature and have failed to mold ourselves according to her laws. It gives hope of health to those who have been told they have no other alternative than to die.

In late 1994 Moraji Desai, former prime minister of India was 99 years old when last interviewed. For years he spoke, on his position as prime minister on the therapy that brought him health miracles. He drank a glass of urine every day. He washed himself as well as massaging to keep himself looking very youthful and radiant. His skin looked as if his age was but only 50. Morarji Desai died in March 1995 at the age of 100.

Human Intrinsic-Systemic Therapy (ITM)

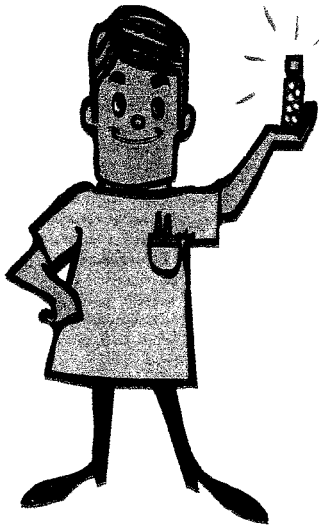


Researched & Compiled
By Gary Ward M.Ed.

English / Español



Shivambu



Urine Therapy

Amaroli

Vitotherapy

Drink water from your own cistern,

Flowing water from your own well

Proverbs 5 : 15

If you believe in me, you will never thirst

Rivers of living water will flow from your bellies

John 7 : 38

{1.}

What is this personal Pharmacy?

Urine Therapy {English}

Shivambu / ManavMootra / Amaroli

{Hindi} {Sandscript}

Urotherapia {Spanish}

The Change of Social taboo to Scientific thinking.

Our blood is the life force of our existence.

**The blood consists of red corpuscles {Hemoglobin carrying oxygen},
and blood serum.**

This blood serum is 95% water and 5% urine and a mixture of our body hormones, vitamins, and minerals, plus enzymes created by the food that we have consumed and some created by the body. The waste product, or excretion, both solid and liquid that the body no longer can use is vacated by way of the bowels.

Those who take alternative vitamins and minerals and pass it out of the system directly into the toilet create expensive waste for their not using their urine as God intended.

Urine is not a waste. It is not unhealthy to consume at the proper time.

Urine is not dirty. Urine in fact is a clean substance.

It is in fact sterile naturally filtered blood.

It is 95% water and 5% harmless and mostly beneficial substances.

However we will find that as you read there are those of you who range from total disgust to instant enthusiasm.

It is in fact our own personal, natural God given pharmacy.

“Wash your ears with it warm and it is good against deafness, noises and most other ailments of the ears.”

Wash your eyes with your own water and it cures sore eyes and clears and strengthens the sight.”

{M urine a classic over the counter for problems of the eyes. M – urine.}

“Wash and rub your hands with it and it takes away numbness, chaps and sores and makes the joints limber.”

“Wash any green wound with it and it is an extraordinary good thing.”

“Wash any part that itches and it takes it {the itch} away.”

**{From The Water of Life, J.W Armstrong,
Health Science Press, London 1971, p.13.}**

**Acids in the system are the very root of most diseases in the human body.
The salts in the urine which has naturally twelve destroys these acids,
"It opens obstructions of the reins and urinary passages, dissolves
tartarous coagulations in those parts, breaks and expels stone and gravel.**

**{From: The Water of Life, J.W Armstrong,
Health Science Press, London 1971, p. 13-15.}**

**It saves Doctors from countless mistakes that are made selecting a correct
remedy from over three thousand drugs or the drug of the day that is
pushed on the Doctors by way of the pharmaceutical vendors.**

**In the early 1960s the Nobel Prize winner
Albert Szent-Gyorgi isolated 3-methyl glycol in urine.
It has now been proven that this very substance destroys cancer cells.**

**The fetus 'breathes' urine into its system and the lungs cannot develop
properly without this liquid. We have been aggressively accepting this
liquid into our systems as we developed in our Mother's amniotic fluid.
Our present Doctors in this new 21st Century who operate on the embryo
within the Mother find that the surgical cuts made during the operation
cannot be found after birth. Can you now understand how it is so
vitaly important to use urine on rashes, cuts, scraps, scratches, as well
as those who are with gangrene ready for amputation.**

**There comes a period in each of our lives where
a special window of time will open to you.**

Many say we will all have our 15 minutes of glory.

**This may be that time slot in the next 15 minutes as you read on.
You are about to find the most incredible information that will change your
way of how you were raised to think of society and your own body.**

You may take this information as not possible to endure.

You may take this information as illegitimate and foolish.

**Please reconsider centuries of usage, the poor as well as the rich including
Kings and Queens, Elite and the ordinary, uneducated as well as the highly
educated, all keeping themselves or curing themselves for a healthy
extended life in secrecy of their ways.**

**Curing themselves from simple to incurable diseases
as well as preventative health maintenance.**

Reconsider the hundreds of testimonials from all over the world.

Educate yourself with the findings of this research. Use it.

Our Creator gave it to you. Specially designed for each person.

This, with God's will, could be your great day of education.

Your window may have just opened as you read to a life long

Self- therapy without cost.

Human Intrinsic-Systemic Therapy

Properties - Efficacy
Auto - Urine
Therapy



Natural



Functional
Constituents
and Use

Natural



Automatic
Immune
System Strenght

{ 2 }

Application Urine Therapy

As fetus, everybody has drunk urine.

{ 1 }

Washing

Wash the exterior of the body by means of washing the hair with or without a showercap. Also the washing of the face, neck, hands, and any body part that you have need to be kept clean, soft, pliable, and aiding in the loss of wrinkles.

Next morning you will see your hair SHINE, your face feel new, skin tight, radiant, and that was only the first day.

My suggestion is two weeks first time straight.

After you may go on one week on and one week off.

Any moles, scrapes, cuts, freckles you may want to reduce in size or color, or possibly lose, every night continually until you reach your goal.

For those who are diabetic and have bruises or cuts that won't heal...

Moisten as many times per day the areas as you would have time for.

At night place a wet, thin gauze pad on top of your scraps or cuts.

If they are on your feet, wear your socks on top and put into ready for wash area in morning. If you get up during night, hey what a better time then now to rewet your washcloth or gauze again.

It will cut your time for new skin developing from one month to one week.

If you are in serious condition and it would normally take six months for new skin, your development time will be approximately six weeks.

This is not only research, I was a diabetic and had cuts and bruises. I know.

Shower in the morning or wash face and body parts with water only.

Soap is not necessary and is contraindicated for plush skin.

We will get into use of fresh urine as a cologne or perfume later.

This is not the greatest part of the therapy. It can be used.

A slap of new fresh warm urine will bring out the pheromones from The body and this is what the cosmetic companies have been trying for years to perfect. They can't do so for personally it's your pheromones That do the sexual attraction and it must be used warm as it first comes out of the body. We are animals still, and it will bring out the animal in you.

Some women have mixed their special perfume with warm fresh urine.

A few drops will do. Don't go crazy.

Yes I understand. Your thinking, "what a jerk".

Don't try it. I know a lot of women and men that have tried it and it works.

Remember, fresh, warm, few drops, and bingo. Check it out.

For this one I'm sure you will not tell your best girlfriend.

Remember, your life should not always be an open book.

{ 2 }

Drinking

Thinking, Is he serious? You bet I am.

This is where it gets scientific, medicinal, and the Pharmaceutical companies get “pissed” more than we do because we get our pharmaceuticals free and natural and NEVER toxic to our system NEVER. {Unless we are full of drugs, pharmaceutical or recreational}.

Plus, we are not guessing at what’s wrong.

We take our liquid in the morning and what we can’t use in our body immediately gets expelled for a new body assimilation later in the day.

However this time the body is recreating a host of vitamins, enzymes, minerals itself and from the foods we have consumed ready for reabsorption into our cells from the drinking.

There are more than a dozen hypothetses relating to the re-absorption.

Lets look at a few.

1}. Nutrients

By drinking or massaging with urine, we possible re-use and re-absorb many vitamins, salts, amino acids, hormones, and so forth as nutrients. Vitamin B1 {Thiamin}, Vitamin B2 {Riboflavin}, Vitamin B6, Vitamin B12, And many others.

2}. Hormones

Hormones are powerful molecules which once produced may cause complete alteration in the balance of body processes, personality, emotions, and state of mind. After the years of 40 to 50 there may be a hormonal imbalance which now in this new age there are millions and millions given “ Premarin”, a prescription drug short for pregnant-mare urine. { See premarine farm section to learn more }.

Yes you read correctly. Pregnant female horse urine.

So why pay for animal hormone therapy when you can not only have human hormone therapy but your own selected personal therapy?

With this self-therapy we should also be aware of a hormone called Melatonin. This powerful anti cancer human hormone availing a very easy method for falling asleep or an aid for jet lag. The pills that are sold in the nutritional stores are normally hormonal extract from pigs.

Also lets not forget dopamine, insulin, corticosteroids, gonadotropin, prolactin, vasopressin, thyroxine, adrenaline, testosterone, progesterone, and many others.

It is suggested to use your first urination after you get up in the morning. The reason is that enzymes and hormones are more concentrated and collected all during the night. The method for collection is do not drink the first 20% because that part is mostly oil and bile. Do collect the centerportion for drinking. The last 20% may have sediment. So, only the central portions, warm immediate after releasing. NEVER drink that which has been left open to the air for a time. This is when bacteria originate in the atmosphere and multiply quickly

3}. Enzymes

Many enzymes are contained in urine. Protease, Beta-N-acetylglucosaminidase, alpha-amylase, lysozyme. This gives great explanation to why urine therapy is affective against strokes, heart attacks, arteriosclerosis, embolism, etc. One enzyme Urokinase is well known for its vasodilatation and resembles nitroglycerin and its ability to strengthen the arteries. Urokinase is extracted from urine and brought into the medical marketplace on a large scale. An American company has developed a special filter that collects the proteins and has 10,000 Porta-Johns. This collection of urine and the transition to Urokinase give to a annual market sales of \$500,000,000.00 from unsuspecting donors.

4}. Urea

Urea in amniotic fluid is by the most part urine from the fetus. * Starting in the second month it is essential for proper development of the pulmonary system. * Urea also affects the brain and central nervous system. Utilization of urea is sometimes used during brain surgery to minimize pressure on the brain and spinal cord. Chiropractors as well as myself are fully aware of the health problems caused by the pressures or subluxations of the spinal column and pressure on the brain. Urea tends to shrink the spinal column and brain therefore reduces this pressure. Urea is an oxidizing substance. It dissolves fats and other natural body secretions. Urea is also more effective when warm or when heated.

5}. Salts

The drinking of salts as urine is by nature a salt solution is an important therapeutic remedy. It relieves such problems as constipation, asthma, stomach ulcers, indigestion, and elimination of certain parasites.

6}. Immune System

Urine is not toxic, however there may be some toxic substances in urine available in small amounts, especially if someone is in contact with a

new disease and does not know it or is ill. We will talk more of this under the definition of Homeopathy and the law of similars. These are the medically active substances at infinitesimal doses. Natural vaccines Understand that what we drink in our urine may give us that added vaccine needed to starve off the next oncoming flu, virus, aids, plague, or whatever the governments of this world may unleash on the mass population. What a grand way to fight naturally against mass infectious warfare. You can now be ready for the inevitable. Your pharmacy at hand.

7}. Bacteria, Viral, and fungal.

Urine has a germicidal and antiseptic effect against bacteria, virus, fungus and many parasites. So does ammonia and salt. It is also known that urine placed on a scrape, cut, bruises, prevents infection and keeps flies away as in warmer climates. Scientific research has demonstrated that both urea and ammonia have a powerful effect on viruses and bacteria.

How to drink?

Children

Two or three times a day with juice, chocolate, milk, or lemonade. Think it up. Make your kid happy. It's up to you when you break the news. Remember you need to collect it and when they get older, they are smart. Why not just tell them as it is their life pharmaceutical and a secret from most. You know that they are the privileged ones. If they tell their friends I'm sure they will get blasted. Other not being told from their parents direct make this crime if not told perfectly proper.

Adults

Go for it pure if you can. Straight. Come on. It's blood plasma. If not start out with a few drops in juice or water. Build up to an ounce And later a couple ounces to the whole release.

Lets talk of uses throughout the world.

In India where purified water was at a minimal especially in the small villages, many have told me by those who lived in India and who visit often, that many wash their bodies, hair, dishes, with the urine from cows. Urine is as we have told you when fresh out of a human or animal is sterile.

Therefore the best form of washing possible.

Of course the curing and softening of the skin without the harshness of soaps are an additional benefit.

In the Persian {Mid east countries}, the nomads of the desert who have minimal water available for drinking, wash themselves in camels urine.

It is a sane, pure, sterile way of cleaning our human body.

It is a different method, never taught in schools in the USA,

Nevertheless it is their way. A sociological way proper in their country.

If you think that those countries do that type of therapy because they are backward third world countries, lets look now at Holland.

Holland is first in recreational drug legalization.

Marijuana is being sold at local coffee shops with menus for the different types of marijuana flavors, strength, and imports from other countries. Holland now is the only country in the world that has legalized euthanasia.

That is to say the legalization of ending one's life.

Holland also has in some, not all restrooms, special dispensers for those who use urine therapy on a daily basis.

Urine therapy has also been used before 2,000 years in empires such as China, Greece, and the Roman Empire, including in the times of Christ.

Eskimos, American Indian, Mexican Indian, all the indigenous of South America, and the indigenous people of Australia also utilizes this therapy. It permeates the countries of Bulgaria, Germany, Romania, Austria, and I am sure many more but the research is so hard to get many to open to you.

So you see, urine therapy has been here from time beginning.

It was only society and its taboo that holds back this information.

8}. Miscellaneous

There are many other beneficial substances that are found in urine and therefore our hypothesis of the availability of reuse and aid to the body shows tangible evidence in the testimonials that make it shown that these substances in fact were present and refunctioning after drinking.

a}. Proteins

IgG, IgA, IgM, albumin, transferrin, and others.

b}. Carbohydrates { Very useful while fasting }.

Fructose, glucose, galactose, lactose, saccharose, ribose, & others.

c}. Agglutinins and precipitins

Neutralizing effect on polio and other viruses.

d}. Antineoplastons

Prevents growth of cancer cells while not harming normal cells.

Dr. Berzinski {Texas}, life long work and winning countless court cases for his clinic in the "Curing of Cancer". Main ingredient antineoplastons.

e}. Allantoin

An oxidation product of uric acid which can be found in many cosmetic skin creams and aids in wound healing.

f}. DHEA

The high levels of DHEA in the body shows to be an anti-aging factor.

g}. Gastric secretory depressants

Aid in reduction of ulcers.

h}. H – 11

Inhibits growth of cancer cells or reduces existing tumors. *

i}. HUD Human Urine Derivative

Anti cancer

j}. Prostalandin

Lowers blood pressure and stimulates labor contractions.

k}. Proteoses

Relationship to allergic reactions.

l}. Retine

Anti – Cancer

{ 3 }

Massaging

Massaging along with drinking is the therapy that you should engage yourself if you have a disease weather curable or incurable.

Time is of the essence and must be directly and aggressively addressed.

You must see the skin as a organ that takes in as well as expels.

Therefore if your disease warrants the drinking to infiltrate the internal cells for beneficial aid, the massaging also has its place to enter parts of the body that are hard to get to.

In parts of the world where full urine clinics are inviting the incurables, the daily time of massaging will be anywhere from two to four hours.

Extreme results, the beginning massaging will be four to eight hours daily.

The use of one's own urine is favored. If one cannot produce enough for the daily need, another human can produce for the massage for another.

{ 4 }

Fasting

For many of the diseases curable and incurable, the best aggressive therapy would be fasting. That is to say drinking 100% of your urine except for the first release being the middle of the release.

Fasting daily with water at room temperature for as many days as your body can appreciate this method of cleaning out your system. Some start with offing your food intake by way of minimizing intake of solids through three days to juice liquids and finally going for 3 or 4 Days with no food then back up to juice and soft food to a regular and hopeful better diet. EVERY MONTH. / EVERY MONTH / EVERY MONTH. Some with a serious Diabetic problem have gone for two to three weeks without solids. The longest I have heard is an East Indian that reached 100 days off solids except for Urine, water, and honey.

He is a dedicated vegetarian and also does not eat or drink dairy products of any kind.

You must understand the body goes to disease because of the foods that we have eaten as well as environmental conditions. I believe that a period of three days would be beneficial to start and move from there each month.

I must tell you that it is my obligation to advise you to do this under the direction of you allopathic Doctor. Now that I said that, try to get a allopathic to lose his future business.

He will tell you everything under the sun that this is NUTS.

Now is a great time to understand the savor of taste while fasting.

- **Acid** / detoxification is happening.
- **Bitter** / This is when your sick. Now you really know. Change it. Keep up your fasting.
- **Salty** / This is best. This is normal.
- **Very Salty** / Your not drinking enough water. 2 Quarts per day (8 Glasses)
 - **Sweet** / You are Diabetic
- Under normal eating, you will start changing your eating habits.

Everything you eat especially meats will show you your blood serum. If your serious, you will realize what is good for your body and what is not.

{ 5 }

Gargling

Gargle for 5 – 15 minutes each time.

Repeat as many times as possible.

It will benefit gum disease, oral disease, tongue problems and tooth pain.

If you have silver or metal fillings in your mouth, you may find the gargling could loosen those teeth with metals.

It would benefit you to have all metal fillings removed and filled with non-metal fillings. It is quite unique to find that urine promotes the release of anything that is wrong, dangerous, or negative to the body.

{ 6 }
Drops

Apply 2 – 3 drops of fresh urine from an eye dropper.
Great for any eye itching, red eyes, tired eyes, cataracts, and also many ear
itching, ear diseases, especially in young children of any age.
Remember MURINE EYE LIQUID. Mares / urine.
{ Now made from synthetics.}
{ Never use urine from bladder infection or venereal disease

{ 7 }
Soaking

Place urine in a basin, and soak the feet for 15 – 20 minutes daily until
condition you are treating is completely gone.
Athletic foot, corns, blisters, or fungus bubbles on the bottom of your feet.
{ I personally have known a friend that had corns for 25 + years.
She finally tried the soaking and the first day she peeled 20% of the corn
off. She soaked for 30 minutes at night and in the morning when tacking a
shower she felt the corn just melt off 20%.
Later soakings completed the whole corn.
Can you believe 25 years of misery gone in hours or days?

{ 8 }
Packing

Wet gauze or cotton with urine, and pack the affected area.
Pest bites, bee sting, wounds, snake bite, scratches, cuts, abrasions, etc.
Massaging helps greatly for 10 – 15 minutes.

{ 9 }
Injections

One bottle contain 5 g in 100 c.c. of purified ingredients from 7000 c.c.
urine. Administer by I.V. infusion after mixing with Ringer solution.
Cancer prevention and therapy, and all others with grave illnesses.

{ 10 }
Enemas

20% Urine with 80 % Water. Great for colitis, intestinal pain,
hemorrhoids, colon problems of all natures.

Understanding How It Works.

How does it work?

Proper rest, appropriate nutritional supplements, exercise, water, limited carbohydrates, limited sugar intake, and you still can't get your body to solve your special health challenges. This is where you need extra understanding.

Here is a review of homeopathy / Intrinsic-Systemic Therapy.

If you are a person who cannot get to involve yourself from directly drinking urine for disease therapy, may I suggest reading the following understanding of Homeopathy and visualize that just a few drops in juice or water will do for a short start.

Read on and understand how powerful this method is from the very first beginning of your introduction to urine therapy.

Homeopathy

Homeopathy is a therapeutic method that clinically applies to the Law of Similar. It uses infinitesimal doses of medically active substances.

Say you get sick with the flu. Using the Law of Similar, you could give yourself an additional dose of the same or similar flu virus. This would really stimulate your immune system to initiate full blown macrophages to start the fight against the invasion of flu invaders.

That's using the Law of Similar.

You never take the similar substance full strength in homeopathy.

You take an infinitesimally smaller amount.

It must be small as to be unmeasurable by physical scientific instruments.

To get to such a small level, the original substance goes through a dilution process. For example, suppose you were making a flu remedy.

You would take, for instance, 99 drops of distilled water and add one drop of flu virus. You would vigorously shake that solution. (homeopaths call this succussing).

Then you would take a drop of that solution and add it to another 99 drops of water and shake again vigorously.

Then take a drop of that solution and do it again, and again, and again, etc.

By the time the homeopath is through with this process, any scientific laboratory could analyze the solution and all they would consider is that the substance is just water. However the power of the remedy is in the vibration imprint that has been stamped on the water itself by the original flu drop and through each successive generation.

And this is where we get into quantum physics and subtle energy. These areas where our physical sciences are not yet capable of going.

When the body is given a homeopathic remedy, it is stimulated into action, not because of the physical or chemical nature of the substance, but because of the energetic nature.

The body receives new vibrator information and acts accordingly. Now to anyone trained in the physical sciences, this is unprovable. But whether you believe this yourself or not is irrelevant, the fact is, homeopathics is a very powerful healing resource used correctly. So you see that weather you take a drop, a few drops, or a glassful, You are vaccinating yourself either way.

{ 3 }

Urine Therapy
Otherwise Known as
Shivambu - Amaroli - Manau Mootra
Uroterapia {Spanish}

Lets Recap

Let Us Start again at Conception

At conception our entire cell growth and later organ growth was aided within the embryonic fluid.

This embryonic fluid in the second month is the core aid in the proper growth of our lungs.

This embryonic fluid is made up of urine first from the Mother and later the fluid is of urine from that mostly of the child as well.

After birth it has been taught by society that urine is a waste product. Dirty. Uric acid. Horribly pungent in smell.

Let's use reason.

SOLID excretions are in fact waste product that is mixed with liquid. Consider Urine.

This liquid portion voided to the outside of the body is Gods pharmacy. It is specifically made with our private, specific code attached for our protection to the body.

It is not dirty. The fact is that it is the serum of our blood. It is not only a clean substance but also a sterile substance.

It consists for the most part of water {95%} and for the remaining part beneficial substances which have just been micro-filtered by the body's finest natural filters. Millions of filters.
Urine is filtered blood. It is our "Medicine".
Consider Urine as our personal "House Pharmacy".

How can you loose?

It is only the social stigma that you may be aggressively holding onto that will keep you from a very healthy life.

Contents within Urine

Remembering Urine is the plasma of Blood

Inorganic Substances

Chloride, Sulfur, Phosphorus, Bicarbonate, Bromide, Fluoride, Calcium, Iron, Magnesium, Zinc, Selenium, Mercury, Lead, Cobalt, Copper and others per Human dependent on supplements taken.

Nitrogen-containing substances

Nitrogen, Serotonin, Urea, Choline, Carnitine, Creatine, Dopamine, Adrenaline, Creatinine, tryptamine, bilirubin, and others per Human dependent on supplements taken.

Amino Acids

Alanine, methionine, Glycine, Histidine, Leucine, Lysine, Carnosine, Serine, Hydroxyproline, Methionine Galactosylhydroxylysine, Tyrosine, Valine, , Phenylalanine and others dependent on foods consumed.

Proteins

IgA, IgM, IgG, Haptoglobin, Albumin, Transferrin
And others per Human dependent on foods consumed.

Enzymes

Urokinase, Alpha-amylase, Lactatdehydrogenase, Gamma-glutamyltransferase, Alpha-amylase, Uropepsinogen, Lysozyme, Protease, Beta-N-acetylglucosiminidase, and others per Human dependent on supplements and food consumed.

Carbohydrates

Glucose, Ribose, Fucose, Ketopentose, Galactose, Mannose, Fructose, Lactose, Saccharose, Arabinose, Xylose, Saccharose, Fucosylglucose, Raffinose, and others dependent on foods consumed.

Vitamins

Riboflavin {Vitamin B2}, Thiamine {Vitamin B1}, Vitamin C, Vitamin B6, Vitamin 12, Nicotinic Acid, Biopterine, and others dependent on supplements and foods consumed.

Hormones

Gonadotropin, Corticotropin, prolactin, lactogenic hormones, corticosteroids, progesterone, testosterone, estrogen, vasopressin, oxytocin, thyroxine, catecholamin, {aldosterone, corticosterone, cortisone}, and others dependent on each Human makeup.

Let's again now consider the functions of Urine

Agglutinins and precipitants {1}

These have a neutralizing effect on viruses and Polio

Antineoplaston {2}

Prevents cancer cell growth without harming the growth of healthy cells.

Allantoin {3}

A nitrogenous crystal substance that helps heal wounds. An oxidation product of uric acid. Now found in many skin creams.

DHEA {4}

{Dehydroepiandrosterone or Dehydroisoandrosterone}

This ingredient produced by the body is a steroid secreted by the adrenal gland which can be found in great amounts of the male urine.

This substance may prevent obesity, prolongs the lifespan of animals, and offers a possible treatment for anemia, diabetes, and breast cancer in women. DHEA stimulates the growth of bone marrow and increases the production of substances manufactured by bone marrow such as red blood cells, monocytes, macrophages, and lymphocytes.

A low DHEA level is linked to ageing.

Gastric Depressants {5}

Combats the beginning and growth of stomach ulcers.

Glucuronic Acid {6}

**Created in many organs as the liver, kidneys, and intestinal tract
which gives important secretion functions.**

H-11 {7}

**Inhibits and / or stops the growth of cancer cells and reduces already
existing tumors.**

HUD { Human Urine Derivative } {8}

Anti-cancer

Interlucan - 1 {9}

**Influence on inhibiting cells and macrophages in
signaling the hypothalamus to produce a fever.**

3-Methy-glyoxal {10}

Cancer cell destroyer

Prostaglandin {11}

**A hormonal constituent relating to metabolism.
A blood vessel dilator that lowers blood pressure,
relaxes the bronchial muscles, stimulates labor contractions**

Protein globulin {12}

Antibodies against specific allergens.

Protease {13}

Immunological product of allergic reactions.

Retine {14}

Anti-Cancer factor taken from urine.

Urea {15}

**Active factor in spinal column and brain size reduction.
Prior to Brain surgery, injection of urea is given for
stabilization and shrinkage of tissue.**

Polypeptide {16}
Shows tuberculo-static activity.

Uric Acid {17}
Free radical scavenger, Combats old age
dissolvment of Cancer cells, and has tuberculostatic effect.

Urokinase {18}
Re-absorption of enzymes.
Metabolic pacing of heart.
Plus what ever supplements that could not be used immediately.

Three basic uses of Urine therapy

◆ 1} Exterior / Facial / Hair / Eyes

◆ COSMETIC

- ◆ The use on face and hair will be noted that you will use **NEW** warm urine immediately and not longer than ten minutes later after release for best results. Best at nighttime. Prior to bed.

Urine is sterile as it is released.

That is your pharmacy, your medical support.

As it hits the oxygen in open air the urea breaks down in the liquid and after a few hours the urea begins turning to ammonia, which is how society sees urine.

As ammonia it is a foul smelling poison not to be taken internally.

As newly released serum it again is a miracle.



Complexion / Brilliant looking hair / No acne / Bites / Blisters / Boils / Burns / Cysts / Dandruff / Ear problems / Hair loss / Dry hair / Dull hair / Insect bites / Itching / Moles / Birth marks / Pimples / Rash / psoriasis / or Cataracts etc.

In short, if you have an earache, ear itch, ear infection, Tintinitis , { ringing of the ears },

Put some fresh warm urine in the ears any time of day especially prior to bedtime.

If you have any acne, pimples, bruises, rashes, or simple want to give life and youth to your face, again put fresh warm, urine on your face at bedtime and do not pad it dry.

If you get up in the middle of the night, another application will be appreciated for your face.

You will find immediate complexion beauty within

48 hours if not the first 24 hours.

Your hair will pleasure the rinsing at night of fresh warm Urine immediately prior to bed. A shower cap would be a great added benefit to the brilliant hair that you will have after the first nighttime sleep.

A week of this therapy will be a great help in having the most beautiful hair that many will question what do you do to have such beauty.

You will need to consider what you will say when asked by friends, your best friend, your boss, and strangers.

Oh yes, your spouse. What will you tell him when he asks why he or she is getting older looking and you are better than ever in the last ten years?

Be ready.

Asian women, over two million Japanese, three million Chinese, countless Philippine, Vietnamese, and Korean will say "I care for my skin and hair naturally."

For skin you will find that your radiance will show in 24 to 48 hours.

Wrinkles will shrink in the first 48 hours to three months with minimum of 5 days per week usage.

Dark or "age" spots will start vanishing in one month.

Moles, birth marks may lighten or vanish dependent on largeness and age.

As to hair. Your sheen will become brilliant in a few days.

Manageability should come in a week.

Your gray hair should be gone in six months.

Eyes should have new warm urine soaked cotton pads placed in the eye socket and left for ten to fifteen minutes.

This will tighten your skin around your eyes and rid your crows feet without plastic surgery.

Cataracts have been shown to dissolve if you allow some drops to fall into the eyeball daily.

Please understand that dependent on how acidic or salty your urine is and how old it is by minutes will determine if there will be a stinging feeling in the eye. Just remember there has been found no future problem if the urine is used warm and new.

Only a stinging sensation when over ten minutes or salty because of eating meat or drinking alcohol, sodas or sugar products.

Yes, I almost forgot if you have breathing constrictions, asthma, just put your nose close to a cup of urine and sniff the Aroma.

Better yet, put a few sprays from a mist bottle.

Don't have a mist bottle or sprayer?

Somehow get a few drops into your nasal passage by way of a pipette dropper or a cotton ball and just lay down and squeeze it into your nasal passage.

Need soft hands?

Wash them every morning after you showered off your nightcap and facial.

Remember you need not use soap on your face or hands. Just rinse off.

It's sterile, it's clean, it's free and as natural as you can get.

Now the "washing of your hands in the morning and also evening will give

you very soft skin to the touch usually after one week.

{ Unless you are an auto mechanic. Give it two weeks}.

**Just keep the understanding of when you were totally submerged
in the amniotic fluid before birth.**

Now the Crème De La Crème.

As you read you will not believe till you try.

**Many cosmetic companies have tried. I can't release names of who
produces this but many products of creams are urine derivatives.**

Just slap on PURE WARM NEW URINE as a cologne or perfume.

The skin match will allow your pheromones to go into high drive.

This is something all cosmetic companies have tried to do for decades.

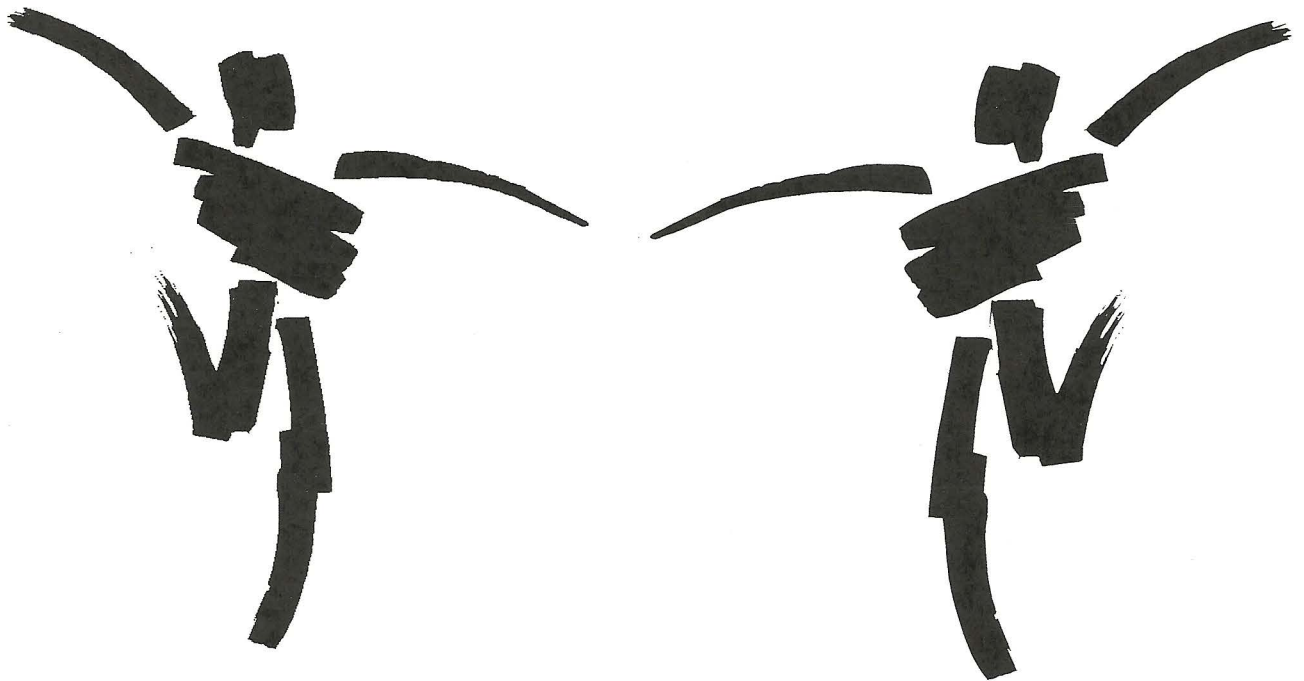
They never could because all skin hormone release is different, private.

Different strokes for different folks. All personal. All Dedicated scents.

{ Pheromones are hormonal releases that attract the opposite sex.}

Human Intrinsic-Systemic Therapy

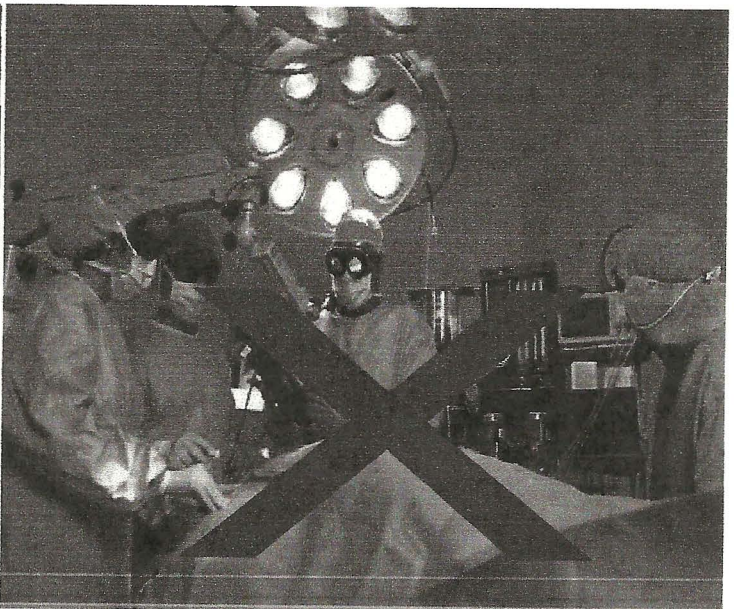
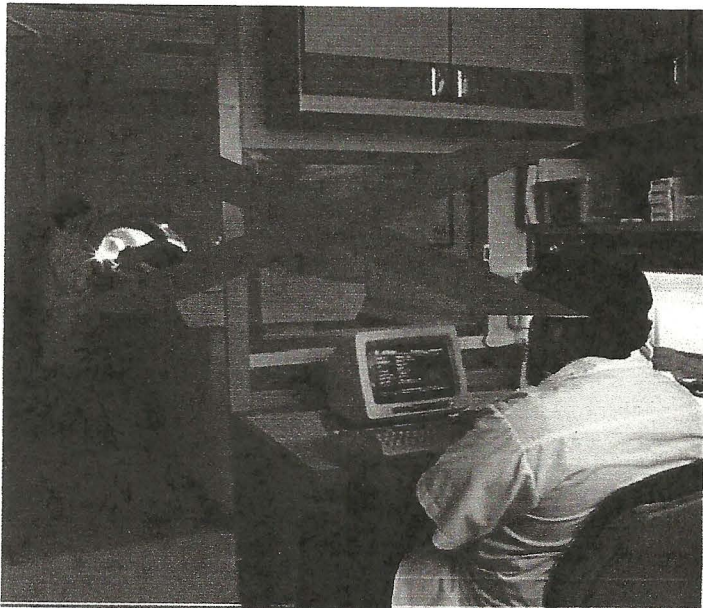
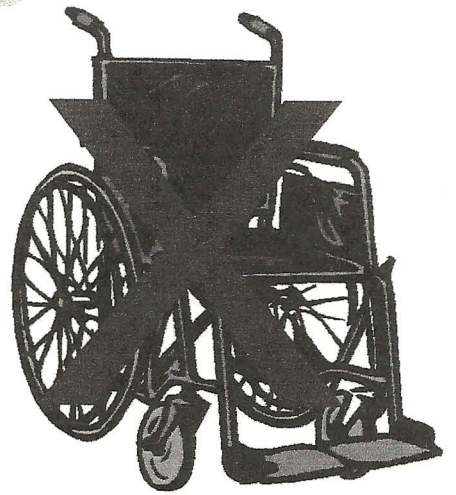
The Fountain Of Youth



Human Intrinsic-Systemic Therapy {TMI}

Don't get sick.

How this research came to be.



Testimonial proven Urine therapy of curable and incurable diseases.

The immediate reversing or relief of

acne, aging, alcoholism, allergies, angina, appendicitis, arteriosclerosis, arthritis, asthma, astigmatism, backache, bites, bladder problems, blisters, blood pressure {low or high}, boils, bowel movement, brain cancer, breast tumors, Bright's disease, bronchitis, bulimia, burns, candidiasis, cataracts, colds, colitis, cholesterol, conjunctivitis, constipation, cosmetic allergy, cough, cysts, dandruff, deafness, depression, dermatitis, diabetes, diarrhea, digestive problems, diphtheria, dizziness, downs syndrome, drug addiction, dysentery, dropsy, duodenal ulcer, ear problems, eczema, eye vision problems, low energy, epilepsy, unstable heart beat, eye problems, fatigue, fever, flu, fungus infection, gall bladder problems, gangrene, gastritis, gastric ulcer, glaucoma, gonorrhea, gout, gum disorders, hemorrhoids, hair loss, insomnia, dry hair, dull hair, hay fever, headache, heart conditions, hepatitis, herpes, hyperthyroidism, hypothyroidism, weakened immunity, infection, insect bites, intestinal problems, itching, jaundice, pain in joints, Kaposi sarcoma, kidney problems, kidney stones, laryngitis, leprosy, leukemia, leukoderma, liver infection, lung embolism, lymph gland disorder, lupus, malaria, M.E., measles, metastasis, meningitis, menopause, menstruation problems, migraine, mitral valve problems, myopia, mononucleosis, moods, morning sickness, muscle pain, neuritis, muscular dystrophy, necrosis, nervous dermatitis, neurodermitis, nose blocked, obesity, osteoporosis, ovarian tumors, pancreatic tumors, paradontose, Parkinson's, paralysis, parasites, peptic ulcer, piles, pimples, pyorrhea, plague, pneumonia, polio, possession, prostrate disorders, prostrate tumors, psoriasis, rash, retinal hemorrhage, rheumatism, salmonella, scars, sciatica, scurvy, sexual potency {decreased}, shock, sickle cell anemia, sinusitis, skin disorders, smallpox, smoking addiction, snake bite, spasms, stomach problems, stomach ulcer, stress, sunburn, sweaty feet, swellings, syphilis, T-cell count {low}, tinnitus, sore throat, tongue disorder, toothache, trembling tuberculosis, typhoid, ulcer, urinating problems, vaginal problems, varicose veins, venereal diseases, vertigo, warts, worms, wounds.

Practitioners who swear by the therapy.

The Product of Your Own Metabolism

I came across a book for which I realize is one of the most read books on urine therapy of someone who truly had serious problems. She became a practitioner and had the most impressive good health return to her.

The book is entitled, "Your Own Perfect Medicine" by Martha Christy. She has an interesting story to tell.

Ms. Christy was very sick for a very long time. Pelvic inflammatory disease, ulcerative colitis, Chron's disease, chronic fatigue syndrome, Hashimoto's disease, mononucleosis.

She had severe kidney infections, two miscarriages, chronic cystitis, severe candida, endometriosis, adrenal insufficiency, serious chronic ear and sinus infections and food and chemical allergies.

She had every possible medical test, many surgeries, and a deluge of drugs.

Then she tried all forms of alternative therapy such as Homeopathy, herbs, mega-vitamins, juicing and liv-cell treatments in Mexico.

After traditional medicine failed to work, she and her husband spent more than \$100,000.00 trying to get her well with alternative approaches. Nothing worked.

her husband found and brought home a small book that told of how many people throughout the world had been cured of even the worst diseases with a seemingly strange and secretive natural therapy.

Soon afterwards, she began the therapy herself.

From the first day she began, she received almost instantaneous relief from her incurable constipation and fluid retention.

Within a week, her severe abdominal and pelvic pain vanished.

Her chronic cystitis and yeast infections (internal and external) soon disappeared.

Her food allergies, exhaustion, and digestive problems all began to heal.

In only a few months, her colds, flu, sore throats and viral symptoms disappeared.

**Her hair had fallen out in clumps after her fifth surgery now became thick and lustrous while her weight normalized, and her energy and strength came back.
After nearly 30 years of non-stop illness, Martha Christy was whole again.**

**What was the therapy and methods that she had discovered?
What was this therapy that can help seriously ill patients gain complete remissions from their afflictions? What was it that she actually did?**

Well, she orally, topically and medicinally re-consumed her own urine. You must understand and recompile what society has taught us and now realize that urine is not the substance we think it is.

In Christy's book she explains...

Urine is not, the excess water from food and liquids that goes through the intestines and is released from the body as "waste".

When you eat, the food is eventually broken down in the stomach and intestines into molecules.

The molecules are then absorbed into tiny tubules in the intestinal wall and finally passed through the tubes into the blood stream.

The blood circulation of your body carries these food molecules and other nutrients, along with critical immune defense and regulating elements, red and white blood cells, antibodies, plasma, microscopic proteins, hormones, enzymes, etc., which are all manufactured at different locations in the body.

The circulating blood then passes through the liver where toxins are removed and later excreted from the body in the form of solid waste.

Eventually, this now purified blood continues on to the kidneys.

Blood enters the kidneys and is filtered through a complex and intricate system of minute tubules called nephron through which the blood is literally "squeezed" at high pressure.

This filtering process removes excess amounts of water, salts and other elements in the blood that your body does not need at the time.

These excess elements are collected within the kidney in the form of a purified, sterile, watery solution called urine. Many of the constituents of this filtered watery solution, or urine, are then reabsorbed by the nephrons and delivered back into the bloodstream while the remainder of the urine passes out of the kidneys into the bladder & then excreted from the body.

The function of the kidneys is to keep the complexity of your blood balanced.

When your body doesn't have need for a specific vitamin, mineral and enzyme that you have taken through alternative measures, food product or you're body creating at a particular time, they are released through the bladder. They are released not because they are toxic, poisonous,

waste or bad for the body,
but simply because the body does not need those elements at the time.

Medical researchers have discovered that many of the elements of blood that are found in urine have enormous medicinal value. When reintroduced to the body, they boost the body's immune defenses and stimulate healing in a way that nothing can possibly do. Drugs included.

In 1975, one of the founders of Miles Laboratories, Dr. A. H. Free, published his book *Urinalysis in Clinical Laboratory Practice*. He remarked that not only is urine a sterile body compound (purer than distilled water), but that it is now recognized that urine contains literally thousands of compounds. Among the urine constituents mentioned in Dr. Free's writings is a list of nutrients that will start you to consider truly the possibilities of a whole pharmacy available at our call.

Here's a small list to consider.

Adrenaline, Alanine, Alpha-amylase, Albumin, lpha-amylase, Arabinose, Arginine, Ascorbic acid, Aldosterone, Allantoin, Amino acids, Beta-N-acetylglucosaminidase, Bicarbonate, Billrebin, Biopterin, Biotin, Vitamin B6, Vitamin B12, Vitamin C, Calcium, Carnosine, Carnitine, Cathecholamin, Chloride, Copper, Corticosteroides, Corticosterone, Corticotropin, Cortisone, Creatinine, Cystine, DHEA, Dopamine, Epinephrine, Estrogen, Folic acid, Fructose, Fucosylglucose, Gamma-glutamyltransferase, Glucose, Glutamic acid, Glycine, Gonadotropin, Haptoglobin, Histidine, Inositol, IgA, IgM, IgG, Iodine, Iron, Lactatdehydrogenase, Lactogenia hormones, Lactose, Leucine, Lysine, Lysozyme, Magnesium, Manganese, Melatonin, Methionine, Nicotinic Acid, Nitrogen, Ornithane, Oxytoxin, Thyroxine, Pantothenic acid, Phenylalaline, Phosphorus, Potassium, Progesterone, Prolactin, Protease, Proteins, Rafinninose, Riboflavin B2, Ribonase, Saccharose, Serine, Sulfur, Selenium, Testosterone, Thiamine B1, Transfurerrin, Tryptophan, Tyrosine, Urea, Urokinase, Uropepsinnogen, Vasopressin, Vitamin B6, Vitamin B12, Xylose, Zinc/
And others as each Human makeup is personal.

If you have been told that by taking those vitamins, minerals and alternative care products have the most expensive urine, they may have been right .

Now however, if you become a urine therapy practitioner, you will reuse and get every dollars worth.

It wont go down the toilet and you will get 100% of every mg. taken and never get sick, from colds to incurable disease. I knew I could save you the cost of this course right for the get-go.

News reports have been told of individuals who have both lived and died by being trapped in places without food and water for days. Those that survived have survived because they drank their own urine, those that perished did not.

Those that died could not overcome societies educational thoughts that urine is a waste product of the body. It's dirty. It's unclean. It smells and has ammonia that would be toxic to the system. It's not. It's only a substance the body releases that contains wholesome, clean, sterile elements not needed at the time of release.

Despite what you may have been led to believe about urine, pharmaceutical companies have grossed billions of dollars from the sale of drugs made from urine constituents as eye remedies, cosmetics, and heart regulators.

Research is ongoing in labs worldwide attempting to isolate specific elements of urine so they can create new drugs and patent those substances.

Examples...

Pergonal is a fertility drug made from human urine. In early 1990s, yearly sales of this drug reportedly grossed the drug companies at \$855 million while it costs a patient \$1400 a month to consume

Urokinase, a urine ingredient, collected free to those who collect urine through 10,000 U.S. port-a-johns. Then it is used in drug form and sold as a miracle blood clot dissolver for unblocking coronary arteries.

Premarin, sold to women mostly for hormone therapy is 100% pregnant mares urine. { See writeup on Premarin farms in this course }.

There are hundreds of horse farms in Canada and the USA that raise pregnant Mares for their urine and when the foal is born it is auctioned and normally sold for meat {very tender} to Japan. Big bucks.

Read section on Premarin in later chapter.

Urea, medically proven to be one of the best moisturizers in the world, is packaged in expensive creams and lotions.

Delete the M in Murine eye drops and Bingo, you have urine. It's made from carbamide – another name for synthetic urea.

Urine is a powerful healer and to get some understanding of how urine can be such a powerful healing substance by itself, let's take a look at how urine therapy has been known to completely eliminate allergies.

Researchers have discovered that allergic responses are caused by "renegade" white blood cells that inappropriately attack substances even when they may be no threat to the body. So it is the activity of these renegade white blood cells, called antigen receptors that needs to be corrected in order to cure the allergy.

In 1982, studies published by Dr. William Linscott (in *Basic and Clinical Immunology*) showed that when these antigen receptors (or renegade white blood cells) are reintroduced into the body, the body actually developed antibodies to these antigen receptors, and the antibodies then stopped the allergic response.

Realizing that the urine of allergic individuals contains the allergy causing antigen receptors, researchers thought that to re-introduce the urine back to the allergic individual would mean antibodies would be produced which would then stop the allergic response. That in fact is exactly what happens. Allergies have been completely turned around with urine therapy.

Using urine in this way to cure the allergy, is one form of isopathic treatment. You're using the same substance that is causing the allergy, to be reintroduced to the body making the body manufacture its own antibody. If you understand this point, you may be able to see the ability of this therapy to be used in just about any illness the body may experience.

Now let's take the idea of urine therapy and expand it to a biological framework. Urine therapy has been able to cure seemingly incurable disease states. Why ?

Could it be the colloids in your blood that are the protits and somatids, are very small particles. So small as to be unfilterable by something as the kidneys. Though researchers may not have been looking, it is probable that one of the constituents of urine are these colloid particles that naturally just get passed through the kidneys out of the blood. When one consumes their own urine through the process of urine therapy, they are receiving a dose of these pure colloids. These biologically proceed to support the immune function, and possibly lead to taking the pathogenic microbes in the blood down to apathogenic states.

In this way, urine truly becomes the body's own perfect medicine.

DO NOT REFUSE THIS THERAPY IF YOU WANT HEALTH.

Don't take this therapy lightly.

Multiple sclerosis, heart conditions, cataracts, colitis, aids, lupus, rheumatoid arthritis, cancer, hepatitis, hyperactivity, pancreatic insufficiency, psoriasis, eczema, diabetes, herpes, mononucleosis, adrenal failure, allergies and so many other ailments have been relieved through use of this therapy.

After you overcome your negative response to becoming a practitioner, you will realize that something big is going on, and if you are searching for health, this is an area to investigate seriously for this is where it is.

There are numerous reports and double blind studies which go back to the turn of the century supporting the efficacy of using urine for health.

The medical research done to date on urine indicates that it is completely sterile. It only becomes contaminated once leaving the body.

Urine is a by-product of blood filtration, not waste filtration.

Urine contains compounds that are specific to each individual personally.

It is antibacterial, antifungal, antiviral, antineoplastic (anticancer), anticonvulsive, and antispasmodic. It is totally non-toxic.

With research that could fill volumes, you may be wondering why you haven't heard of this before.

Well, urine is abundant (everyone supply is unlimited), it's free, it can't be controlled by the FDA and the AMA. Understood. Ka Ching.

How do we become a practitioner ?

1}. Use your own urine in a homeopathic fashion.

First, collect midstream urine in a clean cup or container.

Do not use plastic.

Glass, china, porcelain, bone, gourd, silver or gold is favorable.

This should be a clean catch, meaning the genital area (important for women in particular) has been cleaned beforehand.

To 1/6 ounce of distilled water in sterile bottle, add 2 drops of fresh urine. Cap and shake 40 / 50 times. Take one drop of this mix and add to another 1/6 ounce of distilled water and shake 40 / 50 times.

Then one drop of mix & add to 1/6 oz. of 86 proof vodka as a preservative.

Place a few drops under the tongue hourly until there is an improvement or exacerbation of symptoms. As improvement progresses, lengthen the interval between treatments.

After 3 days, suspend treatment to avoid pushing the immune system. Treatment is resumed if progress remains static or relapse occurs.

2}. Use fresh urine drops direct.

For some cases, sub-lingual drops work well.

(Should always use fresh urine immediately upon collection.

You should not boil or dilute the urine in any way for internal use.

For external use you may boil off 75% of liquid leaving 25% Concentrated for massaging only.

Start by taking 1-5 drops of morning urine on the first day.

On the second day, take 5-10 drops in the morning.

On the third day, take 10-15 drops in the morning, and the same amounts in the evening before you go to bed.

Once you feel accustomed to the therapy, gradually increase the amount as needed for obtaining results for your condition. Build up to being capable to drink direct from glass after expelling.

Build up to being capable to drink direct from glass after expelling. You will learn to adjust the amount you need by observing your reactions. You may find that you'll work up to drinking an ounce or two at a time. Later after a while you will be a full time practitioner and consume as natural as your everyday consumption of water.

You will find that once you become a practitioner, every drop of liquid or every ounce of food consumed will be a different taste within minutes. It is my belief that your intake of foods and liquids will change to the better for your health quickly.

What other Doctors are saying.

Dr. David G. Williams, *Alternative Newsletter, August, 1994:*

"Several months ago I watched the movie Alive.

It's the true story of a South American soccer team whose airplane crashed in snow-capped mountains in the dead of winter. The team was stranded for a couple months and survived only by eating the flesh of those who had died either during the crash or later from injuries. A portion of the movie focused on two individuals whose initial wounds progressed into serious infections.

Knowing no way to treat these two, the survivors could only attempt to comfort them. Eventually the infection led to death. Watching the intense suffering of these people made me wonder if there was more that could have been done to save them. I now feel it's very possible that these two people, and thousands of others around the world would still be alive if they had been aware of the therapeutic effects of urine.

With urine therapy, you get all the benefits of urea plus the additional antibodies, vitamins, minerals, amino acids, hormones and more."

Dr. William Hitt, Clinica Hitt, Mexico

January, 1995

"Experience has shown that intramuscular injections of urine are the best methods for handling a myriad of immunological illnesses including psoriasis, basal cell carcinoma, asthma and many other disorders."

Reuter Report

August 14, 1990

"Four Sri Lankan commandos who drifted in a boat more than 1,000 miles to Thailand after they had been ambushed and given up for dead were given a rapturous welcome when they returned home. 'They managed to survive on the boat by catching turtles and drinking urine,' a military officer said.

Kyodo News Service, Tokyo

July 30, 1990

"A male cook was pulled out of the rubble of the Hyatt Hotel early Monday morning, 14 days after a powerful earthquake devastated the northern Philippines, officials said. Dry, with only minor bruises on his body, he told reporters he survived by drinking his own urine."

At a time when new viruses and bacteria are outwitting even the best efforts of space-age medicine, and increasingly frequent natural disasters put basic necessities out of reach, the facts about the one medical and survival tool that the FDA can't regulate and that's always there when you need it most, may well become the greatest survival lesson any of us will ever learn.

Soeda, University of Tokyo, 1968).

These remarkable findings were published in medical journals --

but did you ever hear about them?

What about the immunologist who, after extensive clinical and laboratory research stated: "It was rapidly appreciated that undiluted urine administered orally was therapeutically effective for Immune Therapy and was initiated when it became obvious that an allergic condition had become uncontrollable." (Dr. C.W. Wilson, 1983, Law Hospital, Scotland). Or the Harvard medical researchers who discovered that active "antibodies to cholera, typhoid, diphtheria, pneumonia, polio, leptospira and salmonella

have been found in the unconcentrated urine of infected individuals." (Lerner, Remington & Finland, Harvard Medical School, 1962). What about the Scandinavian researcher who, in 1951, conclusively proved that human urine can completely destroy tuberculosis? It's a deadly disease, and is now resistant to antibiotics. Isn't it time someone told us that our own urine is medically proven to be anti-tubercule?

Then there's the research into wounds and burns using urea (the primary solid component of urine). As only one research study among many reported: "In America, urea has been used for the treatment of various infected wounds and it has been found to be extremely efficient...even the deepest wound can be treated effectively.... Urea treatment has been successful where other treatments have failed. For external staph infections we found urea preferable to any other dressing...there are no contra-indications to its use." (Dr. L. Muldavis, 1938, Royal Free Hospital, London).

Clearing Up the Misconceptions

If you asked a person on the street what uric acid is, he or she would invariably answer that it's a toxic body waste. No so, say medical researchers at the University of California at Berkeley who in 1982 reported they had discovered that "uric acid destroys body-damaging, cancer-causing free radicals and is considered to be one of the physiological factors that enable human beings to live so much longer than other mammals."

But what about urea? Urea is in urine and isn't that the toxic stuff that causes uremic poisoning? Actually, medical researchers discovered many decades ago that urea, far from being a toxic body waste, is an incredibly versatile, far-reaching and effective medicinal agent. In numerous medical studies, it was shown that urea is one of the most potent non-toxic virucidal agents ever discovered. In one particular study, the rabies and polio virus [sic] were killed so quickly and efficiently by concentrated urea, that even the laconic researchers themselves were surprised: "Urea is such a relatively inactive substance and certainly not a protoplasmic poison such as are most virucidal agents, that it is in a way surprising that rabies and poliomyelitis are killed so easily by urea solutions"

(McKay & Schroeder, Society of Experimental Biology, 1936).

In reality, Urea is an FDA-approved medicinal agent that doctors and researchers utilize in an amazing variety of therapeutic modalities.

Because of its remarkable and comprehensive anti-neoplastic (anti-tumor) properties, it's presently being used in anti-cancer drugs and is extensively studied for use in cancer treatments.

Human Intrinsic-Systemic Therapy

Scientific Hypothesis



Urine Therapy Before Birth

The urea compound drug, glicazide, is used successfully by the medical establishment in treating both insulin-dependent and non-insulin-dependent diabetics.

As a natural diuretic, urea is unparalleled, and is a proven and accepted treatment in cases of edema or swelling such as excess cerebral and spinal pressure, glaucoma, epilepsy, meningitis, even premenstrual edema and many other disorders in which excess fluid is a problem.

As one American neurosurgeon reported regarding a patient who nearly died from complications following brain surgery:

"Urea was administered intravenously as an emergency measure. Within 20 minutes from the start of injection, her blood pressure had returned to normal....from this time on her recovery was uneventful.

In this case, urea was definitely life-saving, because prior to its administration, the patient's survival was unlikely. In many similar instances urea was found to be life-saving"

{Dr. M. Javid, University of Wisconsin}

{ 4 }

Scientific Hypothesis

1. Re-absorption and re-use of nutrients.

This hypothesis is based on the idea that urine can cure illnesses because it contains minerals, vitamins and other nutrients that are essential for one's health. Actually, we obtain these substances in sufficient quantities from the food we eat, assuming that we follow a healthy, well-balanced diet. By drinking or massaging with urine, we possibly re-use and re-absorb a number of vitamins, amino acids, salts, hormones, etc. as nutrients. Though, this can be especially important during illness, when diseased body tissue enters the blood and must therefore be excreted. The filtering process in the kidneys should break down this tissue to its original materials, after which it can be re-used by the body to build up new tissue.

2. Re-absorption of hormones.

The basis for this hypothesis is that we can re-introduce these into the body by drinking or massaging with urine.

Certain hormones have a very specific effect during a healing process.

For example, corticosteroids secreted by the adrenal cortex inhibit infections and have a positive effect in the treatment of allergies such as asthma and hay fever, skin disorders such as eczema and psoriasis, and inflammatory illnesses such as rheumatism.

Re-absorption can be a means for the body to generally conserve energy: re-ingestion of hormones gives the body the chance to re-use at least a number of these, so that it is not necessary to expend energy on manufacturing new hormones.

Since proteins are harmed by the acids, pepsins and enzymes in the digestive tract, the hormones re-absorbed into the body if one drinks urine will mainly be the small ones which are not proteins (protein-complexes).

The sex hormones, adrenal gland hormones and thyroid hormones will almost certainly be re-absorbed, the effects of which need to be more closely researched. The external application of urine to the skin allows hormones to be re-absorbed by the body without being destroyed. Massaging with urine is therefore an important complementary component of urine therapy, as urine is directly absorbed into the tissue.

Enemas are also a good way to prevent destruction of certain hormones by gastric juices, which is why this method often helps cure allergic disorders better than when urine is orally ingested.

The same applies for urine injections.

3. Re-absorption of enzymes.

Urine contains many enzymes, which might explain why urine therapy is effective against arteriosclerosis, heart attack, pulmonary embolism, etc. Based on research conducted on the enzyme Urokinase, positive results can be expected from the effects of enzymes in urine as a 'total entity'. Urokinase causes vasodilation and resembles nitroglycerine in its ability to strengthen the bloodstream from the coronary artery to the cardiac muscle. Urokinase is extracted from urine and brought on the market as medicine on a large scale. Other enzymes are probably active in urine, but more specific information is not yet available.

4. Re-absorption of urea.

Scientists estimate that 25% of the urea in an adult finds its way into the intestines, where it is decomposed into ammonia by intestinal bacteria. Some of this ammonia ends up in the liver, where part of it is converted into urea, and another part is converted into glutamine, an extremely useful amino acid. According with a report presented by John Wynhausen at the First All India Conference on Urine Therapy, it is quite possible that urea is indeed converted into glutamine by ammonia.

Research demonstrates the vital importance of glutamine in the maintenance and construction of specialised tissue, such as in the brain, the small intestine and in the growth and activity of the mucous membrane of the intestinal canal.

Glutamine has a healing effect on ulcers and wounds in the intestinal canal. The most important function of glutamine, however, is its ability to strengthen the immune system,

and could be an important key in explaining why urine therapy is such a successful method of treatment.

Another noteworthy application of urea can be found in the treatment of cancer by Professor Dr. Danopoulos. He experimented with injecting urea mixed with a saline solution in and around skin cancer and as a treatment for breast cancer. He also conducted research on drinking urea dissolved in water in order to fight liver cancer, and reported positive results.

Danopoulos then began combining urea with creatine hydrate, another component of urine, and in this way successfully treated other kinds of cancer.

5. Immunological effect.

Clearly urine is not toxic, although some toxic substances might be present in urine in small amounts, especially if one is ill.

This small amount of toxic substances possibly contributes to the effectiveness of urine therapy.

If toxic substances enter the body, the body's defence mechanisms are called into action.

A similar process takes place when a person is vaccinated.

This stimulates the immune system to manufacture antibodies (and thus defend the body),

and could be called a homoeopathic or isopathic effect.

Doctor Abele suggests that the presence of antigens and antibodies in urine strengthens the immune system when urine is re-introduced into the body. The re-introduction of small amounts of bacteria or parasites found in urine may stimulate the production of IgE. IgA

(a virus inhibiting substance that prevents micro-organisms from becoming embedded in the mucous) also plays a role here.

IgA is found in mucous and in excretion products, and therefore also in urine. Urine therapy increases the production of IgA, which possibly explains why this therapy has a positive effect on infections of the urinary passages and the kidneys while other treatments offer little relief.

6. Bactericidal and virucidal.

Although it is not yet entirely clear why urine has a germicidal and antiseptic effect, it is known that urea plays an important role here.

Ammonia and salt also have a similar purifying effect. Besides killing bacteria, urine also inhibits or destroys various viruses and fungi.

Scientific research has demonstrated that both urea and ammonia have a powerful anti-viral effect. Applying urine to a fresh cut or scrape prevents infection and keeps flies away (important in countries with a warm climate).

Urine compresses from fresh or old urine help to combat infections and often cause them to disappear. Although urine does not entirely prevent

the growth of bacteria in the urethra (infections often arise), it clearly has a powerful antiseptic effect when externally applied. Herz also successfully treated infections of the urinary passages with urine therapy. The positive results can be traced back to the stimulating effect of the re-ingested urine on the immune system. As discussed above, in such a case, IgA is produced in greater quantities.

7. Salt therapy.

Drinking salt water serves as an important therapeutic remedy during certain (fasting) cures.

Salt water is also frequently applied in yoga to clean the body thoroughly from within and it relieves such illnesses as asthma, stomach ulcer, indigestion and constipation.

Drinking urine, which is also a salt substance, has the same effect. This could be an important reason for its success as a therapeutic remedy. Salt solutions remove old mucous embedded in the mucous membranes. If one drinks a salt liquid, part of the salt goes into the body, where it dissolves the surplus of mucous in the lungs and in other organs.

According to this theory, drinking urine, like drinking salt water, accelerates the metabolism. It removes a surplus of sugar from the blood and draws out toxic substances from cells.

In this way, urine therapy is a good cleansing technique. According to urine therapists, urine has an extra advantage above salt water because urine contains a small amount of natural cortisone.

This brings us back to the possible hormonal effects of urine. Using urine instead of salt is also more effective because urea and ammonia are organic solvents: they dissolve fats and other natural bodily secretions. These substances probably ensure that the mucous membranes and body cells are powerfully affected.

Dabbing with salt water usually helps clean wounds; urine has the same effect. Urine is more effective than salt water because it contains healing substances such as allantoin.

8. Diuretic effect.

According to this theory, urine therapy ensures that the kidneys work more quickly and that the body is stimulated to produce more urine.

Metabolic products composed of proteins such as urea, nitrogen and ammonia are excreted out of the body via the urine as soon as there is a surplus in the body. Drinking urine causes more of these substances to enter the body than normal. The body reacts to this by washing them away with water and other substances. By ingesting urine, one stimulates the

body not only to excrete part of these metabolic products at an accelerated rate, but also to convert another part into useful substances.

A previously mentioned example of this is urea, which is converted through ammonia into glutamine.

Another consequence might be that substances which should normally leave the body with the urine, but have got stuck somewhere, now do so due to the accelerated flow.

For example, in the case of gout, the body disposes of urinary acid embedded in the joints. The effects of flowing and cleansing are particularly noticeable while one is fasting.

The first time one urinates while fasting, the urine is often thick and tastes strong, especially if one has a fever or is otherwise sick.

However, after drinking this initial amount, the second flow of urine is thinner, even if one has not drunk extra water.

The re-use of urine, without ingesting extra liquid, yields a large amount of clear and not unpleasant tasting urine in a short period of time.

According to this hypothesis, this ultimately results in stimulated and cleansed kidneys, and a purified bloodstream.

At the same time, the intestines, skin and exhalation process probably entirely take over the role of secreting the unusable metabolic products.

9. Transmutation theory.

Most of the former hypotheses will also be valid from a strictly mechanistic point of view. The transmutation theory, though, needs a new, wholistic paradigm which is based more on the dynamics of energies. The medical doctor and urine therapist Abele cautiously discusses the possible effect of urine as holographic feedback.

The theory of transmutation implies that the body is capable, through energetic exchange within the body itself, to transmute certain substances or molecules into other ones.

'Short-circuiting' the system by ingesting one's own secreted body fluids might stimulate the transmutational forces within and challenge the body to transform unusable substances into usable ones without being constantly disturbed by new external input.

This would specifically apply to fasting on urine.

Another important aspect is the theory of structured water.

It is scientifically proven how water in biological systems becomes more organized.

Water also becomes more organized through exposure to sunlight and through close contact with crystals.

The body is both a receptor of sunlight and it contains a high amount of solid and liquid crystalline-like substances.

Also body fluids themselves form fluid crystals.

Urine is thus a crystalline-like substance containing a high amount of structured water. This structured water, when taken in again,

promotes better enzymatic functioning and it has a higher solubility for minerals. The vibratory patterns of the body, both in the bones (solid crystals) and in the tissues and fluids (liquid crystals), play an important role in the process of transmutation

10. Psychological effect.

Scientists claim that the highest acceptable placebo effect is 30%. However, a much higher percentage of people actually achieves positive results with urine therapy, which is remarkable since many people are often initially skeptical because of their aversion to urine, and apply urine therapy as a last resort.

The shock initially brought on by drinking urine might fundamentally challenge previously accepted ideas, as a result of which repressed energy is released that can be applied to strengthen the body and fight an illness.

Confronting and conquering reluctance play an important role in this theory. Applying your own bodily substances in an attempt to heal can lead to a considerably broadened outlook on the intelligence and power of the body, and can increase your appreciation and love for yourself as a physical and spiritual being. Instead of regarding excretions (really just a part of yourself) as enemies, you regard them as your helpers.

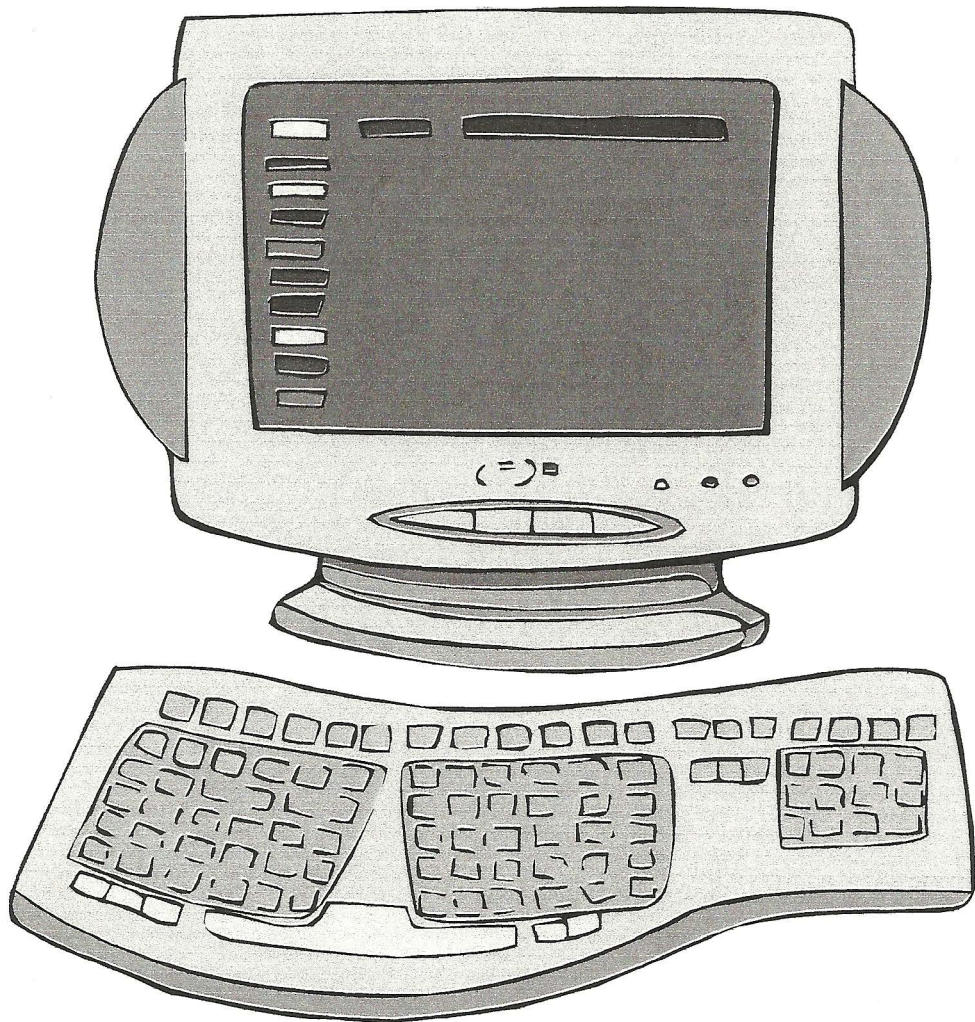
This healthier way of seeing yourself might well have a powerful healing effect on your body. If the results are experienced as positive, Applying your own urine as medication means that you have more physical and mental freedom than previously believed, which can also have a healing effect on a deep level.

Urine therapy confronts us with a very concrete 'healer within' which works both on a mechanistic and on an energetic level.

The latter implies that urine, as a holographic substance, can affect all levels of being, from the physical, through the electromagnetical fields of the emotions and the mind, up to the subtler genetic vibrational information of the soul.

Urine Therapy

Web Site of Martha Christy



Your Own Perfect Medicine

by Martha Christy

**You may think that when it comes to alternative health therapies –
you've heard it all.**

**But there is *one* natural therapy you've probably never heard of - even
though it's one of the most powerful, most researched and most medically
proven natural cures ever discovered.**

**No matter how hard it may be for you to stomach, the fact is that knowing
the truth about this incredible natural substance will be one of the most
crucial health facts you'll ever learn. And one of the most remarkable things
about this incomparable natural therapy is that the medical community has
already been aware of its astounding efficacy for decades, and yet none of us
has ever been told about it. Why? Maybe they think it's too controversial. Or
maybe, more accurately, there wasn't any monetary reward for telling people
what scientists know about one of the most extraordinary natural healing
elements in the world.**

**But no matter why the medical establishment has chosen to keep his
invaluable information a secret, it's time that every man, woman and child be
told about the only health tool in the world that is always available to
everyone and never out of reach - physically or financially. So I want you to
sit back, open your mind and get ready to hear the incredible medical facts
about human urine - the facts that will change your life.**

What You Don't Know *Can* Hurt You

**Every one of us has a right to know that our bodies produce an invaluable
source of nourishment and healing that we can utilize to heal ourselves and
to maintain our lives and our health in both everyday circumstances and in
emergencies and life-threatening situations.**

**Two news articles from the past that recently came across my desk vividly
illustrate the absolutely tragic consequences of the public's lack of
information and our completely unfounded misconceptions regarding our
bodies' own perfect medicine:**

Tom Brokaw, NBC Nightly News, October 16, 1992

"In Egypt, rescue workers found a 37-year-old man alive in earthquake rubble. He survived almost 82 hours by drinking his own urine. His wife, daughter and mother would not and they died."

Associated Press, July, 1985:

I don't think there's any question that these women and the child would not have died had they simply been aware of the truth that not only would their own urine not harm them, but would, in fact, have provided a power-packed combination of liquid nutrients and critical immune factors that would have sustained them in good health until help arrived.

The Medical Proof

For almost the entire course of the 20th century, unknown to the public, doctors and medical researchers have been proving in both laboratory and clinical testing that our own urine is an enormous source of vital nutrients, vitamins, hormones, enzymes and critical antibodies that cannot be duplicated or derived from any other source. *They* use urine for healing cancer, heart disease, allergies, auto-immune diseases, diabetes, asthma, infertility, infections, wounds and on and on -- yet *we're* taught that urine is a toxic waste product. This discrepancy between the medical truth and the public information regarding urine is ludicrous and, as the news releases you've just read demonstrate, can mean the difference between life and death to you and to your loved ones.

When I contracted a crippling, incurable disease early in life, I used every available conventional medical and alternative healing method over the course of many years without success. When an acquaintance suggested I try "urine therapy" I thought she'd lost her mind, but with no options left, I swallowed my prejudice and decided to give it a go. To my own (and everyone else's) amazement, my healing was so rapid and so profound with urine therapy that no question remained in my mind that someone in the medical community had to know more than they were telling about this incredible body substance. And as a matter of fact, they did know more - a lot more.

After many months of haunting university libraries, scanning countless microfiche files and poring over piles of medical journals, I had amassed a small mountain of astounding research studies, findings and files on the use of urine in medicine and healing, I discovered, among numerous other things, that urine, far from being a toxic body waste, was actually a purified derivative of the blood made by the kidneys which contains, not body wastes, but rather an incredible array of critically important nutrients, enzymes, hormones, natural antibodies and immune defense agents.

At the end of it all, as I sat tiredly in my chair eyeing the stacks of research papers covering my desk, I realized that the medical community had pulled off one of the biggest hoodwinks in history. Take for instance the doctor who reported that "urine acts as an excellent and safe natural vaccine and has been shown to cure a wide variety of disorders including hepatitis, whooping-cough, asthma, hay fever, hives, migraines, intestinal dysfunctions, etc. It is completely safe and causes no side effects." (J. Plesch, M.D., *The Medical Press*, 1947); or the oncologist who reported that "a patient with intractable ovarian cancer was treated with Human Urine Derivative and is now completely well and enjoying the rest of her life." (Dr. M. Soeda, University of Tokyo, 1968). These remarkable findings were published in medical journals - but did you ever hear about them?

And what about the immunologist who, after extensive clinical and laboratory research stated: "It was rapidly appreciated that undiluted urine administered orally was therapeutically effective for Immune Therapy and was initiated when it became obvious that an allergic condition had become uncontrollable." (Dr. C.W. Wilson, 1983, Law Hospital, Scotland). Or the Harvard medical researchers who discovered that active "antibodies to cholera, typhoid, diphtheria, pneumonia, polio, leptospira and salmonella have been found in the unconcentrated urine of infected individuals." (Lerner, Remington & Finland, Harvard Medical School, 1962).

What about the Scandinavian researcher who, in 1951, conclusively proved that human urine can completely destroy tuberculosis? It's a deadly disease, and is now resistant to antibiotics. Isn't it time someone told us that our own urine is medically proven to be anti-tubercule?

Then there's the research into wounds and burns using urea (the primary solid component of urine).

As only one research study among many reported:

"In America, urea has been used for the treatment of various infected wounds and it has been found to be extremely efficient... even the deepest wound can be treated effectively....

Urea treatment has been successful where other treatments have failed.

For external staph infections we found urea preferable to any other dressing...there are no contra-indications to its use." (Dr. L. Muldavis, 1938, Royal Free Hospital, London).

Now these medical reports are only a few of the more than 50 research studies I compiled and published in the book *Your Own Perfect Medicine*, but they certainly give an indication of the importance of what we've *never been told* about urine by the medical community.

As far back as 1954, the *Journal of the American Medical Association* (July issue) reported that "More scientific papers have probably been published on urine than on any other organic compound."

**Another publication revealed that "more than 1,000 technical and scientific papers, related only to low molecular weight substances in urine, appeared in medical and scientific literature in one single year."
All this fuss about a substance that we're told is a body waste?**

I think one of the most interesting pieces of information on urine I came across was the fact that the amniotic fluid that surrounds human infants in the womb is primarily urine. Actually, the infant "breathes in" urine-filled amniotic fluid continually, and without this fluid, the lungs don't develop. Doctors also believe that the softness of baby skin and the ability of in-utero infants to heal quickly without scarring after pre-birth surgery is due to the therapeutic properties of the urine-filled amniotic fluid.

Reports on the extraordinary external benefits of urine abound as well. Medical studies relate remarkable cases of stubborn or "incurable" chronic, severe eczema that miraculously disappear with urine therapy. Because urine is both anti-viral and anti-bacterial, it's ideal for treating cuts, wounds and abrasions of all kinds. Acne, rashes, athlete's foot and fungal skin problems respond dramatically to urine soaks and compresses as well.

(You'll find complete instructions for using urine therapy internally and externally in *Your Own Perfect Medicine*.)

For home use or emergency treatment care for wounds, poisonous bites or stings, and even broken bones, urine is an incomparable, proven natural healing agent that provides instantaneous therapeutic benefits under any circumstances.

**For years, people have said to me, "Well, I have heard of people surviving by ingesting their own urine, but I thought it was just a myth." Myth it isn't. Medical fact it is. As Dr. John R. Herman remarked in his article which appeared in the *New York State Journal of Medicine* in June, 1980:
*"Auto-uropathy (urine therapy) did flourish in many parts of the world and continues to flourish today....there is unknown to most of us, a wide usage of uropathy and a great volume of knowledge available showing the multitudinous advantages of this modality. Actually, the listed constituents of human urine can be carefully checked and no items not found in human diet are found in it. Percentages differ, but urinary constituents are valuable to human metabolism."***

Your Body's Own Super-Nutrition Therapy

In 1975, one of the founders of Miles Laboratories, Dr. A.H. Free, published his book *Urinalysis in Clinical Laboratory Practice*, in which he remarked that not only is urine a sterile body compound (purer than distilled water), but that "it is now recognized that urine contains thousands of compounds, and as new, more sensitive analytical tools evolve, it is quite certain that new constituents of urine will be recognized."

Among the urine constituents mentioned in Dr. Free's revealing treatise is a list of nutrients that will knock your socks off. As Dr. Free comments, the ingredients listed below are only a few critical nutrients found in urine:

Alanine, total 38 mg/day
Arginine, total 32 mg/day
Ascorbic acid 30 mg/day
Allantoin 12 mg/day
Amino acids, total 2.1 g/day
Bicarbonate 140 mg/day
Biotin 35 mg/day
Calcium 23 mg/day
Creatinine 1.4 mg/day
Cystine 120 mg/day
Dopamine 0.40 mg/day
Epinephrine 0.01 mg/day
Folic acid 4 mg/day
Glucose 100 mg/day
Glutamic acid 308 mg/day
Glycine 455 mg/day
Inositol 14 mg/day
Iodine 0.25 mg/day
Iron 0.5 mg/day
Lysine, total 56 mg/day
Magnesium 100 mg/day
Manganese 0.5 mg/day
Methionine, total 10 mg/day
Nitrogen, total 15 g/day
Ornithine 10 mg/day
Pantothenic acid 3 mg/day
Phenylalanine 21 mg/day
Phosphorus, organic 9 mg/day

Potassium 2.5 mg/day
Proteins, total 5 mg/day
Riboflavin 0.9 mg/day
Tryptophan, total 28 mg/day
Tyrosine, total 50 mg/day
Urea 24.5 mg/day
Vitamin B6 100 mg/day
Vitamin B12 0.03 mg/day
Zinc 1.4 mg/day

As you read over this extraordinary list of nutritional elements, you can begin to understand why the stories you may have heard of people surviving on their own urine are true.

But what about other elements in urine that you've heard about?

Clearing Up the Misconceptions

If you asked a person on the street what uric acid is, he or she would invariably answer that it's a toxic body waste. No so, say medical researchers at the University of California at Berkeley who in 1982 reported they had discovered that "uric acid destroys body-damaging, cancer-causing free radicals and is considered to be one of the physiological factors that enable human beings to live so much longer than other mammals."

But what about urea? Urea is in urine and isn't that the toxic stuff that causes uremic poisoning? Actually, medical researchers discovered many decades ago that urea, far from being a toxic body waste, is an incredibly versatile, far-reaching and effective medicinal agent.

In numerous medical studies, it was shown that urea is one of the most potent non-toxic virucidal agents ever discovered. In one particular study, the rabies and polio virus [sic] were killed so quickly and efficiently by concentrated urea, that even the laconic researchers themselves were surprised:

"Urea is such a relatively inactive substance and certainly not a protoplasmic poison such as are most virucidal agents, that it is in a way surprising that rabies and poliomyelitis are killed so easily by urea solutions" (McKay & Schroeder, Society of Experimental Biology, 1936).

In reality, Urea is an FDA-approved medicinal agent that doctors and researchers utilize in an amazing variety of therapeutic modalities. Because of its remarkable and comprehensive anti-neoplastic (anti-tumor) properties, it's presently being used in anti-cancer drugs and is extensively studied for use in cancer treatments.

The urea compound drug, glicazide, is used successfully by the medical establishment in treating both insulin-dependent and non-insulin-dependent diabetics.

As a natural diuretic, urea is unparalleled, and is a proven and accepted treatment in cases of edema or swelling such as excess cerebral and spinal pressure, glaucoma, epilepsy, meningitis, even premenstrual edema and many other disorders in which excess fluid is a problem.
As one American neurosurgeon reported regarding a patient who nearly died from complications following brain surgery:

"Urea was administered intravenously as an emergency measure. Within 20 minutes from the start of injection, her blood pressure had returned to normal...from this time on her recovery was uneventful. In this case, urea was definitely life-saving, because prior to its administration, the patient's survival was unlikely. In many similar instances urea was found to be life-saving" (Dr. M. Javid, University of Wisconsin).

The Physiological Answer to a Therapeutic Mystery

The medical findings on urine and urine constituents are overwhelming, and yet it's difficult for most people to understand why our bodies excrete elements that are so obviously valuable to human health and well-being.

The commonly-asked question,

"If your urine is so good for you, why does your body excrete it?" is best answered by looking into how our kidneys function. As your blood moves through the circulatory system, it flows through the kidneys at a rate of about 1200 ml of blood per minute. Inside the kidneys, the blood is continuously filtered through a huge system of minute tubules called nephron which sift out excess water, vitamins, minerals, enzymes, salts, and hundreds of other elements including vital antibodies, urea and uric acid.

A large portion of these key physiological elements are reabsorbed into the bloodstream, but a certain amount of critical blood constituents are pooled by the kidney into a liquid which doctors refer to as a "plasma ultrafiltrate" (we call it urine). Much of this sterile, nutrient filled ultrafiltrate, or urine, is reabsorbed and some remains in the kidney for a period of time and is eventually released into a tube called the urethra which empties the urine into the bladder where it is finally excreted. Now you're probably wondering why the body excretes valuable nutrients, water, hormones, enzymes, etc. that are critical to body functioning. Doesn't it make more sense to retain these elements? If urine is a collection of such life-sustaining elements, why does the body get rid of it?

The answer is that the kidneys excrete a portion of urine as a way of removing certain key elements in your blood that are simply not needed at a *specific point in time*. For instance, you've just been out jogging. You come home and have one or two big glasses of water to drink.

Now at this point you've probably taken in more water than your body actually needs. But not to worry -- your kidneys will balance the amount of water delivered into your bloodstream by your copious water drinking and through the urine will excrete whatever amount of water from the blood that isn't needed at the time.

Now water is certainly a life-sustaining element the body cannot do without.

So why is it excreted from the body? The answer is obvious.

There's too much water in your system and it needs to be excreted.

It's a physiological fact that in order for us to function normally, the amounts or concentrations of every element in our blood must be carefully and strictly controlled and this is done by the kidneys. Too much water in the blood is fatal. Too much salt in the blood is deadly. As wonderful a nutrient as vitamin C is, too high a concentration of it or any nutrient could kill you.

This is why the kidneys excrete valuable elements from the body -- too much of any good thing isn't good for your health.

The same is true of urea. People who have heard of uremic poisoning are surprised when they read the medical research showing urea to be a widely-used, FDA-approved medicine. But just like any other element in the blood, urea only becomes dangerous to the body when the kidneys are damaged or diseased and can't properly balance the amount of urea (and all other substances) in the bloodstream.

Your kidneys aren't doing damage to your body by getting rid of particular excess nutrients, they're just simply excreting the precise amount not presently needed by your body at a given time.

And the same goes for practically every nutrient, enzyme, hormone, antibody, etc. that are critical to your survival -- the kidneys keep what your body needs at a certain time, and excretes what it isn't momentarily using into your urine. And as medical scientists and doctors have discovered, these urinary ingredients extracted from the blood can be therapeutic magic bullets.

A Billion Dollar Industry

Despite what the public has been led to believe about urine, pharmaceutical companies have grossed billions of dollars from the sale of drugs made from urine constituents. Pergonal, a fertility drug made from human urine, earned a reported \$855 million in sales in 1992, and sales (\$1400 a month per patient) have increased yearly. Urokinase, a urine ingredient, is used in drug form and sold as a "miracle blood clot dissolver" for unblocking coronary arteries. Urea, medically proven to be one of the best moisturizers in the world has been a boon to cosmetic companies who package it in expensive, glamorized creams and lotions. Ever used Murine ear drops? They're made from carbamide -- another name for synthetic urea.

When you look at the real facts, the tragedy of the general disinformation campaign on urine is surpassed only by the irony of our unwitting, and often incredibly expensive purchases of what we all mistakenly but firmly believe to be our bodies' "useless" and "offensive" waste-product, urine.

New Acceptance for a Misunderstood Therapy

Because of the nearly all-pervasive public misunderstanding about what urine is and how it can be of immense medical benefit to us, the often amazing anecdotal stories of healing and survival via urine have been routinely ignored, ridiculed or have been written off as "old wives' tales." But when people learn the real facts, these stories take on a significance that not even doctors are now willing to ignore.

Since the first release of *Your Own Perfect Medicine*, rather than the doubt and derision I expected to encounter, I was amazed at the tens of thousands of people who have willingly accepted the information in the book. Many people (including doctors) have come forward to tell me about their own experiences or about news stories they've read that tell about using urine medicinally and in survival situations:

Dr. David G. Williams, *Alternative Newsletter*, August, 1994:

"Several months ago I watched the movie Alive. It's the true story of a South American soccer team whose airplane crashed in snow-capped mountains in the dead of winter. The team was stranded for a couple months and survived only by eating the flesh of those who had died either during the crash or later from injuries. A portion of the movie focused on two individuals whose initial wounds progressed into serious infections.

Knowing no way to treat these two, the survivors could only attempt to comfort them. Eventually the infection led to death. Watching the intense suffering of these people made me wonder if there was more that could have been done to save them. I now feel it's very possible that these two people, and thousands of others around the world would still be alive if they had been aware of the therapeutic effects of urine.

With urine therapy, you get all the benefits of urea plus the additional antibodies, vitamins, minerals, amino acids, hormones and more."

Dr. William Hitt, Clinica Hitt, Mexico

January, 1995

"Experience has shown that intramuscular injections of urine are the best methods for handling a myriad of immunological illnesses including psoriasis, basal cell carcinoma, asthma and many other disorders."

Reuter Report

August 14, 1990

"Four Sri Lankan commandos who drifted in a boat more than 1,000 miles to Thailand after they had been ambushed and given up for dead were given a rapturous welcome when they returned home. 'They managed to survive on the boat by catching turtles and drinking urine,' a military officer said."

Kyodo News Service, Tokyo

July 30, 1990

"A male cook was pulled out of the rubble of the Hyatt Hotel early Monday morning, 14 days after a powerful earthquake devastated the northern Philippines, officials said. Dry, with only minor bruises on his body, he told reporters he survived by drinking his own urine."

At a time when new viruses and bacteria are outwitting even the best efforts of space-age medicine, and increasingly frequent natural disasters put basic necessities out of reach, the facts about the one medical and survival tool that the FDA can't regulate and that's always there when you need it most, may well become the greatest survival lesson any of us will ever learn.

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- The author of this article, Martha Christy, is a medical research writer, natural health consultant and author of *Your Own Perfect Medicine*, as well as several other books on natural healing. *Your Own Perfect Medicine* is available for \$23.90 from FutureMed, Inc., Box 13837, Scottsdale, AZ or call 1-800-800-8849.
 - Read Coen van der Kroon's bestselling book on urine therapy (over 100,000 copies sold in Germany alone): *The Golden Fountain: The Complete Guide to Urine Therapy* (Amethyst Books/Gateway Books, ISBN 0-944256-73-2)
 - 1998: Second World Conference on Auto Urine Therapy in Germany!! Information: Coen van der Kroon, Kinkerstraat 82-C, 1053 EA Amsterdam, The Netherlands, tel/fax: + 31 20 683 5510, e-mail: cvdk@knoware.nl

Human Intrinsic-Systemic Therapy

Life Cycles

Dr. B.V. Khare
Medical
Allopathic
Surgen

of this
World

Over 8,000
Urine Therapy
Patients
Bombay India



Life Cycles of this World

PURIFICATION IN THE WATER CYCLE

CONSISTS OF RAIN, MAKING RIVERS, TAKING WATER FROM OCEANS AND
EVAPORIZING FORM THE CLOUDS AND RAIN ALL OVER AGAIN,
THIS IS THE CYCLE, THAT GOD MADE FREE FOR US.

PURIFICATION OF THE AIR CYCLE

AS IT IS KNOWN, GREEN PLANTS AND TREES TRANSFORM CARBON MONOXIDE
AND CARBON BIOXIDE INTO PURE OXYGEN FOR OUR BREATH

PURIFICATION OF MAN CYCLE

WHILE BEING THE MOTHER'S GESTATION, EVERYONE HAS DRUNK URINE,
THE CASE IS THAT WE DON'T REMEMBER.
AT THREE MONTHS GESTATION BABY URINES 500 ML. DAILY AND DRINKS THIS URINE
WITHIN THE AMONIOTIC LIQUID. YOU CAN SEE IN THE SONOGRAMS HOW THE BABY
URINES AROUND, 15 TO 50 TIMES A DAY. THIS IS, HOW THE BABY GROWS,
DRINKING HIS OWN URINE UNTIL,
THE NINTH MONTH, WHEN THE BABY IS BORN IGNORE THIS,
SUCH A BEAUTIFUL CYCLE, IF THE PARENTS WOULDN'T BREAK THIS CYCLE,
SICKNESS WOULDN'T EXIST, BECAUSE THE BABY'S URINE CARRIER HIS OWN VACCINE
AND WAS THROW AWAY

- **FIRST WEEK**

DRINK YOUR FIRST URINE, EVERY MORNING, BEFORE TAKING BREAKFAST,
AT LAST QUARTER GLASS FOR ANY KIND OF SICKNESS, THERE IS NO HARM,
IF YOU DRINK MORE, THIS LITTLE QUANTITY IS RECOMMENDED TO GET THE
GROSS FEELING IN OURSELVES, YOU CAN DRINK A WHOLE GLASS IF YOU
WOULD LIKE.

- **SECOND WEEK**

DRINK WHOLE GLASS OF YOUR FIRST URINE DAILY IN THE MORNINGS BEFORE
BREAKFAST, IF YOU WOULD LIKE, YOU CAN DRINK URINE ALL DAY.

- **THIRD WEEK**

YOU CAN START FASTING NOW!!
THREE TO FOUR DAYS IN A ROW EVERY MONTH.
DON'T DRINK ANY ELEMENTS, *ONLY URINE AND NATURAL WATER.*
NO JUICES, NO FOOD, NOTHING ELSE. WOULD BE FINE,
ONLY IF YOU DRINK URINE AND ALL THE NATURAL WATER.
YOU WOULD LIKE TO OFFER THE FASTING SPIRITUALLY FOR GOD OUR
CREATOR, AND YOU WILL SEE THAT YOUR BODY WILL GET CURED FROM MOST
OF THESE DISEASES (GASTRITIS, ASMA, DIABETES, ULCERS, EPILEPSY,
CANCER AND H.I.V.)

SCIENTIFIC PRINCIPLE

WE GET CURED BY ELEVATING OUR IMMUNOLOGY SYSTEM OF OUR BODY
(OUR ANTI-BODIES).

SCIENTIFIC PRINCIPLES:

THE URINE HAS MORE THAN 1000 CHEMICAL SUBSTANCES AS ANTIDOTES,
ANTITOXINES, VITAMINS, HORMONES AND THE SUBSTANCES THAT
THE STIMULATION OF IGE, IGA, IN THIS WAY HEALTH IS REPROGRAMATED PRODUCING
ANTIDOTES, DNA FOR BRAIN IT ERASES THE MESSAGE PRODUCING A NEW HEALTH
PROGRAM AND MAKES A CHEMICAL PHYSICAL, SPIRITUAL BALANCE IN MAN'S
ORGANISM.

AUTOVACCINE AN HOMEOPATIC PREPARATION

- **HIPOCRATES DR. SAID:**
 - "THAT YOUR FOOD IS YOUR MEDICINE"
 -
 - AND ALSO HE SAID:
 - "YOUR MEDICINE IS YOUR FOOD"
 -
 - **FEDERICH HOFFMAN DR. 1660. GERMANY, SAID:"**
 - USEFULL FOR FAST IN EPILEPSIA, ULCERS, CATARACT & WICKED TUMORS.
 -
 - **SAMUEL HAHNEMANN, 1755. INVESTIGATED AND FOUNDER OF HOMEOPATHY,
SEEKING SIMILIMUM TO THE ILLNESS AND 600 ELEMENTS OF WORLD:**
 - " WE KNOW THAT THE TRUE SIMILIMUM, SIMILIMUM OF MAN IS THE URINE,
THEREFORE THE URINE CURE ALL THE ILLNESSES IN MAN'S ORGANISM".
 - *TAKING OUR OWN URINE THAT IS AN HOMEOPATIC PREPARED,
ACCORDIG TO THE POWER THAT GOD KNOWS THAT WE NEED.
IT IS ALSO AN AUTOVACCINE, BECAUSE ALL INGEST OWN INGEST CAUSES,
THE STIMULATION OF GLANDS IN OUR BODY. THE PINIAL GLAND IN BRAIN;
THE HIPOFISIS GLAND; THYROIDAL GLANDE AND THE SWINDLE*

Interesting Case Histories of Urine Therapy

Urine Therapy is becoming popular all over the world, but slowly and steadily. Not everybody gets the desired results, but there many, who claim that, they had no hopes from popular system, but got amazing results when they took to urine therapy. It is surprising why some people get the blessings of this miracle water, while other don't? while scientific data eludes many, the movement of urine therapy goes on. Here are some of the stories of those who swear by this precious fluid of the body.

Dr. V.P. Mehta, Mumbai

I am a qualified and experienced medical doctor with the highest degrees both in medicine and surgery. On March 12, 1986,

I was diagnosed with cancer of the ary-epiglottic area (throat) with enlarged cervical lymph nodes. After receiving chemotherapy and a course of cobalt therapy I was to be operated on.

Between August and October I tried UrineTherapy. By October 5, 1986, my disease was under control and the proposed surgery was canceled.

I have not only recovered in a medical sense, but I am also leading a fully active professional life. In other words, even the quality of my life has improved.

I feel the same zeal which I felt 30 years ago.

Dr. O. New York

I was laughing and snickering in the back of the room.

After all, who would take anyone seriously talking about drinking one's own urine to heal any disease! My main concern at the time was how I was going to handle this diagnosis of full-blown AIDS and with what "spirituality" was I going to handle an oral, palatal Kaposi's sarcoma lesion that was supposed to spread relentlessly throughout my body.

I was told just two months prior to this that the prognosis could be about two years more if I was fortunate, and to seriously consider preparing a "living will."

For obvious reasons, I seemed to be much more tolerant to the idea of applying urine topically for all sorts of conditions. My right foot was the epitome of necrosis.

For months doctors had prescribed many different medicated creams for a vicious case of athlete's foot/ringworm. Nothing seemed to work.

After all, the root of the problem is the immune system not functioning at full capacity.

I couldn't wait to go home to put my own urine on the foot.

That evening was the first time in many months that the tingling itch did not drive me into a frenzy! I actually got a full night of sleep. Not only did the ringworm condition totally disappear after a few weeks, but the dry, cracked and painful skin all around my toes and bottom of the foot had totally changed in colour and texture! New skin had grown in and was soft as a baby's.

It had a beautiful new flushed, almost orange-like color and it just did not appear to be my own skin!

I anxiously began to research the field of autogenous fluids and, shortly thereafter decided that recycling my urine was really a harmless form of auto-tolerance based on theories not much different than those in the science of homeopathy.

Drinking my urine was not that difficult, but deconditioning myself was the real chore.

I felt betrayed by society upon learning that our urine is not a poisonous, toxic and filthy substance that our bodies so heroically expel. Since urine is filtered and cleansed blood, and the blood is 95% water, how many dangerous substances can there really be in urine? Starting with just a small ounce, I gradually began drinking my body's own distilled preparation with respect instead of disgust. I then graduated to drinking up to 8 ounces daily.

Over the next 7 months the Kaposi's sarcoma lesion became increasingly smaller until it disappeared totally! The mouth ulcers that used to plague me, stinging during meals, have not returned even once.

I used to have monthly outbreaks of genital herpes, but I am elated to say that autogenous UrineTherapy has produced a state of tolerance even against the herpes virus that sooner or later, in conjunction with Epstein-Barr virus (EBV), Cytomegalovirus (CMV), and papilloma virus would have surely complicated my existence and further weakened my immune system... just a matter of time.

I have NEVER felt better in my life. Now, I no longer fear for my life.

Mr. B. Georgia

I am a PWA (person with AIDS). I have been doing Urine Therapy for three months. My fatigue and dizziness dissipated within the first month. I experienced intense eye itchiness. A few drops of fresh urine stopped it immediately. If I forget to take the urine one day, the next day I will pay for it with fatigue. Also my lymph gland swelling is reduced by 50%.

Mr. L. New York

I have been doing Urine Therapy for four months now. I am a PWA. My only symptom was a low T-Cell count. My last test showed my T-cell count went up from 285 to 489.

Mrs. B. Florida

I had been suffering from migraine headaches for 35 years.
In addition, rheumatoid arthritis had plagued me for the last 15 years.
The pain and swelling in the joints of my hands was unbelievable.
I could not leave the house without painkillers. For four months, half of my foot was covered with a fungus. I tried many different treatments. Unfortunately, it only got worse.
At 198 pounds, I was overweight aswell. Needless to say, I was not the picture of health.
Then a friend told me about Urine Therapy.
I soaked my feet in urine, and within a week, the fungus cleared up.
Then I started drinking my own urine.
The result was just incredible. Four and a half months later, my weight was down to 130 pounds. I have lost 68 pounds! My arthritis is gone, and my headaches are gone.
I feel like I am 20 years old again. Thank you for telling me about Urine Therapy.

Mr. D. Georgia

I am a PWA. Three months prior to starting Urine Therapy I experienced heavy night sweats, and I needed 18 hours of sleep daily! Also my skin was very dry and ashy looking.
All these symptoms got resolved within 10 days of Urine Therapy.
I now play one hour of basketball every day. What a difference!

Mr. T. California

Seven years ago, I was diagnosed with a lymphatic disorder.
The doctors first thought it was
Hodgkin's disease. During a vacation in Brazil I contracted some parasites.
One was Shigella and the other was Giardia.
I was treated with penicillin and many other antibiotics.
But I still lost weight and the diarrhoea was persistent.
Then the new testing for AIDS came out,
and I tested positive. I had constant problems with thrush.
I also suffered from Kaposi's sarcoma intermittently over portions of my body.
My energy level was very low.
To make long story short, I started Urine Therapy.
The first treatment with urine was on my skin.
The second day I noticed that the KS lesions were starting to fade.
Then I started to drink my own urine.
I took about one ounce a day in the beginning.
My thrush went away.
Every time when I apply urine to any aberration or sore on my skin,
it all but disappears. The KS lesion I was talking about is not even one-fourth the original size.
Also, my energy level is much higher. I had colitis. I no longer have an inflamed colon.
I am steady as a clock and do not suffer anymore from chronic diarrhea.
So evidently this is working for me.

Mr. M. New York

I am a PWA. My major problem was parasites. My stool sample contained pus, large amounts of yeast and several parasites. My last test came back totally clear.
No more pus and no more parasites!

Mr. A. Georgia

I am a PWA and have been doing Urine Therapy for two-and-one-half months.
My Lymphadenopathy was gone within 48 hours after starting the urine.
I had a severe acne problem on my back. After five weeks the skin is clear.
My energy levels increased enormously within a few days of drinking my urine.

Mr. S. New York

One and one-half months ago I was diagnosed with gonorrhea, anal sores and herpes.
I took medication and the condition improved but two weeks later the herpes came back even worse. So I started Urine Therapy. Within two or three days, everything cleared up totally.
What was even more amazing to me is the parasite problem I suffered for quite some time got resolved inadvertently with Urine Therapy, while treating my herpes.

Dr. G.K. Thakkar Bombay

The last 40 years I have suffered from eczema, and the last 20 years from amoebic dysentery.
I got rid of both diseases by this wonderful remedy, Urine Therapy.
You will be further surprised to know that there were some side effects too; but not of the usual nature, which you suffer in allopathic treatments. I also suffered from falling hair and dandruff.
I always used to have cracks in my feet and even on my lips during all the seasons.
Once every few months I also suffered from stomatitis.
I got rid of all the above complaints and ailments unknowingly, as side effects of this therapy.
My wife was a regular patient for more than 20 years and was suffering from numerous disease like ear trouble, vertigo, constipation, pain in the joints and many more.
She tried the best available treatments in allopathy, homeopathy and ayurvedic medicine but without any results. At last she tried Urine Therapy and got rid of all her ailments miraculously.
And if this is not enough, my younger son, 17 years old, suffered from hematuria (blood in the urine) for more than a year. The doctors thought that something was seriously wrong with his kidneys and recommended an intravenous polygraph.
I persuaded my son to start drinking his urine for 30 days and then to take another urine test.
After that period of time, the report of the urine test came back absolutely normal!

Mrs. B. New York

One day I wanted to make sure my iron was turned off before I left the house.
So I checked the iron surface with the palm of my hand, expecting it to be cold.
To my surprise, the iron was very hot. Unfortunately, the damage was already done.
I burned my hand with at least second degree burns. It was very painful, to say the least.
Then I remembered that some weeks earlier I had stored away a bottle containing urine.
I got that old urine from the bottle and covered my burns with it.
The pains soon left.
A few hours later, My hand looked and felt as if nothing had happened to it.
No blisters, no scars, no redness.
The effectiveness of this simple but powerful liquid is amazing.

Mr. M. Florida

If it is of interest to you for any research purposes, I nearly died from the reactions of several strong antibiotics administered over several months of lung infections. I have been hospitalized three times in the past year for the resulting gastro-intestinal problems created by the medication.
After the most recent hospital stay, I refused to continue with the medication.
Most of the problems began to clear up within a few days.
However, my rectal bleeding from colitis and internal hemorrhoids continued.
In the meantime a friend told me that in the Tennessee Hills, where he was raised, urine enemas were used for similar problems. On July 31, 1988, I began using urine for daily enemas.
By the end of the following week, the bleeding had stopped completely, and as of this date (September 25, 1988), I have not passed a single drop of blood.

NOTHING UNSCIENTIFIC ABOUT URINE THERAPY

Dr. B.V. Khare

How does it feel to be an allopathic expert promoting urine therapy?

I feel great! Many doctors know about it but they feel inhibited because of many reasons: they don't have experience; they feel scared that if people really start doing it and remain healthy their practices will go down, etc..

I have given more than 200 lectures all over India and when I gave a lecture at Mumbai Rotary Club, the doctors present there told me to stop promoting it because they were having a slack season. They were afraid if I promoted urine therapy with greater enthusiasm the number of patients attending dispensaries would be further reduced.

How do others in the medical fraternity react to this?

Some were curious to know more about it and some were sceptical about its value. Many of them reacted favourably and started sending patients to me with chits for consultation on auto-urine therapy. You will be surprised to know that I treated with auto-urine therapy(AUT) many doctors too and they were cured of their ailments. But when asked to give me a certificate that they had such a remarkable result, they refused for obvious reasons.

How do you tackle people who may tell you that you are unscientific?

There is nothing unscientific about it. Mr. Moraji Desai, the former Prime Minister of India, was using this remedy for years and he lived for almost a hundred years bouncing with good health. In fact, I got an invitation to give a talk at the Rotary Meeting on alternative therapy four or five years ago just because the doctors who were under my treatment showed no signs of aging and they insisted that I should be invited to talk to the general public.

Many people are working all over the world and doing research on this. The Dean of J.J.Hospital is keen that I should start research on this project And I have given my consent. We should start some work in the next 2 to 3 months.

Is there any scientific research in this regard? Or some documented evidence?

There is a lot of scientific research and documented evidence on auto-urine therapy. The Italian surgeon Stanislaw R Burzynski, now settled in America, separated anti-neoplastin from human urine and showed remarkable results in the treatment of cancer. But the cost of treatment was in lakhs. The other substance found in large quantities in the urine is called dehydroepiandrosterone (DHEA). It is a hormone related to testosterone. This, as research showed, has anti-aging, anti-cancer, and anti-obesity properties. There is also lots of research on urea. When recycled by mouth, it is converted into essential amino acid.

In what otherwise-incurable diseases do you find urine therapy effective?

I have personally treated many patients with allergies, especially asthma, which have been cured. The other condition on which AUT has effect is chronic amoebic dysentery which is really a problem in India. Chronic constipation, which is also a common thing in old age, gets cured in a few months. Some cases of cancer have got cured, but one cannot say that all cases can get well. This mainly depends on the stage of the disease. For common troubles like skin diseases, cold, cough, bronchitis, viral fever and pyorrhoea, it is really a boon.

How did you get interested in this therapy?

I read a book in 1975 called "Manav Mootra" by Ravjibhai Patel. It gave me an impetus to treat a case of Hodgkin's disease with high grade cancer. The patient was supposed to be a gone case.

But with auto urine therapy, this man is still perfectly alright.

Then in the last few years, I have treated many patients not only from India but also from a few places abroad with this therapy. The diseases I have treated with this auto urine therapy are : psoriasis, eczema, allergy, arthritis, diabetes, obesity, backache, hyperacidity, ulcerative colitis and mental depression. Now appointed in Shushrusha Hospital as a yoga therapist, naturopath and urine therapy consultant, I am doing regular consultation on this.

Are there any side-effects, if it is taken in excess?

There are no side-effects at all if taken in excess. In fact, in viral fever or arthritis, when we want the patient to have quick results, we tell them to do auto-urine or *Shivambu* fast where the patient takes nothing else except auto-urine and water for as many days as he or she can, with remarkable results.

Somebody has written that it helps even AIDS patients? Is there any evidence?

There are many reports that it does help patients. The reference which I must get for my experience in this is lacking. I have personally treated two patients.

They started improving very well but left the treatment halfway.
I would like that more clinical research is done to know more about it.

Someone wrote that alcohol and non-vegetarian food should be avoided during urine therapy? Why?

Alcohol and non-vegetarian food produces more toxic substances in the body and neutralise the good effects produced by auto-urine therapy. We, in fact, tell all patients to give up tobacco in all forms and *pan masala* also. We tell them to restrict consumption of tea, coffee, cold drinks, spices, fried foods, junk foods and bakery products. All the above restrictions are to prevent more toxic substances in the body so that AUT will have better results.

When can one safely stop the treatment?

Why do you want to stop at all? When I am not suffering from any disease, I take three glasses of my own urine everyday and massage my body with auto urine every morning and take bath after one hour. Have you stopped brushing your teeth? Or stopped going to the toilet?

Or stopped taking a bath? Obviously not. This is to be incorporated in your daily routine. I have several people on record where after starting auto-urine therapy - a family of four have not gone to a general physician for any ailment for more than a year.

Please start this therapy and experience the benefits yourself if you don't believe me.

Can you quote some successful cases that you have treated? What is the patients' feedback?

My experience runs to so many years and if I start quoting, it will fill a 200-page note book. No patient who has started this therapy with faith has come back and told me that the therapy was totally useless. You must have faith and patience.

A few illustrative cases:

One: A young man of 40 had been suffering from asthma from childhood. he came because he was curious and wanted to know more about AUT. I convinced him and he started it, inspite of his brother, being an M.D. (General Medicine), calling him crazy for having faith in auto-urine therapy. he persisted with the diet control, naturopathy and auto-urine therapy and got completely cured in 10 months.

Two: A young man suffering from psoriasis wanted to commit suicide because he thought that he had committed some sin in his last birth and that he was suffering because of that.

He started with auto-urine therapy.

Results started showing in 6 weeks but he got completely cured in 4 months.

Three: A lady aged 45 years was being treated by a physician in one of the five star hospitals in Bombay for rheumatoid arthritis. She was immobile with a lot of pain.

She was treated in a hospital with allopathic medicines including cortisone, but only got temporary relief of about 15%-20% as well as a lot of side-effects because of the drugs. She came to me and I convinced her to start an auto-urine (*shivambu*) fast.

She fasted continuously for 8 days by taking auto-urine (all that she passed) and plain water. Astonishingly, she got totally cured on the 9th day. She is still doing it and is quite healthy.

Dr. B.V. Khare

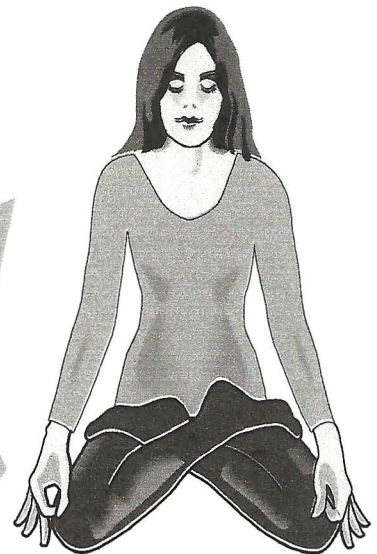
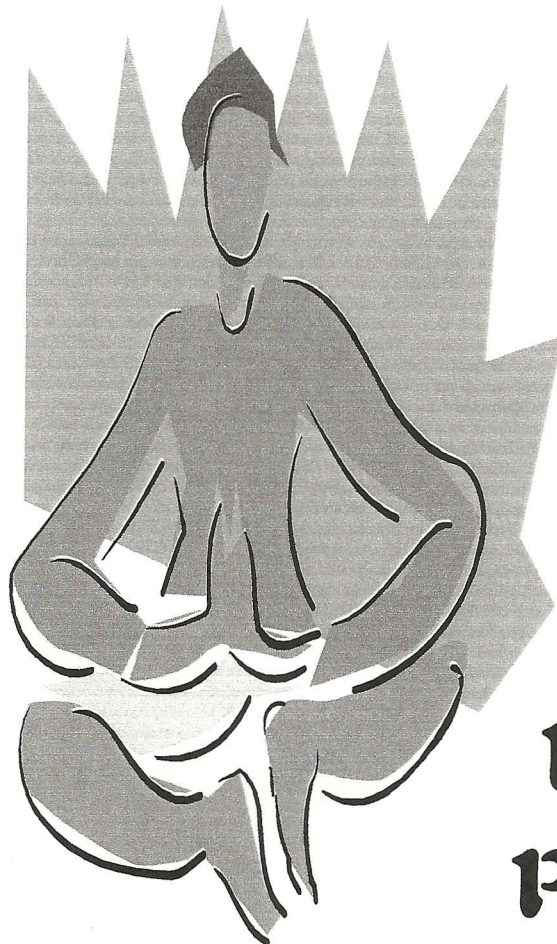
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Human Intrinsic-Systemic Therapy

Tibetan Urine Analysis
Information by H.H. Dalai Lama's
Personal Physician



**God
Given**



**Personal
Pharmacy**

Tibetan urine therapy

Human Intrinsic-Systemic Therapy TM

Urine therapy

TIBETAN URINE ANALYSIS

Urinalysis

Just as one looks into a mirror and you see an image, so does a qualified physician look into a patient's urine and from this see the disorders of a patient.

Information is provided by H.H. Dalai Lama's personal physician.

I sincerely hope this information will help you too.

The discussion of urinalysis has many parts: preparation for urinalysis, the proper time for observation, the vessel or cup in which the urine is placed for diagnosis, and the manner in which the coloration changes due to passing through the various organs. Also, there are four general types of urinalysis: or ordinary persons without any major illness, of persons with disorders, or persons of the verge of death, and of persons affected by spirits. Thus, altogether there are eight general subtopics.

✓ 1} .PREPARATION FOR URINALYSIS

If a patient's urine is to be diagnosed in the morning, then the night before there are certain types of behavior that should be followed. One should avoid any strong tea as well as very much yogurt or any beer or alcohol. The reason for this is that taking any of these substances affects the coloring and so forth of the urine, making it difficult for diagnosis.

Furthermore, during the night preceding urine diagnosis, one should not go without liquid altogether, such that the following morning one is extremely thirsty. In other words, just be normal, take sufficient liquids so you are not terribly thirsty. One should not have sexual intercourse the night prior to diagnosis. Nor should one stay awake at night; get a good night's sleep.

One should also not go to excess in moving about or in trying to stay in just one position. Nor should one allow a great deal of tension or a great deal of thinking.
Do not go to any excess prior to diagnosis.

With respect to the urine to be diagnosed, it should not be that from urinating during the time before four or five in the morning; since urination at such a time is affected strongly by the food taken the previous meal, it is not good for diagnosis. One should use the urine that builds up in the hours around four or five in the morning. If one does not urinate during the night, then do not collect the first half of the urination when you rise; use only the later half.

✓ 2}. TIME FOR URINALYSIS

There are three aspects of urinalysis: color, vapor arising from the urine, and the albumin which is a cloud like substance in the urine. The time for such diagnosis is after dawn.

✓ 3}. THE VESSEL

The vessel in which the urine is to be placed is most often a white porcelain cup which is such that its color will not affect the appearance of the color of the urine.

Otherwise, an aluminum pot can be used.

One should not use vessels that color the urine, such as clay, copper, brass, or any other colored pot; they make the urine appear to have another color, and it will be difficult to tell what the natural color of the urine is.

A white cup is best and not one with a pattern in it.

If it is impossible to get one of these three appropriate types, one can line another type with a piece of white paper.

✓ 4}. COLORATION CHANGES

With respect to variations in the urine, the fourth topic, the text speaks first of the digestive process. In the stomach, food is differentiated or separated into a nutritious or more subtle part and a less nutritious or unrefined part. The refined or better part goes into the blood. The more wasteful product goes into the intestines. In the intestines it is divided in two, that is, into solid and liquid parts. The liquid portion of this waste goes from the intestines to the urinary bladder.

With regard to the separation in the stomach, the finer or more nutritious part goes to the liver. Within this, there is another separation between the more nutritious and the less, with the more nutritious part becoming blood and the less nutritious going to the gall bladder. In the gall bladder there is further separation, the finer substance becoming lymph.

The more wasteful part become albumin, the cloud-like substance which appears in the urine; the albumin goes together with the urine and accumulates in the urinary bladder. It is because of this separation in the process of digestion that food which has been ingested affects or transforms the color of the urine.

The albumin, or cloud-like substance, basically appears in urine due to blood and bile problems. Therefore, the condition of the body in terms of heat and cold is indicated in the urine. Just as in the market place when a merchant has something illegal to sell and does not actually reveal it, holding it under a garment, describe it and from that you can tell what he has hidden, so from the urine it is possible to tell the types of disorder or lack thereof in a person's body.

✓ 5}. THE URINE OF HEALTHY PERSONS

If one looks at the urine of a healthy person, one finds that its color is more or less the bright, cheerful yellow of the butter on top of the milk from a "dri", the female counterpart of the yak [yak only being males]. The odor is like that of the cream that rises to the surface of milk. The vapor is neither terribly strong or weak, neither big or small, and the duration of the vapor- before the urine gets cooler and vapor stops- is neither terribly long or short. The bubbles or froth are nothing spectacular- neither terribly long or short, big or small, rather moderate froth on top of the urine.

The albumin, for a healthy person, is simply mixed up together with the urine, pervading it. Also, for a healthy person there is not much chyle {the oily substance normally rising to the surface of the urine}; just a little bit comes to the surface. As the vapor gradually vanishes, one finds that a little darker color converges toward the center of the cup of urine, just as breath on a mirror gradually converges in the center and disappears. After the urine has cooled off, its color is light, clear, and yellowish; it is transparent.

✓ 6}. THE URINE OF DISEASED PERSONS

Concerning the urine of persons with disorders, there are two aspects to the discussion: general and specific diseased urine.

7}. DIAGNOSING URINE

There are three times for diagnosing the urine: when it is hot, then when it is lukewarm, and finally when it is completely cooled off.

There are three times for diagnosing the urine: when it is hot, then when it is lukewarm, and finally when it is completely cooled off.

There are nine types of diagnosis that are broken down into three groups relative to the three times. First, when the urine is hot, one checks the color, the vapor, the odor, and the type of bubbles or froth. When it is lukewarm, one checks the cloud-like albumin and the oily chyle that rises to the top. When the urine is cooled off completely, one checks the time of the variation of the color, then how it changes, and finally postponed analysis. When patients are not able to come themselves, their urine is sent, in Tibet by yak, in India by other means. It is rather old by the time it arrives, and so the doctor checks anything, but with a different type of diagnosis, because the urine the older. This is called "postponed analysis".

✓ 8}. Urinalysis when the Urine is Fresh

Color. We return to the first of the nine, the color, which is investigated when the urine is still quite hot. The urine of a person with a wind ailment is like water from a mountain spring, light blue in color and transparent. A bile disorder will manifest in the urine as a more yellow, perhaps even an orangish, color. If the urine is very pale, or whitish, this indicates a phlegm disorder.

Question: Is there a difference between the blueness of the urine or wind disorder and the paleness of a phlegm disorder?
Answer: The urine of a person with a phlegm disorder is a bit milky as if someone took milk and dropped it into the urine; you cannot see through it. For the wind disorder it is very clear, like mountain spring water.

If the urine is red, it indicates a blood disorder.
If the urine is rust color, this indicates a lymph disorder.
If the urine is brownish, it indicates a complex disorder of all three humors- wind, bile and phlegm.

If the color is a mixture of red and yellow, it is a disorder of blood and bile. If it is a mixture of white and yellow, this indicates a disorder of both phlegm and bile.

If the urine is yellow, like mustard oil, and oily, it indicates both a bile disorder and contagious disease.

If it is orange, thick, and has a foul color, this indicates a type of disorder that spreads from organ to organ or a general disturbance of the body, such as with a heat ailment.
If the color of the urine is generally dark but has a spectrum of color, like a rainbow, this indicates poisoning; it could be of any variety of poisoning- mineral, meat, and so on.

✓ 9}. Vapor

The second of the nine types of diagnosis is vapor, which is investigated while the urine is very hot. If the urine has a large vapor, this indicates a developed heat ailment. If there is little vapor but it lasts a long time, this indicates either a hidden heat ailment or an old, chronic heat ailment. If there is little vapor that lasts a short time, it is a cold ailment, involving phlegm and wind- an excess of cold in the body. If there is an alternation in the amount of vapor, then in that case there exists a combination of heat and cold disorders in the body. The vapor is seen just as, for example, you see steam rise from a cup of hot tea.
Bubbles, color, and vapor are visual.

10}. Odor.

The odor of the urine is, of course, to be smelled. If the urine has a foul odor and there is albumin in the urine, this indicates a strong heat disorder. If there is either no odor or a very slight odor, this indicates a cold disorder. If the urine smells of different foods such as cabbage, meat, and so forth, this indicates that the digestion is not working properly; the digestive heat is not up to par.

11). Froth.

If the froth or bubbles on the urine have a bluish tint and are large, this indicates a wind disorder. If the bubbles are small and many and, when stirred, pop quickly, it indicates a bile disorder.

If the bubbles remain static on the surface of the urine like the bubbles of saliva, as if you spit into water, this indicates a phlegm disorder. If the bubbles have a reddish tint, this indicates a blood disorder. If they are varicolored like a rainbow, this indicates poisoning. If they form in the cup and then very quickly disband like a flock of pigeons or doves who are dive-bombed by a hawk and go off in all directions, this indicates an old disorder which now pervades the body; it has become serious.

Four points have been described for urinalysis while the urine is still hot: color, vapor, smell and froth.

Urinalysis When the Urine is Lukewarm

Albumin.

When the urine has become lukewarm, one analyzes the albumin and the oily chyle. The albumin or cloud-like substance in the urine appears, for the most part, only in cases of heat disorder- illnesses of blood and bile. If, when the albumin forms in lukewarm urine, it is very subtle, like a hair on the arm, this indicates a disorder of the wind. If the albumin forms on the surface like the wool-like film on the edge of a stream, this indicates a disorder of blood and bile.

If the albumin forms subtly on the surface of the urine, like the white tips of the hairs of a rabbit, and you almost have to squint to see it this indicates a phlegm and cold disorder.

If the albumin forms like a cloudbank pervading the urine, this indicates a lung disorder such as tuberculosis. If the albumin is like pus in the body, possibly in the stomach or kidneys.

If the albumin congeals on the surface in little grains like sand, this indicates a disorder of the kidneys.

Remember that when albumin appears in the urine, it usually indicates a heat disorder, as it basically arises from bile and heat. If the albumin appears on the surface, this indicates a heat disorder of an organ in the upper part of the body, specifically the heart or lungs. If the albumin appears in the bottom of the urine, it indicates a disorder of the kidneys. If it is in the middle, it indicates a disorder of either the spleen or the liver. If the albumin pervades the urine, this indicates that the physical constituents as well as the heat/cold factors of the body have been disturbed, agitated by the winds.

Concerning the thickness of the albumin, if it is quite thick, this indicates a heat disorder. If it is very thin, this indicates a cold disorder, though, as mentioned above, the presence of albumin generally indicates a heat disorder.

The color of the albumin will be that of the urine of the particular person at that time. For example, a bile disorder will make the albumin orange. Or, for example, if the urine itself were like rainbow color from poisoning, the albumin would likewise be of different colors.

12}. Chyle.

If the chyle- which, being an oily substance, always comes to the surface of the urine- is thin, this indicates a cold disorder. If it is quite thick , it indicates a heat disorder.

Sometimes the oily chyle is quite thick, becoming noticeable when the urine sits for fifteen or twenty four hours, gradually congealing at the surface, like butter on Tibetan tea. If it is quite substantial, the doctor can delicately take it off the surface of the urine with a thin instrument. Then he puts a few drops of it on a hot red coal, and if its smell is like that of barley or other grains when heated, this indicates that there is a disorder that will cease by itself and thus does not need to be treated.

If the oily chyle forms on the surface in crisscrossing bands, this indicates a tumorous growth, not necessarily cancerous.

This phenomena occurs for all types of tumors. Subsequent analysis will reveal what type of growth it is.

There are also times when a spirit or malignant being, a non-human being, can be recognized from this oily substance when it forms certain patterns or shapes on the surface of the urine. This is just mentioned in passing, to be discussed in detail later on.

This completes the second major section, the diagnosis to be done while the urine is lukewarm.

Human
Intrinsic-Systemic
Therapy {TM}

World-Wide
Case Histories
of Urine Therapy

English



TESTIMONIES OF PATIENTS CURED WITH UROTERAPIA TESTIMONY

Personal experience*

My name is Sonia Rodriguez,

I lived worried about the physical and emotional well being of human kind all this time and I have looked for a solution to their health problems.

I have always been in the health services.

I lived mortified seeing my Brothers desperate having examinations with many doctors and still they remained ill. I am 25 years working in the pharmacology Chemistry laboratory of clinical analyses, and I never found the answer to true health. Then I had to live in my own experience with different diseases in my body and look for the cure. I looked in all medicines.

Allopathic, natural allopathic, homeopathic and without finding health.

When I was tired to look for health in medicine in the world of "scientific Men"

I took refuge in God. There it was. I found the true healing,

Not only health but also integral healths with complete peace and harmony.

Man may have thousands or millions of dollars in his banking account and may be able to travel everywhere to seek health but he will not find it.

To all countries he will look for health and he will not find it because health is free and comes from God given means..

It is a gift and a blessing.

When I took refuge in God, I found the most beautiful answers.

God is a Perfect God and made the world, air, water, nature, and Man perfect.

God as a Perfect Father did not forget disease.

He knew that his children of this world would die, be damaged, or ill with cancer, AIDS, and many a multitude of other diseases.

He did not forget us and gave us our own medicine, in fact our own pharmacy.

If you take refuge in God, you are going to find the solution to all and each one of his problems as mental, physical and spiritual.

God lives in each one on us and is an inner friend who is always ready to help.

Alone you must give him the key and deposit all your confidence with him and wait patiently for the answer.

In him you will find the help that you never had imagined.

You will feel within you, a great divine blessing in where you go to obtain wisdom and understanding.

You will have ears to hear and eyes to see.

As Jesus said,

" a man blind does not see more than one who does not want to learn, and the one that does not know is like that who does not see ".

My Testimony*

As a result of a supernatural fact in the year of 1994 I found that when ingesting my own urine, we can have an amazing and incredible treatment of our diseases.

I am cured of cysts in the breast, problems of the right mitral valve of the heart and pain in my shoulder. I also had an accident of being infected with a needle from a patient with AIDS. I began to take my own urine and fasted for four days and after the third fast of four days, the cysts of the bust disappeared.

The problems of the heart faded with no future pain.

I have never had problems with the infected needle accident of the H.I.V.

I must mention that my examinations are completely negative.

I have recovered my health, thanks to God.

I promised to God to present this therapy to as many people as possible without any interest of profit.

As a result of this fact,

I began to distribute conferences all over the Mexican Republic, without receiving a cost for admission

I make this with love to so many of my Mexican Brothers and Sisters and worldwide friends. Within my experiences in the conferences

I have had attendance that vary between 500 to 2500 people.

My eyes saw something very important.

All my brothers and sisters are ill who come to my conferences.

I have requested them to raise their hand who are patients under medical treatment. It is incredible the amount of ill people. All raise their hands.

My question is how would it be in this world if all would have this knowledge of urine therapy? I thank God for this knowledge and I request him to bless all who are sick as he gave me when giving me my good health.

By feedback, I successfully obtained an endless amount of testimonies from thousands of people who have cured themselves and others who have shown remarkable improvement in different diseases.

Incredible information, began to arrive from different parts of the world.

There where different book authors in all languages, sending such valuable information here in Mexico. I have information from France, Italy, Germany, Japan, India, USA, Nicaragua, Cuba, Spain, and Brazil with testimonies of incredible and wonderful treatments with the therapy of the urine.

My Internet site brought 34.000 pages of interesting and abundant information that speak of the urinary therapy and that thanks to God are curing many people only and nothing more but taking its own urine.

TESTIMONY #1*

THYROID, CANCER, FARINGITIS

Ma. Rosalba C. of Ramirez. { Mexico }

I am 47 years of age and I had 5 children.

I thank God for the knowledge of the Urine-therapy.

I want to give my testimony by this means to all people of how I am and how I cured myself. In the year of 1980,

I had a very hard automobile accident.

They needed to remove one organ from my body.

From that day on I was very sick.

In the year of 1993, near the month of July, after passing by a very sad situation of two brothers who died I also had other medical problems.

I began to suffer depression, headaches and neck, cramps in the hands and feet.

I also felt strong palpitations in my heart. My eyes were becoming deformed.

They were swollen and bulging. There were nights that I could not sleep and was suffered from the insomnia. I began to lose weight. I felt that I was drowning.

I could not go to the bathroom alone. I was always very thirsty.

I have a brother who is a doctor and began to give me medicine.

He gave me liquid prescription but it did not help me.

He had to commit me to the hospital where he works until midnight.

There they gave me several medicines and they did several exams.

The Doctors of the hospital told me my Thyroid gland was not working properly.

Tablets were prescribed for me and I was taking them over a year.

I improved a little, but when taking the tablets, I was nervous and I trembled.

They sent me to a second hospital with a specialist to see if she could cure this disease. The pressure started when a ball in the neck started growing.

I no longer could take the medical drugs.

From this hospital they sent me to a third hospital.

There they gave me nuclear medicine.

It was iodine-radioactive for which I felt much fatigue and several different symptoms. I was isolated. I was without strength.

I felt only that I wanted to lay down. I went again to the Doctor, after 15 days, because the symptoms had no improvement.

The doctor said that I was to continue taking the medicine.

I felt that the iodine had not served me well and became very sick followed by throat problems and bronchitis. I took 6 to 8 daily medicines.

My kidneys began to hurt and I no longer knew if I should continue to take the medicine. One day my husband took me to the hospital for a checkup and now, they detected a tumor in the bust.

I worried more because my body was filling with diseases.

One day, in the month of May of 95, they invited me to witness with a notary, for writings. I was accompanied by my neighbors and friends.

That day a neighbor said that urine was good for all diseases and that it was in the Bible. In PROVERBS 5 to see 15-18. On the following day I began to take only a little with water, because I did not know how to take it.

When I began to take urine I had bronchitis.

I was taking medicine for the thyroids and also antibiotic for my other problems., I followed with the urine.

Soon the moment arrived that the drugs made me sick.

Little by little I was leaving the medicine, I did not have further indications of problems, nor did I have need to go to the Doctors conference.

After 3 months in 1997, arrived in my hands a report that I was cured from my problems. It was when I began with my urine fasts.

Later I had the opportunity to go to a conference. I am cured of the thyroids and I no longer have the ball in the neck, or feel very depressed.

No longer volumes of medicines and the cyst in the bust disappeared.

The varicose veins in the legs are gone. Already I can see without glasses.

I want all the people to know of this wise knowledge so that all people will be healed and without spending money.

It is only needed prayers of thanks to God and his water the life.

TESTIMONY 2*

NEUROPATÍA, INSOMNIA, DIABETIC

Ma. of the Refuge To de Aldrete { Mexico }

I am 50 years of age, and I had 5 children.

I was born here in Guadalajara, Jalisco, Mexico and later moved to Veracruz, Mexico. From youth I suffered of low pressure.

There were occasions in which I had only up to 60.

It later raised and now it gets up to a 180*120.

In November of 94, I began to have my feet fall asleep.

Soon the legs and finally it advanced that my whole body was asleep without movement and the body was very swollen. I was in bed almost a year.

The Doctors diagnosed me with Diabetic Neuropathy.

They filled me full of medicines.

I took from 8 to 10 tablets daily. With a lot of work and pain I began to move.

My sister visited me at my house from Vera Cruz with her husband and their family.

When they arrived at my house they gave me news that God Our Father, by means of Urine, was healing sick incurables

We invited another diabetic brother who lives in Orizaba and they taught us the whole picture of the therapy.

Soon I began the process of urine therapy, offering to God and the sacrifice to Our Jesus Christ.

In addition we made the decision to come to Guadalajara to listen to a conference. This was to learn better methods of this therapy to take back to Veracruz. For 3 weeks I took the urine and I continued taking the medicine. I felt high pressure and one day I was feeling so bad that it could not move. I stopped the medicine and on the following day I felt in a perfect state of health. I forgot that I stopped the medicine. One hour later I got a strong heart beat and now I am without anything of medicine and very well of health.

Now at the present time with the therapy, the swelling disappeared. I can walk by myself since it only walked with the aid of somebody or in a wheelchair, and the nervous system that caused me insomnia, now feels very relaxed, sleeps perfectly, thanks to God and the Urine-therapy.

TESTIMONY 3*

GASTRITIS AND ARTHRITIS

Maria H. I6niguez. { Mexico }

I attest to have been healed of gastric ulcer and arthritis that I had suffered for 30 years.
Now, thank God, I am healthy of gastritis and also I have noticed that I can move my joints and I no longer have pain.
I thank God that by the means of Urine-theraphy, I have healed myself.

TESTIMONY 4*

MIGRANE

Javier T. Quintero. { Mexico }

I suffered from headaches for more than 20 years. I took my urine and on the fourth day I rid myself of my blood clots. When I did the urine fasting, the pain left from my head. Right now I have taken 4 fasts and I am cured. Thanks to God. Before I took medicines daily and today, no longer.

TESTIMONY 5*

WEIGHT AND DIABETES

Ernesto R. Martinez.[Mexico }

I have been diabetic for 17 years and have had an infinite amount of diverse treatments.
In fact I have taken different medicines without knowing any clear result. I started with antibiotics and lowered much weight. I could not walk normally. It hurt my body. A year ago I started on insulin. They injected 25 units and my glucose never was in the normal limits. My state of health deteriorated.

My sister-in-law, brought the video to me of Urine-therapy.
I knew from the first moment that this one could help me,
and began to take all the urine from the first day.
Now 4 months ago to the date, the results have been wonderful.
My glucose is in normal limits, I have increased weight and I feel far better.
I want to clarify that I suspended the insulin and all medicines.

TESTIMONY 6*
INFECTION IN KIDNEY.
Gpe. Teresa of the T. Barba { Mexico }

I have a daughter who from 8 months of age,
suffered high temperatures of 41C degrees.
I heard on the radio about a conference, but I did not take much importance.
Shortly the father of my temple said that a conference in the temple would occur.
I went. After the talk,
I left very convinced and I began to give the urine to my daughter.
The 20th of May of 1996 I began to give my daughter the therapy and by
28th of May I had to do studies on her.
We found that my daughter had problems of the "reflujo urevolateral".
The Doctors set up an operation in 4 months.
In this time I had to give her antibiotics.
She got worse and the drugs did not convince me she would get better.
My Daughter was very anemic.
My husband and I then decided to give her urine each month.
We did the procedure for her each month and the pediatric Doctor was very
astonished to see that the girl was better than a person that had ever been ill.
So on every month I do the procedure to her and she no longer has infections.
During the infection in an entire year she only gained 1 kg.
Taking the urine in the following 4 months she gained 3,800 kg.
My daughter is now healthy and has not returned to be anemic.
I thank God and to the Urine-therapy. The name of the girl is Mariana.

TESTIMONY 7*
TRAMA, AND KIDNEY HEMORRHAGE
Marcelina L. Juan { Mexico }

A month ago I fell off a truck, the blow was very strong giving pain on my
backside. It is now more than 3 years suffering from kidney and venous
insufficiency. The blows were in all the body. Less in the feet but I have very
delicate legs and feet. Then I felt a damp sensation and later vaginal hemorrhage.
I began with bleeding and that night I could not sleep because of the pains
I felt in the right leg.

Thanks to my sister and the experience of other relatives, I knew of the urine fasting. I decided not to take Allopathic drugs because it affects the kidney so bad but to take the urine.

The second day after taking my urine all the morning

I no longer hurt and already I could move easily.

I thank God to have made this therapy resource or means of treatment.

Thanks to this I have been able to sleep very well.

Annoyances like the backache, fatigue and the blows of this fall are gone. My son suffered a cough that could not clear up with anything and he suffered colds that were very strong.

I gave him urine and in 3 days his cough left and he feels much energy.

TESTIMONY 8*

ALLERGY

Pink Z. of Gutiérrez { Mexico }

My testimony is short but very important for me. I had an allergy in the right eye and I twice have 10 days putting my urine in my eye.

Today I am very well. Thanks to God I am cured.

Testimony 9*

Dolores And Diabetes.

Abundía Or García { Mexico }

Two months back I took the urine because I was made up of bruises and muscular pains. I could not walk, because I fell frequently. I have diabetes. I stopped taking medicines to improve my intestines. I drank my urine 3 times each day. I have not done any fasting, but I am going it to do.

I improved completely.

TESTIMONY 10*

HYPERTENSION, MYOPIA.

Ricardo R. Ruvalcaba { Mexico }

I learned of the Urine-therapy in a social seminar in the month of February 1997. Since then I have been taking my urine up to four times day. And I have left my eyeglasses definitely behind. My cardiovascular system was regularized. I had hypertension and I feel very well physically now. I also suffered of gastritis.

I even healed my infected small dog of scabies, already without hair.

With my own urine I bathed him and in the third day scabs and sores fell off him.

He then regenerated his skin and his hair.

TESTIMONY 11*
STONES KIDNEY and PROBLEM. CIRCULATION.

Alicia R. castle. { Mexico }

I want to give my testimony about how the Urine-therapy acted in me. When I took it for 15 days, 3 small kidney stones left me. In truth I did not know that I had a bad kidney. I suffered pain in my back. Most wonderful, is that my legs no longer hurt me. The suffering came from my bad circulation. A long time passed that I have been with homeopathic Doctors and I already see that it does not cure. Now I give to thanks to God and the Urine-therapy that they have healed me.

TESTIMONY 12*
CANCER

Martha Cecilia H. Sanchez { Mexico }

I had cancer of uterus in third degree and a lump in the right side of my breast. They gave bad results to me. They said that it was malignant and they were going to amputate the breast. Glory to God, I am writing it here. Blessed and praise God that I was taking my urine for three months and I felt like a new woman. My symptoms and lump disappeared totally, thanks to God.

TESTIMONY 13*
ULCERS

Ma. Conception G. { Mexico }

I cured myself of two duodenal ulcers,
one of seven centimeters and another one of four centimeters.
They were already bleeding and they were going to commit me to surgery.
Thanks to God I am cured

TESTIMONY 14*
MYOPIA

Carmen N. { Mexico }

I cured myself in 5 days taking my Urine.
I cured of eyes, because I could not see well for over the last ten years.
I also had a wart that disappeared. I put urine on it for 20 days and it fell off.
Thanks to God.

TESTIMONY 15*

DIABETES

Jorge Sotelo. { Mexico }

Last year I was in Los Angeles, California. A lady asked if I were ill.
I said to her, yes. She asked me what it was and I said it was Diabetes.
She suggested to me to take " x " amount of Urine during a fast.
When I returned to Mexico, the doctor requested me for diabetes analysis and the
results were within it normal numbers.
Thanks to God.

TESTIMONY 16*

CANCER.

Consolation M. S. { Mexico }

My Uncle who lives in Hermosillo, Sonora, is cardiologist of 65 years.
He cured himself of cancer in the prostate.
He lost all hope in chemotherapy treatments.
We provided him the book called " the Water of the Life ".
He did the fasting of Urine-therapy and in two weeks he feels much better.
He continued taking it and he is of health totally cured.
My sister cured herself of Diabetes.
In my family, my husband and children used it for cuts, blows, angina, cough, etc.
I did fasting for 19 days on water and Urine only.
I felt very well, hard ,agile, spirited, and I have never felt bad.
I have not had a serious diseases since.
For my husband, a scorpion pricked him.
His Urine was taken and I put a compress on the bite. He resisted the poison,
Thanks to God.

TESTIMONY 17*

INFECTION

Mrs. Rosalinda A { Mexico }

The Doctor a day before going to the conference had detected an infection in
my ear and he prescribed drugs for me that I did not buy them.

I went to the conference and I began to make the Fasting of the Urine.
I also took the urine and put some in my ear at night and in the morning.
Thank God I am healed.

TESTIMONY 18*
BRONCHITIS AND ASTHMA
Moisés Octavio F. Nuñez { Mexico }

I am 16 years old. I was ill of Asthmatic Bronchitis at 12 years.
I went to many doctors the city of Aguas Calientes.
They took me to a naturalist. I did not know what he was giving me but I noticed
my treatment little by little was making me better.
Before when I left home without a sweater or coat I returned ill.
I could not leave the house to go anyplace without becoming sick and in the
hospital for one to two weeks.
Recently I knew that if I take my Urine I would be all right. If I did not take my
Urine I again would be affected especially in Spring with pollen.
I Thank God and to the Urine-therapy.

TESTIMONY 19*
DEAFNESS AND CIRCULATION
Mrs. Graciela P. { Mexico }

I began the 7 of February 1997. I cured my circulation problems and a rare
disease. I had humming of the ears. I suffered of momentary deafness and
itchiness in the ears and eyes. I have done 3 fasting periods and thanks to God, I
am very well. I take Urine daily and at the moment I am very healthy.

TESTIMONY 20*
ALLERGY AND NERVES.
Maria L. of Orozco { Mexico }

I got rid of surgery, thanks to the Urine-therapy in my right arm.
The neurologist said to me that I have a ligament that is atrophied and the wrist
and the nerves were pressing me. The pain was such that I considered surgery.
Thanks to God I began Urine-therapy on the 31st of January 1996 and in less than
two weeks I began to feel enough improvement to forget surgery.
In addition I had in my right hand an allergy to detergents.
It always brought the skin to blister with cracks. All that disappeared totally.
Also I feel my nervousness is very well and I now have dreams.

Before I dream with difficulty.

TESTIMONY 21* **CANCER**

Ma. of Refuge S. Of 90 { Mexico }

I began with the problem of the Thyroid. Every year I went for examination and x-rays to be able to get rid of the tumor. I had medicine I took three radiation treatments. It did not go away. I realized from the day of the conference that was occurring, from the month of October of 95 there was another method.

I started the Urine-therapy the day after and that was my lightening.
I already am healed. Thank God and to the therapy.

TESTIMONY 22* **CRAMPS AND NERVES**

Adriana H. Sanchez { Mexico }

I am very nervous and also I suffer of very painful cramps.
I began to take the urine and thanks to God and Chemistry,
I have not suffered cramps and I feel safer and very calm all over.

TESTIMONY 23* **DIABETES, HYPERTENTION, and CIRCULATION.**

Jaime Castaneda { Mexico }

I thank to God, Urine that God gave me has cured me. I suffered from diabetes, hypertension, bad circulation of the blood for the last six months.

I did three fasting periods.

I feel like another person and I have changed my character.
In the fasting periods I feel energy. I no longer have pains all over my body and itches between the skin. I no longer have diarrhea and fever.

The fungi that I had in the feet have disappeared.

TESTIMONY 24* **PAIN BACK, and MUSCULAR**

Guillermo C. Aguilera. { Mexico }

My testimony is that I have a month of taking Urine. I had very strong pains in my back and in my left hand, and thanks to God I do not have any pain. It seems that I feel rejuvenated, I feel young, less tired and I will continue taking my Urine daily.

TESTIMONY 25*
CONSTIPATION AND NERVES.

Yolanda C. Rivas { Mexico }

I was a very constipated person.
After taking my urine twice I controlled myself very well.
Thanks to God and Chemistry. It also controlled my nerves.

TESTIMONY 26*
CIRRHOSIS

Nora R. de Ramirez { Mexico }

My friend is 55 years old. Her name is Maria of the Angels. She had cirrhosis of the liver. They were ready to give her Interferon. She began Urine-therapy and in three months the astonished doctors asked her what she had done.
It was not necessary to put the Interferon.

TESTIMONY 27*
DIABETES.

Candelario F. Vázquez { Mexico }

I have had diabetes for four years with counts up to 300.
I am with the taking of the Urine-therapy each day for fifteen days.
In one month the count lowers to 124.
Explanation: With taking drugs indicated by the Doctors, 6 tablet daily, my diabetes was on the verge of starting injections of insulin.
Now the therapy arrived for me on time from the grace of God and in one month I am completely normal.
I followed the procedure. I now need to do the fasts..

TESTIMONY 28*
COLITIS AND TUBERCULOSIS

Judith To Muñoz { Salto, Jalisco, Mexico }

I live in Salto, Jalisco. I feel well, because the tuberculosis I had was very hard and I felt very bad in my circulation including colitis and hemorrhoids.

I thank to God and to the people who attended the conference and gave their testimony.
I feel very well. Thanks.

TESTIMONY 29*
REUMATOIDE ARTHRITIS
Hope F. { Mexico }

Firstly I thank God and Mary, and now to those who gave the message to us in the conference and spoke of the great medicine that is the Urine.

I was a year in suffering from rheumatism in my hands.

I could not neither take, nor hold anything in my hands, because everything fell from my hands from the pain.

They are giving me cramps and began to become deformed in my fingers. In only eight days that I began to take my urine, they began to clear the pains and all the annoyances that I had. I began the fasting and nowadays I do not have any annoyance. I have my fingers almost in their place.

I now also control my blood pressure, and I took off spots on my face.

TESTIMONY 30*
DID NOT SPEAK
Juan Carlos G. Meza { Mexico }

Juan Carlos is 8 years old. He has mental delay. He has been taking urine for six weeks and already can make orations in his speeches. He did not speak at all.

Three years ago with the help of a specialized school, he began to speak but a month ago he began to make sentences longer.

He is more wide-awake and mature mentally.

THANKS TO GOD.

TESTIMONY 31*
MIGRAIN AND COLITIS
Maria de Jesus M { Mexico }

I have migraine headache and colitis, in addition to a taken off a fingernail.

I have 2 months taking the Urine. The headaches are gone.

The nail that I had for years taken off already is growing and the colitis has not affected me more. I no longer have inflamed an stomach.

TESTIMONY 32*

ANGINAS

Lucila B. Becerra { Guadalajara, Jalisco, Mexico }

I live in Guadalajara, Jalisco, Mexico. My son Edgar Daniel Valenzuela B. was going to be operated and since he had become immune to medicines, It was difficult with a problem of chronic anginas. The information of Urine-therapy arrived and immediately I began the therapy. Thanks to God the boy no longer needs the operation.

TESTIMONY 33

CLAVISIE, MIOPIA.

Jesus Solórzano R. { Mexico }

I healed pain in knees and feet (putting Urine compresses on the affected areas). It also improved my vision. The irritation of the eye came off. I now can see better. Also I wash my hair and it is now growing, after being bald. I have taken it for 8 months.

TESTIMONY 34*

Cancer And Calculations

Renales Federico N. Orozco { Mexico }

After a month and means to practice the Urine-therapy I started the fasting. A very painful tumor disappeared of the center part of my back, which I had for over one and a half years. In addition I have been cured of insomnia, improving my average of sleep from 2 hours to 3 hours to a sleep of 6 to 7 hours. Even in a last attack of kidney stones, they dissolved with no need of drugs.

TESTIMONY 35*

TUMOR, DIABETES, VARICOSE VEINS

Victorio P. Gómez { Mexico }

I cured myself of diabetes, varicose veins, a tumor in the stomach, discharge, high blood pressure, high cholesterol and a tumor in the eye. I have taking my urine for 8 months and did four fasts. Thanks to God I am well. I invite everyone to really make the fasts. I feel very well. God bless to them.

TESTIMONY 36*
BAD CIRCULATION, MYOPIA.

Juan Rafael C. Mojica { Mexico }

By this testimony I give for I am cured with the fasting of Urine-therapy .
I thank God and to Chemistry for giving the person who came to present to us
the wonderful therapy.

I am 82 years old and my problems are: lack of circulation, sight and nerves.

I lost a leg by bad circulation 8 years ago.

I already began to have problems in my other leg. I was prone to have a cerebral
stroke for which I was constantly Dizzy and loosing my whereabouts.

I was loosing my sight and I was getting to where I could not walk.

I began with the therapy the 10th of December.

I took urine every day in fasting from noon to night.

Thanks to God I feel very improved, rather cured.

The dizziness has never returned.

As to my sight I am recovering, and my leg responds to me perfectly.

I took three types of medicines that I ingested 3 times a day,
and now, no medicines and I feel like a 15 year old.

TESTIMONY 37*
FRACTURED COLUMN, DID NOT WALK

Maria Elena Villanueva { Mexico }

Seven years ago I had an accident. Since that time I consulted several doctors.

My accident was in a water drainage system called "Of the Eagles".

I fell from the bridge and broke my clavicle, knee, ankle and a little of my spine.

I was very damaged and very swollen. I could not walk. I weighed 123 kg.

I drink urine three times a day. In two months I lost 20 kilos and I feel very well.

Thanks to God. Today I feel healthy.

TESTIMONY 38*
MYOPIA, DIABETES

Olga Z. de Rodriguez { Mexico }

I have been diabetic for 13 years. I began with fasting with Urine-therapy.

Three weeks ago today I have felt very improved. My dizziness have disappeared.

Pains in my body, fatigue and a cyst that I had in my arm is now gone.

My vision is recovering and now I can read without glasses.

I thank to God and the Urinotherapy, and to the people who me recommended it.

TESTIMONY 41*

MYOPIA

Teresa Miramontes Fui { Mexico }

I went to a conference of chemistry and on the following day began with my fasting for three days taking my urine as she had indicated to me.

I also applied it in my eyes directly all nights and mornings.

In 15 days I felt that I no longer need anything else.

Successively, I no longer need the use lenses.

Before this my diagnosis of the doctors was that I would go little by little losing my sight. Now I am perfectly well. Thanks to God.

Testimony 42*

I calculate Renal And Colitis

Daisy M. Torres { Mexico }

I am 39 years old, and thanks to God I found out what urine cures, by means of my sisters-in-law and my daughter, who went to a conference. For one month now I have been with my method of Urine-therapy and I already did one fasting in which I rid myself of kidney stones and I lost 4 kilos of weight. I thank God for this treatment that I received because I also had colitis and already I am healed.

Testimony 43*

Voltage And Migraña

Beatriz Eugenia F. { Mexico }

The last year I suffered low blood pressure.

My counts lowered me to 30 to 50, and I now have migraines.

When I went to the supermarket they had to take me in a wheelchair.

Taking Urine improved me remarkably. Starting, I stayed with my drugs.

Later I was stopping the drugs little by little and increasing the dose of Urine.

I have not made a fasting and perhaps that is the reason I have not cured myself of nervousness. God and am going to do one.

TESTIMONY 44*

CONVULSIONS

Maria Ramirez { Mexico }

I give testimony on my son when he was three months of age, he very frequently had convulsions.

I am a person who it was a lot of work for me to decide to give him the therapy.
One day the convulsion came again. I decided that I had to give it to him.
I gave him the urine and his brother and at that moment the convulsions
disappeared. Right now he takes his own Urine and is now cured thanks to God.

TESTIMONY 45*
ENDOCARDITIS DIABETES, MIOMAS.
Socorro R. Vázquez { Mexico }

I had retinal hemorrhage, diabetes (detected from day 19th March of 1984),
diabetic renal insufficiency, neuropathy, and infarction of the heart.
(According to ecocardiograms, 3 years ago),
plus miomas in the matrix, and endocarditis.
Making the method of the Urine-therapy I have healed myself of all these
diseases, thanks to God. I put drops in my eyes and I have been doing fastings.

TESTIMONY 46*
VARICOSE VEINS
Conception G. Sahavedra. { Mexico }

I work in a laboratory and cured myself of varicose veins in the legs. Always I am
with problems of lack of circulation. Right now thanks to God I am very well.

TESTIMONY 47*
GREY HAIR, VARICCOSE VEINS, FUNGI
Ma. of Light R. { Mexico }

I am 47 years and 5 months old.
In order to begin, my gray hair, varicose veins, problems of circulation
and fungi disappeared.
I feel like thanks to God very well I am cured.

TESTIMONY 48*
TUMOR
Mrs. Maria Navarro { Mexico }

I had an ugly abscess in the cheek that was extended a little to the ear.
Then I applied the Urine several times day and little by little it disappeared.

By the grace of God it disappeared. I am perfect.

TESTIMONY 49*
PROSTATE, DIABETES

Mr. Aristeo Olive

I suffer from prostate. It is not possible to be operated on at the age of 85 years.
I have practiced several studies and I have had consultation with some doctors.

My daughter, Maria Olive, who attended a conference, insisted on me taking
Urine- therapy, which she made the therapy herself.

I started to take it and at first and it gave me diarrhea.

I continued with the therapy and I was able to rid my body of pieces of meat and
skin along with filaments and mucous by the intestine.

I continued taking the Urine and it cleaned me thanks to God.

My daughter lost 12 kilos of weight, she does gargling and applies it in the hair
which has improved.

Also she is diabetic and she has already been in control of her diabetes.

Thanks to God and you Sonia who have taught us to know ourselves,
and to love God and the others.

TESTIMONY 50*
KIDNEY

Marcelino Ll. Barragán { Mexico }

Surgically I lost a kidney. I initiated the method of Urine-therapy.

In the third week of therapy I did fasting for 3 days a month,
and another fasting after.

With the therapy I have changed my ways of eating.

I now like many vegetables and fruits, and others foods cautiously.

I have felt more energy and I thank to our Christ who gave me my health.

TESTIMONY 51*
MIGRANA

Maria Elena M.

Thanks to God I cured myself of migraine, I began to take the Urine and I have not
returned to feel the headache.

It also hurt me to walk and no longer do my feet hurt.

May God bless to Chemistry Sonia, thank you very much.

I am now a vegetarian feeding and feeling to myself much better.
Thanks to God I am cured.

TESTIMONY 56*
SINUSITIS, COLITIS, GASTRITIS

Maria Isabel Covarrubias L { Mexico }

I had sinusitis suffering because I filled of pus during three years of the bone being infected. During a month I have taken my Urine and I put drops in the nose. No longer they affect my body with fever. In addition it served to improve my nervous system and to cure of colitis and gastritis.

TESTIMONY 57*
DIABETES, MYOPIA.

Daisy C. of Caves { Mexico }

I have a month taking my Urine.
My problem was that to me it was going blind and now already I see perfectly. I always marked 200 sugar count and now I have managed 120 sugar count. It hurt my entire body and in just a month totally I am cured and happy thanks to God and this therapy.

TESTIMONY 58*
DIABETES, DEPRESSION

Jose Francisco T. Beltrán { Mexico }

In October of 1990 I had an automobile accident on the highway.
The result was diabetes in addition of anger and stress.
Giving my account exactly, it was in the month of April, 1995.
I lost 18 kilos { 40 lbs}. I felt weak, tired, depressed with headaches and swelling of legs because of the kidneys, and already I had been treated by doctors previously.
I lasted a year with medicines and diets, until a day the priest of a parish commented to me to go to a conference on Urine-therapy.
It was Sonia, a Blood chemist Doctor giving a seminar.
Immediately I made the decision and I went to listen to it.
It made an impression on me. Filling me with faith in her words was so clear that any doubt of the treatments did not fit me.
God was healing by means of the Urine
Returning in the evening to my house I remembered but I could not

do the therapy, but immediately I requested God to help me start the method. The following day I spoke to Sonia the Chemist and commented to her that I had tonsillitis. She answered me, I now have greater reason to initiate with the therapy. I started the therapy and on the third day after the tonsillitis disappeared.

This mortal disease of diabetes was taken by its roots from me and in gratefulness to God of love, goodness and mercy I am cured.

I did my fasting of 3 days.

To conclude,

I presented that May 7th of this year, to get tested to see the count of my sugar.

Before taking my Urine my count was 348.

I was taken by surprise that my sugar was completely normal.

Later and better yet, I confessed to my Medical doctor that for the last 18 days I had not taken any of his prescribed drugs.

This was after I drank between 4 and 5 glasses of Urine daily. In addition, for ten days I was eating everything and most with sugar.

Also I said to him that two days before my analysis I had loaded my body with sugar. After eating many fresh sugar waters and foods with sugar it was a double surprise for my doctor and for the hospital care takers.

They tried to explain to me that diabetes is a traitor and that I would have to continue doing the examination every month, to which I refused.

Immediately I took leave of my Doctor

thanking him for receiving his medical attentions.

People invigorate yourself with hope. You are not at the end of life.

Give yourself to God and do this therapy in his name so you will be healed as I will continue my fasting and prayers for all.

TESTIMONY 59*

TUMOR of GAVLE BLADDER, DIABETES.

Guillermo R. Orozco { Mexico }

I am 59 years of age. I am an architect and work as a public server for the government in the Jalisco state.

As a student, I exceeded my sugar intake with cakes, taquitos, etc.

In the year 1976, divertículos in the intestine was detected in me.

It caused constant sourness in my stomach. I had to resort to any medicine.

In 1980, gall stones by means of the ultrasound were detected.,

I was operated in October of 1995.

In 1990 it appeared to me in the left thigh a tumor, of which It was surgically removed.

On my recreational time I played American football with the U.N.A.M.

I got hit and I broke the partition of my nose that later caused chronic sinusitis.

This hit prevented me to breathe by the nose.

I also underwent a break of the thumb of the left hand.

In 1992, diabetes and high blood pressure was detected.

To all this I add that I have been quite a nervous and apprehensive person. In 1990 to January of the present year, I began to take excessive medicine from an allopathic doctor. I understand this medicine has destroyed my antibodies.

Because I began with pulmonary diseases I had strong colds every year. They lasted up to two months and because of more antibiotics that they gave me, I could not be cured .

I had the luck to study " the Word of God " (the Bible).

It was in the catholic Biblical institute of this city of Guadalajara. Within this study, I found the faith that Jesus gave to me. Then I began to request " Give me the desire to live Jesus. Take away my tumors, give me my health.

I want to preach the word you have revealed to me. Remember I have my daughter and my wife and believe that I need to still do something for them."

Jesus said these words in Getzemaní:

" That does not become my will, but yours ".

The answer of my Jesus I did not believe.

By the end of January to the present

Because of my work I was commission to the town of

Sn. Martín de Bolaños, Jalisco, in the North zone.

There like always, I arrived and I made a visit to a temple of the catholic church of that town. It is my custom that I repeated my request to Jesus Christ.

I went to even eat at a restaurant.

I took care of one lady and bought myself food without fat and just vegetables.

The lady ate with me and she asked me, are you diabetic? I answered her , yes.

Then she asked me, when I finish, might I say something?

I answered yes why not? She said after we finish our food.

I ate quickly and I asked the lady about her comment.

She said to me, I am diabetic and have been almost blind,

but thanks to GOD and Urine I see well.

I could not distinguish 5 meters away.

Please, I would like to take you to see a video with a teacher who lives close.

I accepted and we arrived to the teacher, who took care of us and she gave her testimony of which she alleviated herself of hypertension with the Urine-therapy.

The video did not have it, but she explained to me how to initiate the method of Urine-therapy.

After returning I spent several days thinking.

Then I included and understood that everything was not chance

but that was the answer of God to my request.

I initiated my method of Urine-therapy (first thing in the morning).

From the second day I felt best for the therapy to be routine. I felt very well.

FIRST FAST: I was taking drugs for the sugar and high blood pressure. the second day of fasting at night I felt bad. I went to the emergency room of the hospital and they took a blood sample of me and my glucose level was at 110.

The blood pressure was also low for me, {Normal}.

The following day I was with the family doctor whom I explained the method with Urine. He said to me, it is your decision.

I reduced my allopathic drugs by half as I gained control of my health. I now had feeling in my hurt thumb. I could now breathe well from my nose.

The small ball of my tumor was smaller.

I no longer had sourness in my stomach.

I felt better, reanimated, I saw my daughter and my wife with interest, as they used to be in previous days.

Some symptoms are hard to live with but not impossible like before.

I do not have all the data that the teacher Sonia commented on.

I knew in the community that Sonia Rodriguez, gave lectures in the temples.

I did not obtain full information until from a bookstore I asked for

" the Water of Life " or " Urine-therapy ". I also bought the book of Uroterapia of Chemistry by Sonia Rodriguez which I read.

SECOND FASTING:

Now I had more information, thanks to that fabulous book.

Now with my symptoms I would pass them more with a conscious opinion as everything in life we must experiment to live.

I did my fasting completely. Having just as in the first fast,

I still had complications by with the drugs (1/2 doses), that I still took.

I decided to now suspend the drugs totally.

I did it and to this date I no longer take a single tablet.

Only Urine. In this second fasting I still followed with doubts.

I started this fasting on Holy Wednesday, Thursday and Friday.

I spoke on the telephone to Paradise of health and left a message on the answering machine, because now were the holy days.

Monday of Passover,

I received a telephone call from Sonia, who gave me the attention to call me back.

I congratulated her for that charisma that God has given to her.

You can listen and feel a special peace in her that you do not find every day.

I commented my doubts to her she invited me to one of her conferences which

I wanted to listen and had several dates to choose from.

THIRD FASTING TIME

I did not have problems, my sugar analysis and hypertension is now normal and

I am going to the hospital to only check my counts. I sleep and breath well.

The tumor is almost disappeared in my thigh.

My thumb of my left hand now moves without a problem.

I feel healthy and positive.

When I go to check control of the hospital

I see people who leave with a pile of medicines.

It makes me feel like putting a great signboard on my chest that God says " I love you, drink your Urine ".

From my personal experience,
I consider if you do drink your Urine,
faith is due to you and God is going to heal you.
Do it in the name of Jesus.

It is worth the trouble to remember a Biblical appointment:

" Everything what you do in the name of Jesus,
no matter how difficult, it will be granted to you "

The works of mercy of God, will manifest.

I would not feel well if I didn't give my own testimony.

To those who read this, it is not enough to just read. Dedicate to live your own
testimony. Cure yourself with your own medicine that is within you.

TESTIMONY 60*

STONES IN THE VESICLE

Soila De Venegas { Mexico }

On the 10th of May, 1996 I became ill of the stones in my vesicle and I went into
the hospital, but they did not alleviate the pain.

Thanks to God with my urine I alleviated myself.

With the Urine I brought out the stones. Of course I also with this avoided the
operation. For that reason I am here with you and my parents.

TESTIMONY 61*

DIABETES

Alfonso D. Nuñez { Mexico }

Thanks to God I am well of the glucose intolerance with diabetes.

I am 64 years old and 6 years ago I began with this problem.

It has been a martyrdom for me to live with this disease.

I understand it was for all the foods that I ate before and now I thought that my
life no longer will be right. A friend of mine said to me that I could be normal.
My glucose was of 249 mg, and after beginning with the method of Urine-therapy
of the 14 of July to the 14 of August of 1998, it is now a low 110 mg.

TESTIMONY 62*

DIABETES, OBESITY, ARTHRITIS, COLITIS.

Maria C. of Aguilar { Mexico }

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I consider if you do drink your Urine,
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TESTIMONY 62*

DIABETES, OBESITY, ARTHRITIS, COLITIS.

Maria C. of Aguilar { Mexico }

I have 5 months taking my Urine. I did three fasts and I cured myself of first diabetes with one fast. Also I cured myself of arthritis, colitis, ulcer, spots in the skin, wrinkles in the hands, bad circulation, obesity and liver spots on my hands.

TESTIMONY 63*
HEMORRHAGE, OBESITY.
Light of the Carmen D. Sierra { Mexico }

I attended a conference that a friend invited me to go.
I went to learn to practice the fasts with much love in Christ.
In fifteen days I have alleviated myself of many things.
I diminished the menopause, I lowered 10 kilos {23 lbs.}, and on the 2nd fast the pains in my chest and arms disappeared.
My vaginal infections that stained my undergarments disappeared in one month.
After the 4th fast I build my blood and my skin recovered the elasticity in the ankles like when I was young.
I have always liked to study and to read a lot.
Now I feel that I understand more, which makes me feel closer to love God and myself. The value of knowledge is more to fellowman and to love of life.
Thanks to God for the form in which it has made me arrive my healing.

TESTIMONY 64*
HYPERTENSION
Alicia De Higareda { Mexico }

I am cured of hypertension in only three months.
I have not taken a single tablet, only Urine.
Doing an fasting of 3 days,
I feel very well and I am already working thanks to God.

TESTIMONY 65*
DIABETES, FUNGI SINUSITIS
Araceli Ramos C. { Mexico }

Blessed it is God,
I have cured myself through the Urine of diabetes, fungi in the feet and sinusitis.
God blesses them follow ahead, thanks.

TESTIMONY 66*
DIABETES

Dra. Margarita G. of Guzmán { Mexico }

I have 35 years of age.
I am diabetic for 11 years with insulin and 3 years with homeopathic medicine.
At the moment I am on no drugs, only the fasting dose of Urine.
I am controlled totally.

TESTIMONY 67*
SLOW LEARNING

Martha L. Lopez { Mexico }

In the second week of my Urine-therapy, my vomiting along with chronic difficulties disappeared in the morning.
My daughter of 9 years with learning problems, improved her qualifications.
She knows the tables and already she multiplies with ease.

TESTIMONY 68*
DIABETES

Hortensia To Rodriguez { Mexico }

In January 1996 they detected me having diabetes and tested me three times.
I started with the Urine-therapy in March.
After 15 days I went to make an analyses and I realize that I lowered to 145.
Later I left it and I again initiated it one week ago, because I had a relapse; right now I feel very well

TESTIMONY 69*
CISTICERCOSIS

Irene Or of Hernandez { Mexico }

MY disease is cerebral Cisticercosis, I have taken my Urine 4 months and the tumor in my head went away. They gave chemotherapy to me.
I know that the best thing than God has given me is my health and although I appear ill in my studies, in my body I do not feel anything bad.
Every day I thank God to let me live with my husband and children.

TESTIMONY 70*
CANCEROUS TUMOR
Mrs. Maria R. Sánchez { Mexico }

I was healed of a cancerous tumor that I had. In three months THANKS TO GOD, I am cured and I feel very well. I ask everyone who believes in God to know that diseases are a disguised blessing, as Jesus said.

TESTIMONY 71*
DIABETES
Maria of the R. Rivera { Mexico }

I was cured of diabetes taking 3 months my Urine with only 1 fast of three days. I am also cured of the nerves. This I did by means a person whom recommended to me that it take my Urine and thanks to God already I am cured.

TESTIMONY 72*
DIABETES
Irene Alvarez. { Mexico }

I am cured of diabetes taking Urine once in the mornings for one month. After doing a study of my glucose I find it had lowered. I also felt better in my heart and this was confirmed by the doctor after doing an electrocardiogram .

TESTIMONY 73*
EPILEPSY
Yessica L. Delgadillo { Mexico }

I was ill of epilepsy. I was with allopathic methods for one year and instead of feeling some improvement I felt worse. I began to loose my hair and my gums were inflamed. My disease was very hard for me and for my parents who worried a lot when my eyes were rolling in my head and I lost consciousness and had a lot of saliva in my mouth. I had other diseases in my throat, which were very prevalent every fifteen days. My Parents took me to the doctor and he prescribed penicillin that ended my defenses. Later I tried a homeopathic but he was useless. I did not manage to cure myself until my parents asked God and he listened to them.

My parents went to speak with the father of the temple and he gave us a gift.
It was a book that taught them of Urine-therapy.
In addition the Father commented that another Father had cured himself of the
same problem of epilepsy as I had. My parents told me to do it.
They also took it for some slight diseases that they have.
Thank God we felt very well.

In only two days taking it I have not returned to have any attacks much less to
suffer any colds or flu. I thank God for this medicine that was given to me and for
this faith that always I have had in him. He is the main thing to heal all and thanks
to him for this spring of life that returned my health.

TESTIMONY 74*

PROBLEMS IN CARTILAGES

Lupita S. Castañeda { Mexico }

It had problems of my cartilage.
I am an athlete and I went to tears when I realized I no longer could run any more.
So I began to take Urine for four months and I have felt far better little by little.
Thanks to God I continue running.

TESTIMONY 75 *

HYPERTENSION AND COLITIS

Dr Teresa S. Rivas { Mexico }

I practice different alternative therapies.
Days ago my mother called me by telephone telling me, " Daughter, I am very bad.
I feel that I will die. I have very high pressure and my pupils are very expanded.
My stomach feels very inflamed. I feel that I am going away to die ".
Then I said to her, " Mother, fast for three days and drink your Urine.
Mix the Urine with mud and rub it on the stomach and kidneys ".
I was very surprised when she called me on the following day to say
that she felt like she was 15 years old.

TESTIMONY 76*

ULCERS GASTRITIS, COLITIS

Mr. Ramon P. González { Mexico }

My sufferings that got better are, ulcers, gastritis
(very acute acidness of my stomach for 45 years), nervous system very altered,
very strong disquiet, insomnia, colitis, and pains of my kidneys.
I am very improved.

**My problem with my prostate is a burning sensation and hemorrhoids.
They disappeared after taking my Urine from 25th from March of 1995 to date.
I feel better with many energies.**

TESTIMONY 77*
DIABETES AND COLITIS
Ma. Magdalena Bermudez { Mexico }

**Without going to a conference,
I began to take my Urine by the desperation from my disease (diabetes).
I listened that they had to make a fast.
I wanted to prove it's possibilities but my stomach loosened and I moved black
particle balls out.
I was scared to make the therapy further.
Later I was told that it was a normal reaction.
I then returned to the therapy and did not take insulin during that month.
A great change came in my body .
My sugar raised and I suffered an infection in my bladder.
I did not stop taking the therapy until this 20th of June.
Already I am cured. Thanks God.**

TESTIMONY 78*
FIBROADENOMA, VARICES
Mrs. Queta Aguilar { Mexico }

**I initiated the method of therapy the 8th of May of 1998.
I am 40 years of age and my disease is fibroadenoma in left breast
and painful fibroma in right breast.
I was diagnosed by two doctors.
Studies have not made the problem solvable because I lack economic resources.
I knew of the Urine-therapy but I did not try to do it because It made me sick.
A doctor friend tried to get me to start the method of Urine-therapy
because of the gravity of my problem.
I started a fasting but it was hopeless because of my headaches
yet God and I pushed on to the end.
When finishing the fast the fibroma along with varicos viens disappeared on the
right leg. I wanted to be able to help with my testimony for others.
I am not going to stop Urine-therapy ever. Thanks to Sonia I am cured.**

TESTIMONY 79*

GASTRIC ULCERS

Mr. Jose Luis Z. Álvarez { Mexico }

He had problems of gastric ulcers and some stomach problems.
He also suffered very strong pains in the head that really have diminished.

TESTIMONY 80*

ASTHMA, KIDNEY

Boy Cristian Israel Chávez and Mrs. Ma. Guadalupe T { Mexico }

We began fasting the 2nd of April after hearing the conference that same day.

Near the 25th of April, my son got a cold after taking it,
but thanks to him he now rid himself of asthma and thanks to God taking the
Urine his cure came quick during the first month.

To me when sleeping I hurt my left kidney,
and the pain was so strong that I woke up in the middle of the night.

Now, it no longer hurts nor is my bladder irritated like before.

Thanks to that I could take my Urine as easy as my son.

TESTIMONY 81*

INFECTION

Mrs. Maria Castel D. { Mexico }

I cured myself of an infection that I had in my navel and also the conduit healed
that unites the navel to the bladder. It did not close by itself but could be united
with surgery. With the Urine It sealed itself.

TESTIMONY 82*

SINUSITIS, INSOMNIA, ASTHMA

Mrs. Margarita To Zazua { Mexico }

It has been six years with these diseases. I began with problems like colds.
Little by little I was becoming sick more and more with allergies, and later itches
throughout my body. I became ill of sinusitis, insomnia, cough, but specifically
with asthma. Taking the Urine I cured all thanks to God.

TESTIMONY 83*
REUMATISM, HYPERTENSION

Mrs. Ma. de J. Esparza { Mexico }

I am cured of rheumatism, the vesicle, blood pressure and other several diseases that I had. I began with the Urine-therapy the 13th of August of last year and to date I am very well. Thanks to God and the Urine with its great power I have been healed as so many people who I know have been healed.

TESTIMONY 84*
DIABETES, ASTIGMATISM CHOLESTEROL

Susana Ramirez de N { Mexico }

I had several diseases as high triglicerides, cholesterol, diabetes, myopia, astigmatism, insecurity, etc. The Urine-therapy I started on the 5th day of February of 1997 after seeing a video of a conference in Guadalajara.

Eight days after I already felt better, very safe, very content and with a desire to work. I no longer returned to have pressure. So far I did not see without lenses small letters and now I see perfectly without them.

TESTIMONY 85*
ASTHMA, COLITIS

Emma R. of Red Meza { Mexico }

I made the method of Urine-therapy for 2 months. I did three days of fasting per week and several of my diseases like asthma, colitis left me including body pains. Now I feel far better.

TESTIMONY 86*
HYPERTENSION, DIABETES

Octavio S. Avila { Mexico }

For 13 days after taking my Urine, my high blood pressure and diabetes disappeared. The Urine no longer tastes sweet.

I do not feel weak nor with hunger. I am cured but I have not made the fasting, but I will.

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TESTIMONY 87*
ASTHMA, ALLERGY
Ma. of J. Jiménez { Mexico }

I was cured of asthma and allergy.
I have been having taking the Urine for 9 months from two to three times per day,
and thanks to God already I am well.

TESTIMONY 88*
DIABETES
Sabino Hernandez { Mexico }

My disease is diabetes. I never took care of it until a day that darkened my vision
when I was driving on a highway. To be exact it was the 24th of June 1996.
My eye doctor diagnosed diabetic Retinopathy in the fourth degree for which I
allowed myself an operation with laser ray. The Dr. did an operation on my retina.
In the following months of my disease, by conversations with several of my
clients, I obtained information of Urine-therapy.
Since they drank their own urine, they found out by means of a Q.F.B.,
and they gave testimony to have been cured by means of the Urine-therapy.
From this date I am taking my own Urine.
I feel very well from my diabetes and I am recovering my vision.
Thanks to God and the message of faith, love and hope
that Mrs. Sonia distributes this information.

TESTIMONY 89*
MENSTRUAL RATE, HYPERTENTION
Ma. of J. Gutiérrez { Mexico }

It had difficulties in my fingers. I no longer could close them well and it felt as if
I touched electricity. After my fasting my fingers work better. I no longer hurt
and I can close them well. I also discovered that my menopause was better.
My normal menstruation was every three months and now I can menstruate
every month. I feel very active, without laziness. My blood pressure is normal
and I am very happy, Thanks to God.

TESTIMONY 90*
COUGH, NERVES
Maria Teresa And Santibanez { Mexico }

For 2 months I have been taking Urine without fasting. Two years ago I began with baldness and also had syndrome of arms and neck for 2 to 3 years to date. Also some other problems and cough because of smoking. Thank God that I encountered the book of Urine-therapy

TESTIMONY 91*
OSTEOPOROSIS, ARTHRITIS, HYPERTENTION

Mrs. Maria Of The B. Martínez { Mexico }

From the 11th of February 1996 I was taking Urine because they diagnosed me with severe osteoporosis and deformative arthritis of the fingers, shoulders and back.

Two years before they were going to operate on the bones, but a specialist doctor commented that he did not have a case to operate because the problem would return soon.

My fingers continued becoming deformed.

I began with this Urine-therapy 4 months ago and approximately 2 months ago I noticed that the balls that were forming in the knuckles of the fingers disappeared. I no longer could sleep with my mouth up because I woke up with a headache and pain in my back. My back was twisted with pain, my knees lost strength and I could not last 10 minutes to walk up stairs. I had to cut my hair because I no longer could comb my hair in the back of my head.

I also felt that my shoulders left their place. I had colitis and stomach aches. Now already I can do everything without feeling more than natural fatigue. Today I no longer take large amounts of medicine and I no longer have any of my diseases, thanks to God.

TESTIMONY 92*
CANCER IN BREAST

Mrs. Graciela P. Solis { Mexico }

In August of 1995, they detected a tumor in my left breast, they operated on me and it was cancerous of which 13 ganglia were malignant and 7 benign.

They applied chemotherapy and radiation later.

In January of 1996 new cancer extended to the bones of pelvis. I began to take Urine and at the moment I am better.

Thanks to God and Mrs. Sonia who put it in my way.

TESTIMONY 93*
MAMMARY CYST
Rose Alba P. González { Mexico }

By means of this testimony I want to thank God who gave me back my health and to say to the people who have my problem, that it can be cured.
It is only the question of making the method exactly and to have faith in God.
I very was distressed by a cyst that was detected in my breast.
The doctor said that the only solution to know if the tumor is benign or malignant is to do a biopsy, or to operate directly to remove it.
It gave me much sadness to think about this operation.
Months later the book of Urine-therapy of Chemistry arrived in my hands by Sonia. I read and had such great enthusiasm, that I finished two fasts of three days. My cyst disappeared completely and bless it to God I was with the doctor and he was astonished but he asked me what I had done and when I told him, he was very interested in the method.

TESTIMONY 94*

ARTHRITIS, TONSILITIS, INFARCT

Jose Guadalupe S. González { Mexico }

A year ago for three months,
I started with the method of Urine-therapy because I a case of disease.
I had pains in the joints, rheumatoid arthritis, dental decays.
Today I can say to them that I am cured completely of the diseases.
I also must mention in addition I now have black hair.
My age is 70 years old and since I take Urine I feel like 50 years old.
I thank God and Chemistry by the knowledge of this method.

TESTIMONY 95*

MENOPAUSE

Marisol Manges { Mexico }

I am 45 years old and when beginning to take my Urine-therapy.
I suffered from menopause, at 28 years old I had my tubes tied.
I had shame, insomnia, nerves and smoked heavily
. Today, after 6 months I can say to everyone,
I now do not smoke and I feel perfectly well.

TESTIMONY 96*

MIGRAINE

Gloria Vázquez. { Mexico }

I have been many years suffering from migraine, and since I began to take my blessed orina, I began to feel the benefits because the strong pains in the head

were taking from me. Today I can say that thanks to God I am cured completely and I feel with great desire to make many things out of my life.
I am more dynamic and I feel perfectly well,
thanks to the Urine that gave me tremendous energy.

TESTIMONY 97*
ARTHRITIS, DIABETES, MIGRAINE
Ofelia Margarita Flores M { Mexico }

I had listened to Urine-therapy with my best friend. She did not take it serious.
Later I had the luck to listen to a talk of it and Chemistry on the radio.
Recently they diagnosed me with migraine, diabetes, arthritis, uric acid,
cholesterol and outgrowth in my right eye.
This time I took the Urine and my headache is gone, my eye has improved
remarkably and I do not think of leaving my therapy.

TESTIMONY 98*
LARYNGITIS
Ma. Conception R. Rodríguez { Mexico }

I began the 16th of July 1996 and with one fast of two days, thanks God I am
alleviated of an acute laryngitis which I had for 25 suffering years.
Now with the blessed Urine and God, it has been already eliminated completely.

TESTIMONY 99*
CISTICERCOSIS
Ana Squares { Mexico }

I have Cisticercosis. The hospital evicted me for they had no future help for me.
They gave only one month life for my future but in December of 1995 I began to
take the Urine and I no longer returned with pains.
Thanks to God and Dr. Sonia the Chemist.

TESTIMONY 100*
EDEMA
Ema H. González { Mexico }

I am ill liquid in the knee. For two months I took Urine-therapy.

I cured myself. I have been four months taking Urine and now I feel very well.
Thanks to God to return my health to me.

TESTIMONY 101*
INFLAMMATION AND EDEMA

Juan M. Velazco { Mexico }

I am approximately 5 days old in taking Urine and thanks to God everything has marched well in my life. Before my left knee hurt so much that I began to use a cane, because without I had very strong pain and inflammation. The doctors said that only with an operation could I heal because the knee was with retention of liquids. Thanks to God and the Urine I have cured myself.

TESTIMONY 102*
HYPERTENSION, NERVES

Mr. Jose P. Atilano { Mexico }

By means of my brother who attended a conference with the Dr. Sonia, I found out that he was cured. My brother cured himself of hypertension. My mother with three valves of the heart and my sisters with colitis and migraine. I cured myself of nerves, could not sleep and now I sleep like baby. Thanks to God and the Dr. Sonia we are curing ourselves.

TESTIMONY 103*
BRONCHITIS , RHEUMATISM

Mr. Ricardo de J. Cortis Godínez { Mexico }

I cured myself of chronic bronchitis, rheumatism, insomnia, stress, my character also improved and my access fat which I had in my neck for 10 years ago is gone.

TESTIMONY 104*
NERVES, FUNGI

Mrs. Rosario Ávalos { Mexico }

I cured myself of fungi in my fingernails and nails of my feet. Also I was losing eyelashes, eyebrows and hair on my head. All this was happening with time. I have done 4 fasts and it has taken me 1 year.

TESTIMONY 105*

VARICES, ACNE

Bertha Merida { Mexico }

I cured myself of varicose veins that I had in the right leg and my skin improved by taking off my acne. Now I feel I am happy.
Thanks to God and the Urine, blessed you are Sir.

TESTIMONY 106*

Without name. { Mexico }

I am a homeopathic and I am 39 years old. I started the method of Urine-therapy only to understand the effects of this method since I take care of many patients of diabetes, hypertension, etc. Before understanding it as a therapy, I wanted to know its effects. I experienced its curative powers improving my power of understanding remarkably. The texture of my skin was clear. In addition I healed a growth of my matrix that caused to me bleed constantly outside my menstrual period. Actually I have not returned to take a ecosonogram, because the improvement of my symptoms speaks more than a thousand examinations.

TESTIMONY 107*

ERYTHEMATOUS LUPUSES

Ivon M. González. { Mexico }

I have big thanks to God a very great testimony with the Urine-therapy.
I was ill with Erythematous Lupus for 6 years.
The Doctors said to me that it was an incurable disease.
I felt very sad and looked for alternative for health.
Thank God I found eastern natural method.
At the moment I have 3 years in taking my own Urine and my studies already left negative disease here in Mexico and the United States.
I do not have words to be thankful to all the aid that it has offered me.
God bless them.

TESTIMONY 108*

CANCER IN KIDNEY

Mr. Gustavo L. { Mexico }

Always I have been very ill.

I have taken many medicines and never have I felt so good as now.

They said me that my problem did not have remedy.

I went to the hospital in Guadalajara and they said to me that my kidneys and urethras are not seen in the x-ray. I had only a few days of life left because the problem of Cancer was very advanced.

I felt very sad, depressed and then somebody gave me a book from

Dr. of Chemistry Sonia Rodriguez and I started with the therapy.

Thanks to God I did start and for two years of taking the therapy every month and for surprise of the doctors that took care of to me,

I am very ready for work and I made my life normal and productive.

TESTIMONY 109*

TUMOR IN THE HEAD

MRS. MA CONCEPTION { Mexico }

During two years and 5 operations they practiced on me. I had one tumor and another one was developing again. I already lost faith and then they prepared for the sixth operation. A lady came to my room and said, do you want to be cured?

I answered to her and she said me that I must leave the hospital and go to a conference in the temple of Our Lady of Consolation next Tuesday.

I said to her what she was going to think it If I leave it to God.

When several Doctors got to review me I asked them, What if they were going to cure me by taking the tumor out, but again I would have another tumor grow?

They did not answer. I only saw their eyes and I interpreted their silence.

Soon after I ask that I better leave the hospital and I want to go to my house.

They said to me that was far better and there is a possible that I may live more time. They helped me to leave and to discharge me the from the hospital.

When I arrived at my house I felt very alone and I thought, now what do I do?

They will no longer operate on me, and here I am ill.

Then I remembered what the lady said to me that Tuesday I should go to the temple. I went to the temple and listened to the seated conference. Alone I was at the bottom and from that moment I knew that I was going to be cured. They gave

a leaf to me of how to make the therapy of the Urine. I did it exactly including fasting. In two months I healed totally of that tumor and now I take a normal life, work and I request prayers to God that blesses so many ill people.

TESTIMONY 110

AUTOMOBILE ACCIDENT

Mr. Tomas S. Antimo { Mexico }

My work is very heavy. I was driving and had a very hard automobile accident.

I had a front collision.

I was bleeding and did not know what to do.

I had metal sticking in all of my body.

I was cut very much and the blood left my body with incredible force.

I needed wisdom to do something immediately.

I was about to die by bleeding to death.

I implored God with desperation of my life.

I soon remembered and agreed that Dr. of Chemistry Sonia in a conference said that Urine is good for everything.

I said in the name of God, help me and started I to throw my Urine in all the wounds. When I applied it coagulated immediately.

Soon arrived the ambulance about 15 minutes later and they transported me to the hospital. For one and one half months I remained in the hospital.

While in the hospital I always took my Urine and only I did the treatments when they did not see, and my wounds closed without becoming infected.

I thank God who saved my life by me applying my Urine.

Now each day I continue taking it daily and I also have my hair on my head starting to grow again.

TESTIMONY 111*

FAMILY TESTIMONY

FAMILY GARCÍA GÓMEZ { Mexico }

We are happy for knowing of this new alternative.

My wife my Mother and my 12 Brothers and thirteen Grandsons all took the Urine.

We are very healthy thanks to God.

My brothers of 22 years say that they saw this therapy in the book,

The Water of the Life and that is why they have followed the method.

All people took Urine within their mother and this is something very sacred

that comes from God and because of this, why would you not drink it.

I began to drink it daily and in three days I can't remember when I slept so well.

We have a sister who is Missionary in Colombia and she knows an ill person with

Diabetes and problems of blindness that thanks to God already he recovered his vision. We are a family who we know many testimonies and we thank God for this knowledge.

TESTIMONY 112*

MUSCULAR DYSTROPHY

Martha Pacheco { Orlando, { Florida USA }

My name is Martha Pacheco and my testimony is about of my son that was born with Muscular Dystrophy. I started to give my own Urine to him since he was three years old. I gave him in his baby's bottle and I was taken it normally. In five weeks we started to prove good results for he was able to move his joints a little and every time he moves them a little more. It was possible for him to stand up for a few second but at least that is something.

Matha Pacheco

Trimming, Florida U.S.A - Saturday, June 09, 2001 AT 15:56:16 (EDT)

TESTIMONY 113*

AMBULATORY ARTHRITIS

Waldo Chavez { Tacna, Peru }

I am 60 years old, Now retired. I am rejoiced and I was Bohemian, loving the celebrations, the good life and the meat.

For this reason three years ago I was committed the military hospital in Lima for six months where they diagnosed ambulatory arthritis. {Rheumatoid arthritis}. My normal treatment at the hospital did not make the intense pains go away and I suffered in the joints, knees, elbows foot and fingers, heel inflammation of the legs inflammation of the joints.

I could not to eat neither a piece of meat nor to drink type of liquor, and especially beer.

I had the luck to find the works of the WATER OF LIFE and URINE-THERAPY. Good luck for all the people who wish to follow this method,

for it is a 100% effective.

waldo chavez Tacna, Tacna peru - Sunday, May 20, 2001 AT 10:48:42 (EDT)

TESTIMONY 114*

EPILEPSY

Jose Manuel Fernandez { Hermigua, Soltero Country }

I am 35 years old. I have had Epilepsy from the age of 8 years. I have been taking my own Urine that created a change in my life of good health and the analysis proves that I am well. Good food, good living gives you great Urine and a good body. I hope that it leave peace and love for all of you all. HASTALUEGO

jose mauel fernandez dwells hermigua, unmarried country
Sunday, March 18, 2001 AT 12:10:05 (EST)

TESTIMONY 115*

HYPERTENTION

Robert { Mexico }

My name is Robert and I am 37 years old.
For approximately two years I have been having
problems with arterial hypertension due to the
excessive tobacco consumption, alcohol and bad feeding.
More than two years ago, one night, I felt I was going to die because my pressure
raised, raised and raised, to a degree it was a the point of a heart attach.
They took me to the hospital of the Mexican Institute of Social Security.
The first electronics that they processed, I heard them say what a serious cardiac
problem I had. I was hospitalized one week in total.
The arterial pressure did not lower (sometimes 150-90 or more) and the doctors
changed me to the floor for serious critical patients stay.
On the fourth day they controlled the pressure and on the seventh day they
released me.

Nevertheless, already nothing was the same.
When leaving the hospital they said the hypertension crisis was my fault.
Doctors thought that these problems were to the esophageal flow
and others to a problem of the brain.

I saw many doctors as cardiologists, gastroenterologists, neurologists,
iridólogo, acupunturist, etc. All made a concerted effort, but they did not
manage to standardize my pressure to tranquilize me.
Until recently he took Tenormin every night. They are blockers of the pressure to
avoid the nocturnal hypertension crises. Sometimes I felt that I was going to die.
Already for several years a friend whom he is more than 70 years old but he
pretends he is as healthy as an individual of 50 years suggested me to take age
calmly with Urine.

Without great excuses I every day took a glass of my Urine in the mornings, but
not gave importance to this. Recently, I found a book and I decided to investigate.

What I read was much more interesting and I continued investigating.

I then bought the book named the Curative Power of Urine,
(the liquid gold of Health),

by May Ana, and the Water of the Life, by J.W. Armstrong.

But what I decided was to drink my Urine as to what I read in this page,
and yet really, I began the therapy 18 days ago.

It clarified that I did not need to consult any doctor.

What could I lose if the Urine is sterile and it does not produce any disease?

Today, after 18 days I have initiated the therapy and the anxiety and the fear which precedes to a hypertension crisis have disappeared 90 percent. In general I feel far better and I am recovering my original perception of things much better. I also encounter better flavor of foods.

I have better digestion and little by little I have been recovering my tranquillity. My pressure has been normal 115-80 118-80 with a pulse of 75 per minute.

That I did not even have before the crisis of two years ago.

I suppose that still I am not cured, but have taken the first step towards my definitive treatment. I offer my testimony to those in case it serves to them as something. I hope that they are animated to put in practice this therapy that is free, in benefit of its health. Greetings and that God bless them.

Roberto { Mexico }

Thursday, March 08, 2001 AT 23:09:40 (EST)

TESTIMONY 116*

LEUCEMIA

Edelmira Manriquez { Michoacan Mexico }

My name is Edelmira Manriquez. I live Santoyo and in the street Cuautla, Juárez Colony in Morelia, Michoacán, Mexico. My telephone is --- -- -- .

I want to make public my testimony. My Celestial Father again gave the opportunity for me to live. I am a Leucemia patient (Cancer in the Blood).

In March of 1999 the last of the my three children " Lucia " I gave her birth.

I noticed that a muscle grew of considerable form in my abdomen.

I returned to the doctor. He began to examine and between analysis, ultrasounds, x-rays, studies of bone marrow and others; they finished diagnosing " LEUKEMIA" to me . According to the doctor, my problem took but of a year.

As it is logical, the tears came and other thousand questions.

I initiated fasting and I dealt to face my disease with vengeance.

That disease was mine and it would be with me all the way that I had left of life.

One night I woke up contents. I deduced that during my dream my Celestial Father close remembered that he was part of me.

I put myself in his hands and I entrusted much to my family above.

That night I found half of my strength and other half I obtained it when I finished reading the book of Urine Chemistry by Sonia Rodriguez.

Two friends of mine also read her book.

After reading the book, the 19 of September of 1999, at 9 in the morning, I did the first taking of my Urine promising to my Celestial Father that I will take it by everything what I had left of life. I also chose to leave all medicines.

I did not doubt at any moment, what I had to do.

I mean to them that my hemoglobin was very low (6 mg/ml) and that the number of 270.000 leukocytes was above of pox mililiter (normal level: 5.000 to 10.000 leukocytes by mililiter.)

In addition I received very high doses of oral chemotherapy and other medicines like the interferon and many others.

At the moment my leukocytes are normal and I am alive happy with my family. Everything was a slow process relatively (5 months), during which little by little I was feeling better. Every time with force my appetite and desires to live grew. Urine is the first wonder of the world. Like medicine for the health it is a gift that God the Father donated to us because he does not want. Disease with us.

He wants always to be happy.

With Edelmira affection.

Mrs. Edelmira Manriquez Santoyo Morelia, Michoacán Mexico
Thursday, February 01, 2001 AT 13:30:50 (EST)

TESTIMONY 117*

Allergy and cosmetic Interest

Norma A. Diaz { Argentina }

Very I am interested in the subject.

In fact I began the processing days ago.

I eagerly read on the subject the books that are in the market.

Amaroli, the water of the Life and practical guide of the Urine-therapy (Ed. Kier).

I am determined to surpass my allergy and to lose my gray hair.

It would so please me if there could be an information center in our country on this subject. I am at your disposition. Congratulations.

norma diaz < E Mail address > Brown, Pcia. of Bs.As. Argentina

Monday, January 01, 2001 AT 13:14:01 (EST)

TESTIMONY 118*

CANCER

Eliass Quispe { La Paz, Bolivia }

I am initiating in this field by necessity since my mother is diagnosed to have cancer. By a photocopy of a book that treats this subject I moved myself to apply this therapy to her and I now give to faith and testimony that this is effective.

My mother was very weak and after ten days she feels fortified in her physical.

I see her with future life. I believe THAT THIS GIVING RESULT IS GOOD. La Paz,

La Paz Bolivia - Friday, November 24, 2000 AT 13:59:09 (EST)

TESTIMONY 119*
COMMENT AND WATS MORE INFO.

Robert Villanueva { Gijon, Spain }

It wanted to be able to obtain the book and the video on the Urine-therapy.
I will have the goodness to indicate where to send, thanks.
Very good its page on this therapy, pity that people are so incredulous and prefer
to delegate in other " their " responsibility to cure others.

God blesses and spirit to them to follow ahead. Robert. Roberto Villanueva
Gijón, Asturias Spain - Saturday, November 11, 2000 AT 18:49:34 (EST)

TESTIMONY 120*
LONG LIFE

Adrian Llamas { Texas, USA }

I am a young adult. I AM very interested in the urine-therapy, since my maternal
grandfathers believes this. The only difference is that he asks me for my urine. He
lives very healthy and is now 92 years old. I hope to have the same fortune that
my grandfather has. Confide in my faith and the Urine-therapy.

Adrian LLamas < adriancitollamas@yahoo.com > the Step, Texas E.U. - Friday,
October 13, 2000 AT 13:37:47 (EDT)

TESTIMONY 121*
CANCER

Dr. V.P. Mehta { Mumbai / Bombay }

I am a qualified and experienced medical doctor
with the highest degrees both in medicine and surgery.
On March 12, 1986, I was diagnosed with cancer of the ary-epiglottic area (throat)
with enlarged cervical lymph nodes. After receiving chemotherapy and a course
of cobalt therapy I was to be operated on.
Between August and October I tried Urine-Therapy.

By October 5, 1986, my disease was under control and the proposed surgery was canceled. I have not only recovered in a medical sense, but I am also leading a fully active professional life. In other words, even the quality of my life has improved. I feel the same zeal, which I felt 30 years ago.

TESTIMONY 122*

AIDS.

Dr. O. { New York, USA }

I was laughing and snickering in the back of the room, After all, who would take anyone seriously talking about drinking one's own urine to heal any disease!

My main concern at the time was how I was going to handle this diagnosis of full-blown AIDS and with what "spirituality" was I going to handle an oral, palatal Kaposi's sarcoma lesion that was supposed to spread relentlessly throughout my body. I was told just two months prior to this that the prognosis could be about two years more if I was fortunate, and to seriously consider preparing a "living will."

For obvious reasons, I seemed to be much more tolerant to the idea of applying urine topically for all sorts of conditions.

My right foot was the epitome of necrosis.

For months doctors had prescribed many different medicated creams for a vicious case of athlete's foot/ringworm.

Nothing seemed to work. After all, the root of the problem is the immune system not functioning at full capacity.

I couldn't wait to go home to put my own urine on the foot.

That evening was the first time in many months that the tingling itch did not drive me into a frenzy! I actually got a full night of sleep.

Not only did the ringworm condition totally disappear after a few weeks, but the dry, cracked and painful skin all around my toes and bottom of the foot had totally changed in color and texture

New skin had grown in and was soft as a baby's.

It had a beautiful new flushed, almost orange-like color and it just did not appear to be my own skin!

I anxiously began to research the field of autogenous fluids and, shortly thereafter decided that recycling my urine was really a harmless form of auto-toleration based on theories not much different than those in the science of homeopathy.

Drinking my urine was not that difficult, but deconditioning myself was the real chore. I felt betrayed by society upon learning that our urine is not a poisonous, toxic and filthy substance that our bodies so heroically expel.

Since urine is filtered and cleansed blood, and the blood is 95% water,

how many dangerous substances can there really be in urine?
Starting with just a small ounce, I gradually began drinking my body's own
distilled preparation with respect instead of disgust
I then graduated to drinking up to 8 ounces daily.
Over the next 7 months the Kaposi's sarcoma lesion became increasingly smaller
until it disappeared totally! The mouth ulcers that used to plague me,
stinging during meals, have not returned even once.
I used to have monthly outbreaks of genital herpes, but I am elated to say that
autogenous UrineTherapy has produced a state of tolerance even against the
herpes virus that sooner or later, in conjunction with Ebstein-Barr virus (EBV),
Cytometgalovirus (CMV), and papilloma virus would have surely complicated my
existence and further weakened my immune system... just a matter of time.
I have NEVER felt better in my life. Now, I no longer fear for my life.

TESTIMONY 123*

AIDS

Mr. B. {Georgia, USA }

I am a PWA (person with AIDS). I have been doing Urine Therapy for three
months. My fatigue and dizziness dissipated within the first month.
I experienced intense eye itchiness. A few drops of fresh urine stopped it
immediately. If I forget to take the urine one day, the next day I will pay for it with
fatigue. Also my lymph gland swelling is reduced by 50%.

TESTIMONY 124*

AIDS

Mr. L. {New York, USA }

I have been doing Urine Therapy for four months now.
I am a PWA.
My only symptom was a low T-Cell count.
My last test showed my T-cell count went up from 285 to 489

TESTIMONY 125*

MIGRAINE, RHEUMATOID ARTHRITIS

Mrs. B. { Florida, USA }

I had been suffering from migraine headaches for 35 years.
In addition, rheumatoid arthritis had plagued me for the last 15 years.
The pain and swelling in the joints of my hands was unbelievable.

I could not leave the house without painkillers.
For four months, half of my foot was covered with a fungus.
I tried many different treatments. Unfortunately, it only got worse.
At 198 pounds, I was overweight as well.
Needless to say, I was not the picture of health.
Then a friend told me about Urine Therapy. I soaked my feet in urine, and within a week, the fungus cleared up. Then I started drinking my own urine.
The result was just incredible. Four and a half months later, my weight was down to 130 pounds. I have lost 68 pounds!
My arthritis is gone, and my headaches are gone. I feel like I am 20 years old again. Thank you for telling me about Urine Therapy.

TESTIMONY 126*

AIDS

Mr. D. { Georgia, USA }

I am a PWA.
Three months prior to starting Urine Therapy I experienced heavy night sweats, and I needed 18 hours of sleep daily!
Also my skin was very dry and ashy looking. All these symptoms got resolved within 10 days of Urine Therapy. I now play one hour of basketball every day.
What a difference!

TESTIMONY 127*

AIDS

Mr. T. { California, USA }

Seven years ago, I was diagnosed with a lymphatic disorder.
The doctors first thought it was Hodgkin's disease.
During a vacation in Brazil I contracted some parasites.
One was Shigella and the other was Giardia.
I was treated with penicillin and many other antibiotics.
But I still lost weight and the diarrhea was persistent.
Then the new testing for AIDS came out, and I tested positive.
I had constant problems with thrush. I also suffered from Kaposi's sarcoma intermittently over portions of my body. My energy level was very low.
To make long story short, I started Urine Therapy. The first treatment with urine was on my skin. The second day I noticed that the KS lesions were starting to fade. Then I started to drink my own urine.
I took about one ounce a day in the beginning.
My thrush went away. Every time when I apply urine to any aberration or sore on my skin, it all but disappears.
The KS lesion I was talking about is not even one-fourth the original size.

Also, my energy level is much higher. I had colitis. I no longer have an inflamed colon. I am steady as a clock and do not suffer anymore from chronic diarrhea. So evidently this is working for me.

TESTIMONY 128*

AIDS

Mr. M. { New York, USA }

I am a PWA.

My major problem was parasites. My stool sample contained pus, large amounts of yeast and several parasites.

My last test came back totally clear. No more pus and no more parasites!

TESTIMONY 129*

AIDS

Mr. A. { Georgia, USA }

I am a PWA and have been doing Urine Therapy for two-and-one-half months.

My Lymphadenopathy was gone within 48 hours after starting the urine.

I had a severe acne problem on my back. After five weeks the skin is clear.

My energy levels increased enormously within a few days of drinking my urine.

TESTIMONY 130*

GONORRHEA

Mr. S. { New York, USA }

One and one-half months ago I was diagnosed with gonorrhea, anal sores and herpes.

I took medication and the condition improved but two weeks later the herpes came back even worse. So I started Urine-Therapy.

Within two or three days, everything cleared up totally.

What was even more amazing to me is the parasite problem I suffered for quite some time got resolved inadvertently with Urine Therapy while treating my herpes.

TESTIMONY 131*

ECZEMA, AMOEBOIC DYSENTERY

Dr. G.K. Thakkar { Mumbai / Bombay, India }

The last 40 years I have suffered from eczema, and the last 20 years from amoebic dysentery.

I got rid of both diseases by this wonderful remedy, Urine-Therapy. You will be further surprised to know that there were some side effects too; but not of the usual nature, which you suffer in allopathic treatments. I also suffered from falling hair and dandruff. I always used to have cracks in my feet and even on my lips during all the seasons.

Once every few months I also suffered from stomatitis.

I got rid of all the above complaints and ailments unknowingly, as side effects of this therapy.

My wife was a regular patient for more than 20 years and was suffering from numerous diseases like ear trouble, vertigo, constipation, pain in the joints and many more. She tried the best available treatments in allopathy, homeopathy and ayurvedic medicine but without any results.

At last she tried Urine-Therapy and got rid of all her ailments miraculously.

And if this is not enough, my younger son, 17 years old, suffered from hematuria (blood in the urine) for more than a year.

The doctors thought that something was seriously wrong with his kidneys and recommended an intravenous polygraph. I persuaded my son to start drinking his urine for 30 days and then to take another urine test.

After that period of time, the report of the urine test came back absolutely normal!

TESTIMONY 132*

SEVERE BURN

Mrs. B. { New York, USA }

One day I wanted to make sure my iron was turned off before I left the house. So I checked the iron surface with the palm of my hand, expecting it to be cold. To my surprise, the iron was very hot. Unfortunately, the damage was already done. I burned my hand with at least second degree burns.

It was very painful, to say the least.

Then I remembered that some weeks earlier I had stored away a bottle containing urine. I got that old urine from the bottle and covered my burns with it.

The pains soon left. A few hours later, My hand looked and felt as if nothing had happened to it. No blisters, no scars, no redness.

The effectiveness of this simple but powerful liquid is amazing.

TESTIMONY 133*

GASTRIC PROBLEMS, RECTAL BLEEDING

Mr. M. { Florida, USA }

If it is of interest to you for any research purposes,
I nearly died from the reactions of several strong antibiotics

administered over several months of lung infections.

I have been hospitalized three times in the past year for the resulting gastric-intestinal problems created by the medication.

After the most recent hospital stay, I refused to continue with the medication.

Most of the problems began to clear up within a few days.

However, my rectal bleeding from colitis and internal hemorrhoids continued.

In the meantime a friend told me that in the Tennessee Hills, where he was raised, urine enemas were used for similar problems.

On July 31, 1988, I began using urine for daily enemas.

By the end of the following week, the bleeding had stopped completely,

and as of this date (September 25, 1988),

I have not passed a single drop of blood.





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*****VRINE***
GOOD HEALTH
by ELI KABILLIO**

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WYOU TV22 - CBS

**Feature Presentation
Prime Time News
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THE WATER CURE